Presidents Message

Submitted by
Sally Swartzlander, BSN, RN, CAPA

Greetings OPANA members! I hope everyone had a great National Nurses Week! I wanted to give you an update of all that has been going on with OPANA. On April 14, 2018, GCPANA hosted the OPANA Spring Seminar in Beachwood, OH. The theme of the seminar was Pain, Comfort, and Crisis in the Perianesthesia Setting. I want to thank all the GCPANA members that helped make it such a great seminar. The topics and speakers were very interesting and informative!

Many OPANA members attended the ASPAN National Conference - Detecting Greatness: The Proof is in our Practice from April 29-May 3, 2018 in Anaheim, CA. This year, OPANA VP Beth Cooper and I attended ASPAN’s Representative Assembly on Sunday, April 29th. The new ASPAN Candidates were presented and an election was held. The ASPAN President and Treasurer gave reports. Five new resolutions were presented including Position Statements on Opioid Stewardship in Perianesthesia Practice, Gender Diversity, CPAN & CAPA Perianesthesia Nursing Certification, and Medicinal Marijuana. The Representative Assembly voted on these resolutions as well as approved the 2019-2020 Perianesthesia Nursing Standards, Practice Recommendations, and Interpretive Statements. All ASPAN members are encouraged to take advantage of the benefits available including scholarships and the 3 free JOPAN Articles that are available each year. Beth and I also attended the Component President’s Luncheon on Sunday.

Component Night’s theme was Everything Hollywood! OPANA’s table theme was Minnie Mouse this year. We had a “Spin It for a chance to win it” game with Minnie Mouse theme prizes and with all proceeds donated to the California Fire Foundation ($300). We gave out Ohio made candies to all members that stopped by. All OPANA members were given Minnie Mouse ears and asked to wear Minnie Mouse colors. Beth planned OPANA’s part in Component Night this year and did a great job! She also made certificates for all the OPANA speakers as well as Rose Durning and Debby Niehaus for all their ASPAN achievements.

Guess what? OPANA WON! During opening ceremonies, OPANA was awarded “Gold Leaf Component of the Year”! Thank you, Beth Cooper, for all the hard work that you did over the last three years to get us where we needed to be and for writing the Gold Leaf report that won this year! I also want to thank all the other OPANA members that helped implement changes, provide information and ideas, write articles/newsletters/emails/reports/policies/ procedures, and keep our website updated! Winning the Gold Leaf was truly a group effort! It was a very exciting time! At the CPAN/CAPA luncheon, OPANA was awarded another ABPANC Shining Star Award.
Presidents Message

At both first timer’s orientations, I met several new Ohio attendees. It was a great time to share all that OPANA has going on throughout the state. Several OPANA members attended the Region 3 meeting that was led by Sylvia Baker, our Region 3 Director. We had a nice OPANA Meet and Greet as well as 2 OPANA Group Pictures with our Gold Leaf and Shining Star Awards prior to the ASPAN President’s Reception. On Thursday, during the Closing Ceremonies, OPANA’s newsletter won in the 1-8-page category. Thank you to Tina Harvey for all the beautiful newsletters that you create for OPANA. Congrats to Carolyn Hoenicke from TriHealth in Cincinnati for winning first place on her research poster. Please go to www.ohiopana.org and choose ASPAN Pics to view all the OPANA National Conference Pictures that were added by Debby Niehaus. It was a great conference with many interesting speakers, great networking, and exciting accomplishments by OPANA!

I also want to remind everyone about our OPANA Fall Seminar on Saturday, October 6, 2018 at Mount Carmel East Siegel Center. Our speaker will be Meg Beturme MSN, RN, CPAN, CAPA, Past ASPAN President (2005-2006). The OPANA Fall Seminar Flyer will be released this summer with all the topics. This year Hope Hollow will once again be our OPANA Fall Service Project. Also, OPANA will be selling RADA products as our fall fundraiser. I hope that everyone has a great summer and I look forward to seeing all of you in October!

