Dear OPANA Members,

A busy summer has turned into a busy fall. It’s hard to believe we will soon be entering the holiday season! Our Fall Seminar was a huge success! I hope you were among the record 104 in attendance. National speaker, Lois Schick of ASPAN, was both entertaining and informative. Several members had the pleasure of spending the evening with Lois dining at Schmidt’s Restaurant in German Village.

Each of our districts set up a small display, showcasing their activities and networking with people from their areas. An ABPANC Rep was available to provide information on certification. We had 5 vendors and a RADA Knife sales table. We had an amazing array of auction items and door prizes! Donations were collected and delivered to the Ronald McDonald House of Columbus. A big THANK YOU to everyone who helped in any way to make this one of our best seminars ever!

This year is already off to a good start. In addition to the Fall Seminar, we had a board meeting in August. In September, 5 members attended the Leadership Development Institute in Cincinnati. The By-laws and Policy & Procedure Manuals have been reviewed and updated and will be available on the website soon. Our local Districts have begun their activities. Remember to send a report of your activities to the Gold Leaf Chairperson so that they can be included on our application.

Our Outstanding Achievement Award winners are Fran Wilson and Sharon Gallagher. Brandy Mather is now a Certification Coach. Amy Berardinelli was chosen to receive an ASPAN scholarship to the Nurse in Washington Program. Congratulations to all!

There are many upcoming events so mark your calendars. PANAW will be February 6-12. An ASPAN Certification Review Course will be held in Cleveland on March 4. Nurses Day at the Statehouse (NDASH) will be March 22. The National Convention in Indianapolis will be held April 30 – May 4. OPANA Spring Seminar will be May 20 in Cincinnati.

Have a safe and happy holiday season! See you in the new year,

Teri Siroki
OPANA President
I send crisp greetings from your Region 3 Director. I hope that you are able to enjoy the transition of this warm sultry weather to the crisp feel and smell of fall!

Region 3 is making a major impact with ASPAN activities: LDI this fall and National Conference next April/May. I am hearing from many ASPAN members that they are excited to visit Indianapolis.

Things are starting to ramp up as so many components celebrate their achievements and offer educational activities for their members via fall conferences and meetings.

In September, I had the opportunity to visit INSPAN and attended LDI. Speaking of LDI, I encourage you to contact your component leaders and find out what an exciting time LDI provided attendees and if you can, make plans to attend next year. The Regional Directors were busy these last couple of months with preparations for a fun learning experience. I hope that those who took the opportunity to attend found this a meaningful and enlightening experience.

In October, my agenda included visiting MAPAN and ILSPAN’s Fall Conferences. November allowed me to visit WVSPAN and attend the ASPAN Midyear Board meeting. I continue to learn my role in support of you, the grassroots member of this Region. Please let me know how I can assist you. Whether you are a member of your component board or a member providing that stellar care to patients who need that loving touch as they emerge from their state of anesthesia.

ICPAN was also a success with many PeriAnesthesia nurses meeting to network about patient care during the PeriAnesthesia timeframe around the world. While this is a very young organization, we all want to support and encourage its growth! Keep tuned to see how what you do in your local world is like or even different from PeriAnesthesia care in other parts of the world.

As Region 3 Director, I have also been helping to revitalize one of your sister components and am happy to report that things are progressing very well and we are excited.

In October, I also attended the Standards & Guidelines meeting. This four day meeting is one where a great deal of hard work, updating and discussion of our Standards and Practice takes place. Each time, we (as an organization) update our Standards, I gain a deep sense of appreciation and pride of the work that we do with our patients (at the bedside) as well as the work we do as an influential organization.

I encourage each of you to maintain (or begin) your activity with your Component. Contact your Leadership Team and volunteer to help. You don’t have to do anything big. Your leaders are looking for help with little things. Perhaps you’re ready for a slightly bigger (and very rewarding) challenge by involving yourself with the ASPAN Board. Get into the scrimmage line and make a touch-down for yourself and your patients through your involvement with your premier PeriAnesthesia organization!

