Presidents Message

Submitted by
Sally Swartzlander, BSN, RN, CAPA

Greetings OPANA members!

I hope you all had a great PeriAnesthesia Nurse Awareness Week with your coworkers and components! Check out the OPANA website and Facebook page for celebration pictures. Continue to embrace the theme throughout this coming year – Leading with Knowledge, Serving with Heart. It truly describes who we are as PeriAnesthesia Nurses.

Hard to believe but spring is right around the corner! Looking forward to seeing all of you in Nashville, TN at the 38th ASPAN National Conference. We hope to see you at Component night for our OPANA group karaoke and for an OPANA photo prior to the President’s Reception. We also hope to plan another OPANA get together during the conference. Please monitor the OPANA website and the National Particulars for more information.

Save the Date for our 2019 OPANA Spring Seminar on Saturday, May 18, 2019 in Akron, Ohio. Registration details will be posted at www.ohiopana.org. We are also working on the OPANA Fall Seminar which will be on Saturday, October 5, 2019 in Columbus, Ohio.
Upcoming Event

OPANA Spring Seminar
presented by
NEOPANA and Cleveland Clinic Akron General
Saturday May 18th, 2019 from 0700 to 1630
Cleveland Clinic Akron General Health & Wellness Center
4125 Medina Rd, Akron, OH 44333
Breakfast & Lunch Included
ASPAN MEMBERS: $65
NON-ASPAN MEMBERS: $75
UNDERGRAD NURSING STUDENT/ RETIREE: $25
Studio King/Sofa Bed Hotel Rooms available for Friday, May 17, 2019 at Residence Inn By Marriott Akron Fairlawn
4080 Embassy Parkway Fairlawn, OH 44333. For Ohio PeriAnesthesia Nurses Association - $119.00 + TAX
Last day to book room: 4/17/19 - Call 330-664-7800
go to www.ohiopana.org for full flyer details

District News

CAPANA April 17, 2019 from 6:30-7:30, Social 6pm at Mercy Health West Hospital. Teresa Ash spoke on Best Practices for Administering Controlled Substances.

NEOPANA April 9, 2019 at Akron Children’s Hospital. Speaker TBA.

NOPANA November 3, 2018 meeting was held at ProMedica Flower Hospital, Sylvania, Ohio. Speaker was Beth Chapman, BSN, RN, Director of Trauma Services. The topic was: Stop the bleed with CNE available. NOPANA made a cash donation to Trauma program to purchase backpacks for schools. Next planning meeting Feb. 2019.

GCPANA General Meeting and Lecture on February 1, 2019 at Cleveland Clinic Strongsville Family Health Center. The speaker was Dr. Stephen Ball ENT surgery updates. Next board meeting August 7, 2019.

DAPANA April 27, 2019, 0800 in the Dean Amphitheater at the Kettering Medical Center. Chris Link from Prevena will speak on wound care and Cherryllyn Stati from 3M will speak on “Have you optimized your Pre-op Protocol to Improve Patient Outcomes?”

COPANA Jan. 26, 2019 a collaborative meeting with AORN on Perioperative Safety and Comfort was held. Next meeting April, 2019 to plan the rest of 2019 agenda.

ASPAN National Conference “Leading with Knowledge: Serving with Heart” ASPAN’s 38th Annual Conference May 5-9, 2019 in Nashville, Tennessee. We hope to see you there!

OPANA Fall Seminar Saturday Oct. 5th at Siegel Center, Mt Carmel East Hospital, Columbus, Ohio. Additional information to follow. Please continue to check the OPANA website.
Licensure

There has been much criticism over licensure for many jobs which due to challenges for some to enter the job market. One in four jobs now require licensure.

Since a 2015 report, the government is looking at existing licensure to make sure it is not overly burdensome and also to improve portability across state lines.

Nursing is not an occupation that’s included in the current grant-funded research, but there are potential effects for the profession as occupational licensure reform increases.

Removing licensure or modifying licensure standards for other healthcare workers can influence nursing practice and care, as well as services delivered. Specific to nursing, veterans with healthcare experience are awarded credit in lieu of completion of a nursing education program for eligibility to take the NCELX. Removing the licensure requirement for nursing assistants, medication aides and/or similar healthcare workers has caused mixed reactions for the healthcare worker, the employer, and patients/consumers.

“Reforming America’s Healthcare System Through Choice and Competition.”

This report was released December 2018.

It describes how state and federal laws, regulations, guidance, and policies on choice and competition in health care markets and identifies actions that states or the federal government could take to develop a better functioning health care market.

Recommendations:

1. The federal government and states should consider legislative and administrative proposals to allow non-physician and non-dentist providers to be paid directly for their services where evidence supports that the provider can safely and effectively provide that care.

The report recognizes the role that RNs and APRNs play in patient care and recommends that the federal government and state governments should allow RNs and APRNs (and other allied health professionals) to practice to the full extent of their education and training.

2. States should consider eliminating requirements for rigid collaborative practice and supervision agreements between physicians and dentists and their care extenders (e.g., APRNs, physician assistants, hygienists) that are not justified by legitimate health and safety concerns.

3. The report also promotes the use of telehealth services, noting that, “telehealth has great potential to improve access in underserved locations, reduce costs, and generate improved short- and long-term health outcomes.”

Submitted by Jean Kaminski, RN
PANAW Week

DAPANA..Dayton Area Members

CAPANA ..Cincinnati Members

Crystal Center
Orthopedic Center
St. Thomas

NEOPANA..North East Members
Are you thinking ahead?

I now use Pinterest for many things. For instance, my Eastern Star group has a monthly soup and salad dinner. Coop’s Soups is where I save soups to try. Remember the Minnie Mouse theme we used in Anaheim? The inspirations are in Coop’s Disney. I had a music theme for my last term as “president” of my Eastern Star Group. I have a music board. I also have a nursing helper board. I store tips and what not in it.

