Snooze News
Ohio Perianesthesia Nurses NEWSLETTER

Presidents Message

**Snooze News President’s Message April 2010**

By Nancy McGushin, BSN, RN, CPAN
OPANA President 2009-2011

OPANA wins 2010 Gold Leaf Component of the Year Award!

It was my great honor to accept the 2010 ASPAN Gold Leaf Component of the Year Award for OPANA during the opening ceremonies at the ASPAN National Conference in New Orleans, Louisiana, on April 19, 2010. We have worked very hard over the last four years to attain the qualifications necessary to be considered for this prestigious award. During the process, we have become a stronger, better organization, more capable of serving our members and our specialty. Let me take a few moments of your time to recap some of the accomplishments that led to OPANA achieving this great honor.

The entire OPANA Board of Directors owes a heartfelt thanks to Teri Shine, Gold Leaf Chair and submitter of the Gold Leaf Application. She has worked very hard with each of our previous submissions to review the recommendations made by the reviewers and to encourage the Board and the Districts to make the changes necessary for success.

Continued page 3
OPANA Board Of Directors 2009-2010

Nancy McGusion  
(President)  
Home 740-653-1334  
Work 740-689-6417  
Email gushin@sbcglobal.net

Jeanne Guess  
( President Elect)  
Home 419-460-8050  
Work 419-291-5736  
Email Jeanne.Guess@sbcglobal.net

Debbie Wolff  
(Immediate Past President)  
Home 330-626-3015  
Work 419-291-5736  
Email debmwolff@sbcglobal.net

Rose Durning  
(Secretary)  
Home 937-848-9067  
Work 937-257-9431  
Email rjdsuzie@aol.com

Sharon Gallagher  
(Treasurer)  
Home 513-339-1123  
Work 513-865-1171  
Email sgallagher49@zoomtown.com

Pat Dempsey  
(Standard Operations)  
Home 440-946-5828  
Cell 239-481-6889  
Email pld5412@sbcglobal.net

Deb by Niehaus  
(Web Master)  
Home 513-474-0960  
Work 513-865-6480  
Email Debbyniehaus@zoomtown.com

Renee Garbarb  
(Snooze News Editor)  
Home 937-748-5442  
Work 937-257-7654  
Email garbarbs@sbcglobal.net

Sally Morgan  
(Government Affairs)  
Home: 614-792-8029  
Work: 614-293-7286  
Email: Sally.Morgan@osumc.edu

Nancy Post  
(Fund Raising)  
Home 330-856-7011  
Work330-841-1011  
Email npost@forumhealth.org

Teri Shine  
(Gold Leaf)  
Home 440-585-3130  
Work 440-585-6480  
Email TShine2141@aol.com

Jane Booth  
(Scholarship)  
Home 413-941-6102  
Work 513-389-5017  
Email janebooth@fuse.net

Sue Straits  
(Convention)  
Home 614-885-3152  
Work 614-293-8335  
Email sestraits@yahoo.com

Alabelle Zghoul  
(historical Awards)  
Home 614-846-9537  
Work 614-293-8335  
Email alabelle.zghoul@osumc.edu
She also collected and documented data from the districts to demonstrate all the great things we have always done, but never documented or collected in one place. Teri is an ASPAN “UP and Comer.” Look for more from her on a national level.

We owe a round of applause to Renee’ Garbark, editor of the *Snooze News*, our component newsletter. She took on the challenge of learning the new skills needed to produce a quality newsletter. Without her courage and perseverance, we would not have had a chance at this award. At conference, I received many positive comments on how wonderful our new publication looks and what a great job Renee’ is doing. They could not believe she is new to the publishing world. We also need to extend appreciation to Rose Durning for recruiting Renee’ for this position.

Debby Niehaus, Telecommunications Chair and all-around Board advisor, lent her years of experience and vast knowledge of both the national and state organizations to review the application and make helpful suggestions to streamline the process and showcase our efforts. She also took on the challenge of establishing our website, [www.OhioPANA.org](http://www.OhioPANA.org), which added greatly to our Gold Leaf efforts. I personally have learned a great deal from Debby and appreciate her support and advice.

During her tenure as OPANA President, our Immediate Past President, Debbie Wolff, reinstated the OPANA Fall Seminar. This has been an invaluable resource for our members and gave us additional credibility as an outstanding component. Her support, encouragement, and friendship to all our membership on a state and national level have given us recognition as an important component of ASPAN.