Sally Swartzlander BSN, RN, CAPA

Upcoming Events

OPANA Fall Seminar Oct. 6th, at the Siegel Center, Mt. Carmel East Hospital, Columbus. Board meeting the evening before on Oct. 5th, 8 p.m.

CAPANA Tentative agenda and speakers for the 2018-2019 year are in the works with a planned board meeting August 20th.

NEOPANA Please check the OPANA website for upcoming NEOPANA events as they develop.

NOPANA The next meeting will be Feb.10, 2018 at ProMedica Flower Hospital, Room E, at 10 a.m. with a business meeting following the speaker. Please RSVP to Deb Wilson at 419-292-5533. Speaker info to follow.

GCPANA Next Board Meeting, Dec. 6, 2018. Check the OPANA website for upcoming information.

DAPANA Educational Meeting Nov. 9th at Kettering Medical Center in the Dean Amphitheater. Registration and breakfast begin at 8 am. Speaker info to follow.

COPANA Quarterly Educational Meeting July 28, 2018 at 8 a.m. with breakfast provided. Speaker on “Caring for the patient with Regional Anesthesia”.

ASPN National Conference “Leading with Knowledge: Serving with Heart” ASPAN’s 38th Annual Conference May 5-9, 2019 in Nashville, Tennessee. We hope to see you there!

OPANA Fall Seminar Saturday Oct. 6th, 800-4:15 p.m. at Siegel Center, Mt Carmel East Hospital, Columbus, Ohio. Fall Service project is Hope Hollow.

LDI ASPAN’s Leadership Development Institute September 14-16, 2018 in St. Louis, MO

OPANA’s Mission and Vision

Our Core Purpose is to advance the unique specialty of PeriAnesthesia Nursing

Our Vision is to be Ohio’s recognized nursing association for providing and promoting PeriAnesthesia education, nursing practice, ASPAN standards and research
H.R. 5102: The Substance Use Disorder Workforce Loan Repayment Act of 2018

This bill creates a loan repayment program for individuals who complete service in a substance use disorder treatment job where there exists a mental health professional shortage and the drug overdose death rate is higher than the national average. This would enable more nursing students to be a part of the team of treatment professionals desperately needed in areas affected by the opioid epidemic.

Support for reuniting families

Many nursing organizations sent letters to the Department of Homeland Security Secretary expressing concern over the Administration’s policy of separating children from their parents at our nation’s borders and are in support of reuniting families

Submitted by Jean Kaminski, RN

OPANA Component Service Projects 2018

OPANA Collected $300.00 at the Anaheim ASPAN Conference in April 2018 at Component Night booth with a donation then a “Spin for a chance to Win” a Minnie Mouse prize. All donations collected went to the California Fire Foundations to support the many firefighter of the forest fires in California.

Thank you to all the OPANA Districts that donated time, food, or money to your local Ronald McDonald Houses as our spring OPANA service project!! OPANA nurses served the Akron, Central Ohio, Cincinnati, Cleveland, Dayton and Northwest Ohio area Ronald McDonald houses.
Members of ASPAN have a wonderful opportunity to become members of Malignant Hyperthermia Association of the United States (MHAUS) at a greatly reduced rate.

ASPAN has partnered with MHAUS to work towards our common interest of malignant hyperthermia education. As an ASPAN member, you may join MHAUS for only $20 per year (this is a savings of $30).

Becoming an MHAUS member provides a 30% discount on events and materials, and access to member areas such as chapter groups, forums, pages, quizzes, surveys, the e-newsletter, and The Communicator quarterly newsletter. For more information, please visit the MHAUS Web Site (www.mhaus.org), or contact Terri Passig, ASPAN Liaison to MHAUS, at passig01@aol.com.
CPANs and CAPAs
OPANA Spring State Meeting April 14, 2018 in Cleveland

Recent Certifications
Spring 2018

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Active CPAN/ CAPA Certificates

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ABPANC'S VISION
Recognizing and respecting the unequaled excellence in the mark of the CPAN® and CAPA® credential, perianesthesia nurses will seek it, managers will require it, employers will support it, and the public will demand it!
Are you awakening after your winter hibernation? Spring calls for an awakening of nature, routines and people. I hope you’ve enjoyed the change in physical activity, but likely there has been no retreat of activity when thinking about the patients you cared for!

