PLEASE consider becoming a CAPANA OFFICER and enjoy the rewards of meeting new people and networking with nurses working in Peri-Anesthesia across the Tri-state. Many other rewards are available when becoming the CAPANA president such as a trip to the ASPAN National Conference. Attending the National conference is an unforgettable experience. There’s many learning opportunities and networking with Peri-Anesthesia nurses across the country.

Don’t miss our February meeting and March Spring Workshop as well as the MAY business meeting. Check your e-mails for the exciting events to come.

Sharon Hay BSN, RN

CAPANA President
Looking for:

CAPANA President-elect 2014-2015

Spring workshop CHAIR 2015

Flyer/Newsletter editor

Contact Sharon Hay if interested
Sharon.hay@thechristhospital.com

Remember to log into OPANA NEWS: www.OHPANA.ORG
Keep up with current events.

CAPANA MEETINGS:

Look for Flyers each month for workshop information!

Drawing for ASPAN MEMBERSHIP to be awarded in MAY at the business meeting (attendance not required to win) name of each workshop attendee placed in drawing.

Don’t forget “Split the Pot” each workshop meeting

Please consider sponsoring one of CAPANA’S PROGRAMS 2014-2015

Ask Sharon Gallagher President-elect for details!!!!
SPRING WORKSHOP MARCH 15, 2014
“A HEALTHIER YOU”

We need small donations for our gift bags.

Please consider donating a basket to raffle off. (the proceeds help support CAPANA)

2 Massage Therapists will be at the Spring Workshop from 9:00am-11:30am giving 10 minute chair massages. Peel off tickets will be given out at the registration desk on a first come first serve basis until all the time slots are filled.

Therapy dogs, breakfast and many other exciting things will be going on. DON’T MISS OUT!

SPRING WORKSHOP flyer and registration to follow

THANKS FOR YOUR CONTINUING SUPPORT OF

CAPANA

Any news worthy events e-mail me @ mjfricker@aol.com

Janet Fricker BSN, RN-BC,