Please enjoy the upcoming changes of the seasons while continuing to provide the constant vigilance of care and knowledge to those placed in your care!
<table>
<thead>
<tr>
<th>Name</th>
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<tr>
<td>Teri Siroki</td>
<td>President</td>
<td><a href="mailto:chatenay@live.com">chatenay@live.com</a></td>
<td>Jean Kaminiski</td>
<td>Governmental Affairs</td>
<td><a href="mailto:jkaminski@neo.rr.com">jkaminski@neo.rr.com</a></td>
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<tr>
<td>Sally Swartzlander</td>
<td>Vice President/ASPAN Rep</td>
<td><a href="mailto:SLS2005RN@gmail.com">SLS2005RN@gmail.com</a></td>
<td>Debbie Wilson</td>
<td>Awards</td>
<td><a href="mailto:deb.wilson@promedica.org">deb.wilson@promedica.org</a></td>
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<tr>
<td>Rose Durning</td>
<td>Immediate Past President</td>
<td><a href="mailto:rjdsuzie@aol.com">rjdsuzie@aol.com</a></td>
<td>Nancy McGushin</td>
<td>Standard Operations</td>
<td><a href="mailto:nmcgushin@yahoo.com">nmcgushin@yahoo.com</a></td>
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<td>Debbie Wolff</td>
<td>Historical</td>
<td><a href="mailto:debmwolff@yahoo.com">debmwolff@yahoo.com</a></td>
<td>ElizaBeth Cooper</td>
<td>Gold Leaf Chair</td>
<td><a href="mailto:ecooper622@yahoo.com">ecooper622@yahoo.com</a></td>
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<td>Iris Marcentile</td>
<td>Secretary</td>
<td><a href="mailto:imarcentile@gmail.com">imarcentile@gmail.com</a></td>
<td>Jane Booth</td>
<td>Scholarship</td>
<td><a href="mailto:Janebooth@fuss.net">Janebooth@fuss.net</a></td>
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<tr>
<td>Bonita Woodin</td>
<td>Treasurer</td>
<td><a href="mailto:Bonita.Woodin@ketteringhealth.org">Bonita.Woodin@ketteringhealth.org</a></td>
<td>Sue Guertin</td>
<td>Convention Chair</td>
<td><a href="mailto:sestraits@yahoo.com">sestraits@yahoo.com</a></td>
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<tr>
<td>Sharon Gallagher</td>
<td>Fundraiser</td>
<td><a href="mailto:Shern49@yahoo.com">Shern49@yahoo.com</a></td>
<td>Alabelle Zghoul</td>
<td>Education</td>
<td><a href="mailto:Azghoul4660@wowway.com">Azghoul4660@wowway.com</a></td>
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<tr>
<td>Debby Niehaus</td>
<td>Webmaster</td>
<td><a href="mailto:debbyniehaus@zoomtown.com">debbyniehaus@zoomtown.com</a></td>
<td>Tina Harvey</td>
<td>Snooze News Editor</td>
<td><a href="mailto:Tharvey3@wohrr.com">Tharvey3@wohrr.com</a></td>
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The deadline to nominate a colleague for ASPAN’s

Above and Beyond Service Recognition Award

is January 10, 2017!

Awards are given to individuals in recognition of exemplary service to ASPAN and/or their component.