It’s been a busy time for ASPAN. Preparations are complete and ASPAN’s 37th National Conference is now in the history books! I enjoyed seeing so many of you there: reconnecting and networking. If this was your first National Conference, I hope you took advantage of the First Timer’s Orientation. Many components completed Gold Leaf Applications. One of the Region 3 Components won the Gold Leaf: OPANA! Several members were acknowledged for going “Above and Beyond” as well as those applying for “Excellence in Clinical Practice” and “Award for Outstanding Achievement” awards. Component Night was fun as old friendships and acquaintances were renewed and other relationships initiated. There were many celebrities who showed up. It was a busy week! Make sure to complete your evaluation and claim your Certificate. If you were not able to join us in Anaheim this year, make plans to attend next year in Nashville, TN.

I have had the great fortune to visit four of the eight Components that make up Region 3 since National Conference last year. I have enjoyed meeting many of you and celebrating you: the Perianesthesia Nurse and your contributions. I hope you did just that during PANAW!

ASPAN initiated a new program of ASPAN Fellows. “A Fellow of the American Society of PeriAnesthesia Nurses is an honorable distinction that must be earned through hard work, a commitment to professional advancement, and substantive contributions in the field of peri-anesthesia nursing.” Seventeen members were inducted into the inaugural classes of ASPAN Fellows (FASPAN).

Coming up this September, will be ASPAN’s Leadership Development Institute (LDI). If you are interested in becoming more involved in your State Component or ASPAN, please contact your Board Members and find out how you can make an impact on the regional, State and/or National level through your involvement.

One of the latest initiatives the RDs have undertaken is to develop a resource to assist Component Presidents as they assume their roles. This resource provides your Component leader with information on how to better serve you as a component member as well as information on how I (the RD) can best serve them and therefore: you! This information was presented to Component Presidents at National Conference.

I am here to serve you. Please feel free to contact me with any questions or suggestions that you feel are important to you.

Sylvia Baker, MSN, RN, CPAN, FASPAN

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**Summer/Fall 2018 Certification News**

Effective July 1, 2018, ABPANC has made significant and exciting changes to both our Certification and Recertification programs! Please be sure to check out the What’s New? links on [www.cpancapa.org](http://www.cpancapa.org) to learn more.

Registration for Fall exams is now open and ABPANC has many resources on its website at [www.cpancapa.org](http://www.cpancapa.org).

**The Fall 2018 Examination schedule is set with the following dates:**

- **Registration Window – Online**: July 1 – September 15
- **Examination Administration Window**: September 15 – November 15

**ASPAN members receive a $110 discount**

Register early to get the testing date you want and have time to study.

- **Practice Exams**: Buy One Get One Free – 100 questions for $50
  - Earn 8 contact hours

Free Study Guides and Reference Materials available at:

[www.cpancapa.org/resources/study-tools](http://www.cpancapa.org/resources/study-tools)

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**Letter from the Editor**

It has been a short summer and a rather busy one at that. If you were able to attend the ASPAN conference in April then you may have heard of all the great work OPANA has been recognized for recently. So make sure to check out page 4 of this issue as well as [www.ohiopana.org](http://www.ohiopana.org) for all the pictures and details of what we’ve accomplished this year!

Do you know about House Bill 501? In February 2018, House Bill 501 was introduced by the House Agriculture and Rural Development Committee which aims to change Vet Tech to Vet Nurse. On April 11th the Ohio Legislatures voted 14 to 1 in favor of the bill.

ONA president, Brian Burger, provided comment and gave open testimony to the House Agriculture and Rural Development Committee about the bill. ONA argued that the term nurse is legally defined as caring for humans, and that no other person or profession may insinuate they practice as a nurse. ONA’s testimony has delayed the committee vote, which means we need to act now!

Please call or email your Ohio House of Representatives today at [www.ohiohouse.gov](http://www.ohiohouse.gov) and let your concerns be heard!

Tina Harvey, BSN, RN, CAPA, CPAN