Many thanks to our OPANA District Representatives, Shirley Raymond (CAPANA), Mary Beth Ryan (COPANA), Gayle Jordan (DAPANA), Sue Ryan (GCPANA), Teri Siroki (NEOPANA), Jeanne Guess (immediate past rep. and now OPANA Vice President) and Carol Zacharias (NOPANA), and Nancy Post (WYPANA) for collecting and sending data from their districts to Teri for inclusion in the Gold Leaf application. Continued on Page 6
New Simulation Center at Wright-Patterson 88th Medical Group

“Simulation Training Today Saves Lives Tomorrow,” this is the motto of the WPAFB new Simulation Center run by STARS-P (Sustainment of Trauma and Resuscitation Skills Program) Coordinator Rose Durning MS, BSN, RN, CAPA along with 2 simulation technicians, Sarah McKown and Kiley Gerritsen. Rose is an active member (past president x 7 years, project chairman) of DAPANA, board OPANA secretary and Assembly Representative for OPANA. The 88 Medical Group (MDG) simulation center is one of five sites under the Air Force Modeling and simulation Program. The center has six training rooms, and state-of-the-art equipment including high fidelity mannequins that have anesthesia capability, remote/wireless mannequins that can provide training in clinic settings on the medical and surgical units, along with a pediatric, OB simulator, and 2 types of baby simulators for various training purposes.

The goal is to improve patient safety by simulating obstetric emergencies combined with TeamSTEPPS (Strategies and Tools to Enhance Performance and Patient Safety) concepts. The simulation center has conducted eight training sessions for over 120 medical group personnel this year using “Maggie” the maternity mannequin.

Continued Page 7

Left to Right: Rose Durning, Sarah McKown and Kiley Gerritsen
Ohio Legislative Update

Sally Morgan, RN, APNP-BC

In the last Snooze News, David Kay of the ASPAN Governmental Affairs Committee discussed how to make a difference in legislative issues. He also provided the website for the U.S. Congress. Below I have provided an update on some of the bills that impact nurses. I have also included the websites of the Ohio House of Representatives and the Ohio Senate so you can become more acquainted with your lawmakers.

Ohio House of Representatives - [http://www.house.state.oh.us/](http://www.house.state.oh.us/)
Ohio Senate - [http://www.ohiosenate.gov/](http://www.ohiosenate.gov/)

**Senate Bill 200 Certified Registered Nurse Anesthetists (CRNAs).** The intent of this bill is to authorize CRNAs to order nurses and others to administer medications in perioperative settings. Last year, CRNA practice was questioned because they do not have prescriptive authority in Ohio as other advanced practice nurses do. SB 200 has had sponsor and proponent testimony.

**Senate Bill 86-Physician Immunity**- The original intent of this bill was to grant qualified immunity to a physician who provided emergency medical services, first-aid treatment, or other emergency professional care in compliance with the federal Emergency Medical Treatment and Active Labor Act or as a result of a disaster. SB86 has been amended to include coverage for nurses under the disaster relief section. Currently nurses receive immunity under The disaster relief law; however, that law does not apply When workers expect to be compensated in any way for Their services (payment, meals, any financial support). SB86 is currently in the Senate Judiciary Committee.

**House Bill 450 Workplace Violence** will increase The penalty for assault when the victim is a

Continues on Page 8
Continued From Page 3…. Gold Leaf

Pat Dempsey, Standard Operations Chair, has contributed to this effort by keeping our Bylaws updated and distributed to the Board and by posting them on the website. Our Scholarship program, chaired by Jane Booth, and our Awards program, chaired by Alabelle Zghoul, demonstrate that we give back to our membership. Thanks also to our treasurer, Sharon Gallagher, for keeping our financial records up to date, demonstrating our fiscal responsibility; and to Rose Durning, OPANA Secretary, for keeping our minutes well-organized and current. Sally Morgan, our Governmental Affairs Chair, is new to OPANA, but will help keep us moving in the right direction by providing information on governmental issues that affect nurses.

Last, but definitely not least, thanks to you, the members of OPANA. It is through your efforts for your districts, your specialty, and especially for your patients that we are able to be recognized as a strong, vital group of nurses who are working for the advancement of specialized knowledge in caring for our peri-anesthesia patients across the great state of Ohio.

CONGRATULATIONS,

OPANA, on achieving the

GOLD LEAF AWARD!

Deb Niehaus (web master) holds the Gold Leaf award
Because of the high-fidelity pediatric mannequin the 88 MDG is the main pediatric simulation site for medical students going through the Dayton area Graduate Medical Education consortium.

The simulation center has key linkages with STARS-P, C-STARS (Center for Sustainment of Trauma and Readiness Skills Program) of Cincinnati, the Dayton Area Graduate Medical Education Consortium and the medical centers in the surrounding greater Dayton area.