Visit www.aspan.org
choose the members tab then the “awards” drop down for more information

Nominate an ASPAN colleague today and remember nomination deadline is January 10, 2017
The 2016 OPANA Fall Seminar was held on Saturday, October 22, 2016 at the Siegel Center, Mt. Carmel East Hospital in Columbus, Ohio. This year, we were privileged to have Lois Schick MN, MBA, RN, CPAN, CAPA as our speaker. Lois is a PACU Per Diem Nurse II at Exempla Lutheran Medical Center in Wheatridge, CO. She provides Educational Seminars on PeriAnesthesia topics for the American Society PeriAnesthesia Nurses (ASPAN). Since 1975, she has been an Entrepreneur presenting seminars and workshops for present PeriAnesthesia, perioperative and emergency nurses on pertinent topics. She has contributed to numerous nursing publications including being a co-editor for *PeriAnesthesia Nursing Core Curriculum: Preoperative, Phase I and Phase II PACU Nursing*. Lois is a charter member and Past President of ASPAN. She is also a Legal Nurse Consultant for PeriAnesthesia nursing cases. Lois is a dynamic speaker that presented various lectures throughout the day including, “Preoperative Preparation/Patient Education/Discharge Criteria; Physiological/Developmental Considerations of the Pediatric Patient; PeriAnesthesia Complications; The Pros and Cons of Marijuana Use in Healthcare; and LIFE IS TOO SHORT: LIGHTEN UP.” A total of 6 CE credits were awarded that day.

OPANA’s Service Project this year was Ronald McDonald House Charities of Central Ohio (www.rmhc-centralohio.org). We collected three boxes of items for their wish list including 55 gallon/tall kitchen trash bags, disinfecting wipes/spray, HE laundry pods, foil, scrubbing bubbles (bathtub), hand soap, sandwich Ziploc bags, and white wash cloths/hand towels. We also collected $70 in gift cards. We accepted monetary donations ($110) to also give to them. The proceeds from the Silent Auction ($275) were also donated to Ronald McDonald House.

The day began with registration and a continental breakfast. A warm welcome was offered by Teri Siroki BSN, RN (our OPANA President). There were five medical vendors to visit with during breaks as well as a silent auction, Chinese auction, and 50/50 raffle. Door prizes, including two donated/signed copies of the newest edition of the Core Curriculum, were also given away throughout the day. After a delicious boxed lunch, the OPANA Membership Meeting was led by Teri Siroki. The Outstanding Achievement Award was presented by Deb Wilson. This year’s recipient was Fran Wilson RN from NEOAPANA. An ABPANC presentation was given by Teri Shine BA, RN, CAPA. All of the CPAN/CAPA nurses present were acknowledged and posed for a group photo. The 50/50 raffle was drawn with a profit of $134. The Chinese Auction that was comprised of donations from OPANA components and members raised $308. We had a Rada Knife/OPANA fundraising table; ABPANC table; and several components had posters, highlighting their districts’ activities, for attendees to view.

We had a great 2016 Fall Seminar with 102 attendees! It was a wonderful day filled with superior continuing education, time for networking with fellow nurses and medical vendors, and a great opportunity to promote PeriAnesthesia nursing, OPANA membership, and CPAN/CAPA Certification!

Thank you to all of the OPANA Officers and Board Members for your help in making this a successful Fall Seminar. Thanks to all of the components and individuals that donated items for the Chinese Auction, Silent Auction, goody bags, and door prizes.

Thank you to Lois Schick for sharing with us her wealth of PeriAnesthesia nursing knowledge as our speaker this year and helping to draw door prize and raffle tickets!

CPAN and CAPA’s in attendance at the Fall Seminar
Opening ceremonies with OPANA President Teri Siroki

Raffle fun with Lois and board members

Two ASPAN Past Presidents, Lois Schick and Debby Niehaus. They are 2 of only 5 ASPAN members who have attended every ASPAN conference (35) since they started

OPANA Board members with Lois Schick

OPANA Treasurer Bonita Woodin with Immediate Past President Rose Durning
Mission Statement: The Northeast Ohio PeriAnesthesia Nurses Association’s Mission is to promote the profession of PeriAnesthesia Nursing and to enhance the quality of life for our members and the patients they serve.