My Pinterest boards will tell you a lot about me. Do you have some? What would it tell me about you? I am about to go on an adventure in May. I will be serving as your OPANA president. I’m cautiously excited because first-you need to elect me. I hope you do. PeriAnesthesia Nursing has kept my interest for over 9 years now.

We have some OPPORTUNITIES available in OPANA as well as our respective districts. We need some members to try their hands in being officers or board members. I just saw this “pin” in Pinterest. I don’t see an author to reference. I did not write this quote:

“If someone offers you an amazing opportunity and you’re not sure you can do it-say yes-
Then learn how to do it later….”

Marcus Engel was a key note speaker at one of our conferences. Marcus is referenced to this ditty: Instagram: the gentsbro:

Here’s what’s cool
1. Saying thank you.
2. Apologize when you are wrong.
3. Show up on time.
4. Be nice to strangers.
5. Listen without interrupting.
6. Admitting when you are wrong.
7. Following your dreams.*
8. Being a mentor.
9. Learning and using others people’s names
10. Holding door for others.

There is never a perfect time to step up. And that first step is the hardest.

I am humbled to follow 2 presidents that did awesome jobs. Maybe I will flop-but I’m going to try. Pinterest has plenty of boards to help me stay motivated.

Submitted by ElizaBeth Cooper RN, CPAN, CAPA
Vice President
OPANA’s Mission and Vision

Our Core Purpose is to advance the unique specialty of PeriAnesthesia Nursing

Our Vision is to be Ohio’s recognized nursing association for providing and promoting PeriAnesthesia education, nursing practice, ASPAN standards and research
Hello OPANA Members,

I hope all of you are benefiting from using the ohiopana.org website where you will find valuable information and updates on OPANA’s Statewide meetings and educational opportunities. While there, check out your Districts home page. Here you will receive communication from your District Leaders as well as information on specific activities and meetings happening in your area. This can be done logging into the website then using the “contact button” to submit information, pictures or questions about our organization. Share the OPANA web address with your co-workers!

Debby Niehaus
OPANA Webmaster

Spring Exam Administration

Registration Opens January 1
Regular Registration Deadline March 15
Exam Administration Window March 15–May 15

ASPN members receive a $110 discount

Register early to get the testing date you want and have time to study
Practice Exams Buy One Get One Free – 100 questions for $50. Earn 8 contact hours.

Free Study Guides and Reference Materials available at:
www.cpancapa.org/resources/study-tools

Recent Certifications Fall 2018

CPAN
Julie Rasmussen
Linda Gallo
Anne Goist
Lindsey Babcock
Monica Berry
Amanda Goldbeck
Mary Richardson
Shirley Raymond
Mallory Velick
Kerry Donahue
Dominque Blagojevic
Jennifer Heller

CAPA
Patricia Frizsche
Sharon Hay
Kimberly Reynolds
Tracy Hudgins
Valerie Fitch
Laura Davis
Kelly Ogrinc
Andrea Jordan
Amy Jones
Carol Walters
Laura Pizer
Deborah Lyons
Barbara Dalton
Denise Boley

Dual
Lora Collins
Kathleen Powers
Jonelle Noffsinger

Active CPAN/ CAPA Certificates

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Congratulations

ABPANC’S VISION
Recognizing and respecting the unequalled excellence in the mark of the CPAN® and CAPA® credential, PeriAnesthesia nurses will seek it, managers will require it, employers will support it, and the public will demand it!
Depending upon the outcome of the upcoming ASPAN Board of Directors elections, this will likely be my final “official” communication with you in this venue. Through my time as a Regional Director, I have found this has been a fun way for staying in contact with a broader base of ASPAN members.

With the distribution of this newsletter, I hope that you all took the opportunity to celebrate YOU: PeriAnesthesia Nurses during PANAW, the first week of February. I also hope that you are well on your way to planning and attending our National Conference in Nashville, TN. We’ll have a great time network and learning together.

When I was young (in grade school), we would challenge one another in a variety of ways in and in a multitude of activities. To tempt someone to try to come our direction, one would often here a shrill, “I dare you!” peel across the playground. Components are an essential part of ASPAN as they connect members of relatively locales with one another. This connection allows for networking, development, and growing. I personally, see this a very worthwhile endeavor (on ASPAN’s and the membership’s part). Components need involvement from everyone (in one way or another) to create a viable, working unit. To do that, someone must “step up to the plate” and be willing to be a leader. Leader positions are not without its benefits and I encourage you to contact any one of your Component Board members to see how you can accept the challenge! You Board and the ASPAN Board will help you along your way.

The ASPAN BOD wants you to succeed: as an individual and as a group! Learn from those who have walked this road, while paving your own way to make your Component bigger and better than it has been in the past!

I dare YOU!

Respectfully submitted,

Sylvia J. Baker, MSN, RN, CPAN, FASPAN

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**Past President**
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**Letter from the Editor**

Submitted by
Tina Harvey, BSN, RN, CAPA, CPAN

Happy Spring!

I believe most would agree the change in season has been a slow transition and one that I know I am happy to finally welcome. I would like to thank all those who have contributed to this edition of your newsletter. There are several events coming up and some great PANAW celebration pictures. I hope most everyone can attend this years 38th National ASPAN Conference in Nashville and don’t forget you can always find more information on our website at www.ohiopana.org.

I have been the editor of Snooze News for 5 years now and in that time I have had the privilege of meeting new friends and growing as a nurse and individual. I feel it is time for me to put this chapter of my journey to rest. It has been an honor and I can’t thank OPANA members enough for all their support and kind words. If you think you may want to be the next editor just let our board know!