Rose Durning is also a founding member of the Human Patient Simulation Group of West Central Ohio chartered to improve communication and cooperation among the local simulation labs and universities. The HPS User group run by the Nursing Institute of West Central Ohio, Debi Sampsel MSN, Executive Director, meets quarterly at various institutions throughout central and western Ohio to collaborate and share ideas and practices of simulation centers.

“"The purpose of the Sim Center is to train the world’s finest medics for the worst possible scenarios in order to safely care for our patients here and deployed. Simulation training today saves live tomorrow." (Rose Durning)

OPANA Earns Shinning Star Award 2010
From ABPANC
For Excellence in Certification

Congratulations!
registered nurse or a licensed practical nurse engaged in the performance of
official duties whom the offender knows or has reasonable cause to believe is a
registered nurse or a licensed practical nurse. This bill recognizes that violent
acts against nurses in the workplace occur more frequently than in any other
profession. HB 450 recognizes that an assault on a nurse should be treated the
same as an assault on school employees, police, fire and EMS workers, which
under Ohio Revised Code 2903.13 is a fourth degree felony with a mandatory
twelve-month prison sentence. HB 450 was introduced in the House of Repre-
sentatives in February, 2010 with bipartisan support from across the state.

House Bill 314 gives nurses the authority to determine and pronounce death.
Under current law, only physicians have this authority. However, when physi-
cians are not immediately available such as in nursing homes or hospices, fam-
ily notification may be delayed up to several hours. This bill does not apply to
nurses in hospitals or ambulatory surgery centers where physicians are readily
available. HB 314 has overwhelmingly passed in the House of Representatives
and has gone to the Senate Health, Human Services and Aging Committee.
This bill is opposed by the Ohio Medical Association.

Treasurer ’s Report

Present Balance is $15,998.40
Total Profit from fall Rada Knives sale Jan-May 1,573.00
Jan-May 2010 Expenses $8,353.34
Jan-May 2010 Income 6,823.29
Budget for 2010 32,400.00
Important Dates to Remember

**Fall Seminar** Oct 16, 2010 At Country Inn and Suites-Block of rooms reserved for $89.00 per night reserve by October 1. Call direct 614-322-800 or 800-456-4000

**National Conference 2011** Seattle WA-April 3-7 2011  (see ASPAN Website)

**National Conference 2012** Orlando, FL

**National Conference 2013** Chicago, IL

**Board Meeting** August 21, 11:00am (Brio 's Polaris Mall)

District News

All District News will be available On the Ohiopana Web Page

Scholarships

Scholarships are available for use at the spring and fall seminar up to $75.00. The forms to apply are on the Ohiopana web site. The scholarships are based on your involvement in the organization. So get involved today to enhance your profession and earn credit toward a scholarship. Forms are to be given to your district scholarship chairperson. See web site or contact your district as needed.
Above: Teri Shine with gold leaf award

Below: Board members having fun at the National Conference

Having some FUN Madigras Style!
Letter From the Editor
Renee Garbark BSN, RN CAPA

I had the privilege to attend the Opana Spring Conference. What a great experience! We celebrated armed forces day by saying the pledge of allegiance. Bonita Wooden shared the meaning of the pledge with the group. How appropriate that we were at the Hope Hotel on Wright Patterson Air Force Base.

Dr. Shah shared information regarding obstructive sleep apnea particularly those elements that affect a patients’ PACU stay. Dr. Shah broke up his talk with cognitive twisters for the crowd to solve. Some of us found out that our cognitive ability wasn’t as sharp as we thought. Dr. Rank discussed endovascular usage in peripheral disease and Dr. Kauffman discussed interventional Radiology procedures. He also brought some x-rays of who knows what in who knows where. The audience had to try to figure out what was in the x-ray and use their imagination to figure out how it got there.

Continued on Page 12
Dr. Gleason, a hand surgeon in the US Air Force discussed perioperative care in the deployed location. This was very informative. Medicine in the war zone is significantly different than here in the states. He also shared some personnel stories and brought some graphic pictures for illustration. We were honored to have him.

Bonita Woodin, Dr. Gleason and Rose Durning

Rose Durning and Deb Sampsel

Rose Durning and Deb Sampsel demonstrated the education of nurses, medical students and the military using a remote robot.
The audience was able to see how the robot could assist in assessment of a patient from a remote location. The robot and simulation center were located in California.

The day ended with Dr. Sandra Vogel discussing how to Power up Your Influence. If you haven’t heard Sandra speak before, don’t miss it the next time. She is a motivating speaker.

If you haven't been to an OPANA conference you are missing out on a fun way to get some CE’s and develop professionally. It is also a way to network with other nurses in perianesthesia. Hope to see you at the next conference.