On September 13, 2016, we had our first meeting at Mercy Medical Center. Dr. Stern presented “Anesthesia and Sleep Related Breathing Disorder in Adults and Children”. On October 11, 2016, our second meeting was held at Summa City Hospital. A panel of 4 healthcare providers including a cardiologist, 2 RNs, and a CRNA presented “What PeriAnesthesia RNs should know about a TAVR Procedure?”

Our 30th Annual Reverse Raffle will be Monday, October 24, 2016 at Guy’s Party Center in Akron. Cocktails at 6:30 PM and Dinner at 7:30 PM. Choice of Steak, Chicken, Fish, and Vegetarian. Tickets are $125 and include 2 dinners & 1 ticket in the main drawing or $100 if unable to attend but would like a ticket for the drawing. There are only 90 tickets sold. The winning ticket can win $3,500.00. We also sell side board tickets that evening. This is our main fundraiser for the year.

This year, at our November meeting, we are to bring donations of gently used duffle bags, totes, purses, and full size toiletries to donate to One Eighty (Every Woman’s House). It is a non-profit organization dedicated to the treatment of survivors of interpersonal violence and the prevention of such violence in our community (Wooster, OH). The shelter constantly needs new and gently used items for clients in the shelter, as well as those who are ready to venture out on their own. Other items graciously accepted: diapers, baby wipes, personal hygiene products, toilet paper, paper towels, adult & children’s clothing, appliances, furniture, and household items. We already had several donations brought in at our October meeting. We will be donating $250 to a local woman’s shelter this year.

1.0 CE will be offered at our monthly meetings. Students are welcome. For more information, please contact Sally Swartzlander at sls2005rn@gmail.com.

**NEOPANA 2016-2017 Meeting Schedule**

<table>
<thead>
<tr>
<th>DATE</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>11/8/16 7:00 PM</td>
<td>Mercy Medical Center (Canton, OH)</td>
</tr>
<tr>
<td>1/10/17 7:00 PM</td>
<td>Board Meeting (Location TBA)</td>
</tr>
<tr>
<td>2/14/17 7:00 PM</td>
<td>Akron General Medical Center</td>
</tr>
<tr>
<td>3/15/17 5:00 PM</td>
<td>Akron/Canton Food bank 5-7 pm</td>
</tr>
<tr>
<td>4/11/17 7:00 PM</td>
<td>Akron General Medical Center</td>
</tr>
<tr>
<td>5/9/17 7:00 PM</td>
<td>Dinner Meeting – Mulligan’s Pub in Canton</td>
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Reverse Raffle winner Fran Wilson with Teri Siroki and Debbie Wolff

Sally Swartzlander with duffle bag collection for Every Woman’s House
Greater Cleveland Ohio - GCPANA
Submitted by Patty Molder, BSN, RN

In May, GCPANA welcomed Carol Kruse RN as its new Treasurer and thanked Amy Hanna RN, CPAN for her many years as Treasurer. Jill Sharwark BSN, RN, CAPA will continue as President and Barb Lavalley BSN, BS, RN, CAPA as Secretary.

GCPANA held its September meeting and lecture on September 27th at Richmond Medical Center, Richmond Heights, Ohio. Twenty-seven nurses were in attendance to hear the presentation by Christine Garrett, MSN, RN-C. The lecture presented was Sepsis: The New Core Measure. One CEU was obtained by the attendees.

Children’s socks were collected and donated to the Ashtabula Head Start Program. GCPANA will continue to do philanthropic projects instead of fundraisers.

Northwest Ohio - NOPANA
Submitted by Debbie Wilson, MSN, RN, CPAN

The September 10, 2016 NOPANA meeting was called to order at Flower Hospital, Sylvania, Ohio by Debbie Wilson, President, at 10 am. The Minutes from the May 2016 meeting were presented and approved. The Treasurer’s report was reviewed and has been filed for audit. Next audit: July 2016.

