Greetings to all OPANA members! I hope that everyone had a Happy New Year and a great week celebrating our specialty nursing area (PANAW). I wanted to update all of you on the exciting OPANA events coming up this year. I hope that everyone had a Happy PeriAnesthesia Nurse Awareness Week (February 5-11, 2018). Thank you to everyone that shared your celebration pictures to our OPANA Facebook page, website, and newsletter. It is not to late, if you have more celebration photos to share, please do!

OPANA has selected March 2018 as our Ronald McDonald Service Month where each district plans a volunteer meal at their local Ronald McDonald house. Please check with your local district for more information.

Save the date for the OPANA Spring Seminar. It will be on Saturday, April 14, 2018 7:15 AM - 3:45 PM at the Cleveland Clinic Administrative Campus Building in Beachwood. GCPANA is hosting “Pain, Comfort, Crisis in the Perioperative Area”. Please see the OPANA website for the flyer. The deadline to register is 4/4/18. There is a block of rooms at Hotel Indigo. If you would like to join us for the OPANA Board Meeting, it will be held on 4/13/18 at 8 pm in the Hunter Room at Hotel Indigo.

Remember that the ASPAN National Conference- Detecting Greatness: The Proof is in our Practice will be April 29 - May 3, 2018 in Anaheim, CA. If you are planning to attend the conference, please join us at the OPANA table during Component Night.

Also, please mark your calendars for the OPANA Fall Seminar on Saturday, October 6, 2018 at Mount Carmel East Siegel Center.

Remember to visit www.ohiopana.org for up to date information from OPANA and your districts.

Sally Swartzlander BSN, RN, CAPA
**A w a r d s  a n d  S c h o l a r s h i p s**

**Attention All Recruiters!**

**OPANA Recruiter of the Year Award** is given at the OPANA Spring State meeting to the person who recruited the most new member in the past year as identified by ASPAN's office. Please make sure that you either write your name on membership application brochures you distribute as a recruiter, or have your name added electronically by the member you recruit when they apply for their membership.

You will be entered into the drawing for ASPAN's Recruiter of the Year at the ASPAN National Conference and will also have a chance in the entry for the OPANA state recruiter monetary award and certificate that is awarded annually in the Spring.

**Scholarship update:** 16 scholarships awarded for a total of $1190.00. Remember to keep track of your scholarship points so you can apply for scholarship money. We award up to $75 for the OPANA Spring or Fall Seminar. Forms can be downloaded from the website. Keep track of points, have the district scholarship chair verify them, sign and send to Jane Booth, after you attend one of the seminars.

**Upcoming Events**

**OPANA** next board meeting April 13 at 8 pm in the Hunter Room at Hotel Indigo, Cleveland, Ohio

**CAPANA** Spring half day workshop March 17th, 0715 am at Bethesda North Hospital

**NEOPANA** service project March 3 arrive at 9:30 am at Akron Children’s Hospital facility to serve lunch at 11am. Food bank volunteer project is March 21 from 5-7pm. We will be giving out eight $500 NEOPANA Bucks for educational purposes at our February 13th meeting. We are in charge of Spring 2019 OPANA conference-we are beginning to find venue/catering/speakers

**NOPANA** PACU are participating in a high school program for MA/NA and offers opportunities for the students to volunteer in surgical services. Currently 2 senior nursing students are precepting in ProMedica Toledo Hospital PACU.

**GCPANA** June 7th board meeting at 6pm. Location is Vittorio’s, 29664 Euclid Ave, Wickliffe, Ohio.

**DAPANA** spring seminar April 7, 0800 in the Dean Amphitheater at Kettering Hospital. Dayton Ronald McDonald service project March 17, serving brunch from 9-11 am

**COPANA** next meeting April or May. We are hoping to host a membership drive at a nice restaurant in the Central Ohio area for the summer or fall meeting in 2018.

**ASPN National Conference** “Detecting Greatness: The Proof is in our Practice”: April 29th - May 3rd in Anaheim, CA. We hope to see you there!

**OPANA Spring Seminar** April 14 at 07:15 am in the Cleveland Clinic Administrative Campus Building in Beachwood.

**Fall Seminar** October 6th at Siegel Center, Mt. Carmel East Hospital, Columbus, Ohio

**OPANA’s Mission and Vision**

Our Core Purpose is to advance the unique specialty of PeriAnesthesia Nursing

Our Vision is to be Ohio’s recognized nursing association for providing and promoting PeriAnesthesia education, nursing practice, ASPAN standards and research
Mental Illness Care Gaps

According to the first report from the Interdepartmental Serious Mental Illness Coordinating Committee there is a major deficit in the health system which has “failed to address the needs of people with serious mental illness and serious emotional disturbance.” This is about four percent of the U.S. population. Approximately 96 percent of counties nationally lack sufficient psychiatrists to treat people with serious mental illness. This committee was appointed by the 21st Century Cures Act to determine ways to improve meeting needs of people with serious mental illness.

Suicide Rate of Nurses

There has been lack of data regarding suicide among nurses. The ANA is looking at means to begin collecting this data and to determine what needs to be done to make improvements in this area to better care for our own that are at risk. Other service professions collect this data: physicians, firefighters, and police.

Submitted by Jean Kaminski, RN

H.B. 456- Prohibits Requiring Nurses to Work Mandatory Overtime

Sponsored by Representative Sprague

A hospital shall not require a registered nurse or licensed practical nurse employed by the hospital to work overtime as a condition of continued employment with the hospital. The nurse may voluntarily work overtime. This has not passed as of yet.

Children’s Health Insurance Program (CHIP)

A stopgap bill passed by the U.S. House and Senate in October will fund CHIP through the end of March 2018. Then more funds will need to be allocated to continue the program that provides funds for nine million children.

Nurses Ranked Number 1 in 2017

According to a Gallup poll released Dec. 26 nurses ranked as the most honest and ethical out of a large group of professions. According to the poll, 82 percent of Americans rated nurses’ honesty and ethical standards as “very high” or “high.”

Think about fundraising opportunities for the spring meeting.

Lets everyone bring 1 fundraising idea to the spring board meeting.

ASPN National Conference Presenters from the Cleveland Clinic

Pediatric Patients and the Culture of Safety: See Something, Say Something
Michelle Levay and Megan Sumser #303 (DC) 1.25

Cultural Competencies in the Perioperative Setting
Kristen Vargo and Donna Voldan #604 (DC) 1.25

Developing Staff Confidence in Participating in PACU Emergencies
Colleen Cummins and Brian Rann #305 (DC) 1.25

I Only Have Eyes for You: Ocular Surgery and Perianesthesia Care
Jillian Fetzner #308 (DC) 1.25

Hello Ohio!
I hope this finds all of you doing well! In this issue of Snooze News you’ll see there is quite a bit to look forward to, including warmer weather!

In the upcoming events section, our districts have listed several dates for seminars, workshops and meetings as well as service projects to help out with. So take some time and check out what your district as well as other districts have to offer. You can find more details about locations and times at our website ohiopana.org.

Also on our webpage you can see all the great photos of how our nurses celebrated PANAW week. I have included just a few here in our newsletter.

As always, I encourage you or someone you know to share with us an article or project that you are working on. We would love to share your hard work.

I will be attending the national conference in Anaheim, and look forward to all the great presenters lined up and information to bring back to my coworkers.

I encourage you to get involved and connected with your district. You won’t regret it!