Committee Reports:

Program: Speaker was Mary Jean Ohns, DNP, RN, CPNP, CCRN, from ProMedica Toledo Hospital EC and University of Toledo Associate Professor in School of Nursing. Topic is Congenital Heart Defects-Implications for Perioperative Nursing. Contact hours are available for the presentation. Request for ideas for future presentations and potential speakers. Any nursing topic is welcome. Deb Wilson will assist in arranging for contact hours for presentations. Please contact Deb Wilson with suggestions for speakers for upcoming meetings. Next meeting: November 2016 and February, 2017. Location will remain the same at Flower Hospital.

State Rep: (Deb Wilson) ASPAN 2017 National conference is late April in Indianapolis, Indiana. New ASPAN guidelines will be out late this year. ASPAN has issued a statement on anesthesia gases. OPANA fall conference is in Columbus on October 22, 2016. Charitable donations are being gathered for the Ronald McDonald House at the conference. Speaker will be the Lois Schick-National speaker to do entire conference. Registration forms available today. Board meeting is the evening before the conference and is open to all members. If anyone would like to attend the board meeting let Carol or Deb. Editor of the newsletter is looking for articles and news. Email the editor at tharvey3@woh.rr.com.

Visit OPANA web site at ohiopana.org. for district news, state news, conference notices and scholarship information. Scholarship funds are available from NOPANA and OPANA for attendance of organizational sponsored educational workshops. See Carol Zacharias for forms and information.

New business: Rada knives fund raising books available. Due back by Oct 31 and knives will be available before Thanksgiving. RN license renewal changes in state of Ohio - dates are being moved to November 1st due to a new computer system implementation. Open discussion related to community service project for the year.

Membership news: NOPANA - 42 members. OPANA total about 593 members. Flower Hospital is starting a perioperative residency program for new RN graduates. Toledo Hospital Surgery department has local high school Med Tech students precepting in Preop, Surgery and PACU. Currently 1 senior SN is completion their senior practicum hours in the PACU. Current all staff are completing education related to transitioning to a new EMR on November 1st.
District News continued

Dayton Area - DAPANA
Submitted by Brandy Mather, BSN, RN, CPAN, CAPA
The Dayton Area Peri-Anesthesia Nurses’ Association has been very active in preparing for our Fall Update. We have changed our regular meeting venue to the Kettering Medical Center-Dean Amphitheater. The date is November 5, 2016 from 8-1100. The officers have sent flyers to the local nursing schools and to the area hospitals inviting members and potential new members. A total of 2 contact hours will be awarded on the topics of Skin Lesions and Current Trends in Peripheral Nerve Blocks. We have set the date for our winter and spring seminars, February 4, 2017 and April 8, 2017 respectively. They will also be held at the Kettering Medical Center, speakers yet to be confirmed.

Tina Harvey, BSN, RN, CAPA and Brandy Mather, BSN, RN, CAPA were happy to represent OPANA and attend LDI held in Cincinnati on September 16-18, 2016. I had a great time networking with fellow nurse leaders interested in elevating the profession of peri-anesthesia nursing. We looked at the evolution of nursing from the time of Florence Nightingale through to today, how some of the same principles continue to be relevant. We learned the importance of research projects and evidence based practice and the consideration of ethics of patient care. We also talked about the importance of our professional organization, how to increase membership, and how to involve nurses across the generations. I, personally, am grateful for the opportunity to attend. I enjoyed learning from the dynamic leaders in the ASPAN organization.

Several members of DAPANA have been involved in the preceptorship program for area nursing schools. Julie Florence, BSN, RN and Carolyn Charles, BSN, RN from Sycamore Medical Center just completed precepting one student from Kettering College and two students from Sinclair Community college. They reviewed the ASPAN standards of care for patients beginning in pre-op through to Phase II discharge. The students gained knowledge of the critical elements included in the recovery and discharge of the surgical patient.

DAPANA members in conjunction with the Sycamore PPO/PACU Unit Council have collected food items for the Community Action Mission Program (CAMP). This program was established to meet the needs of residents locally in the Dayton Area. Each month there is a different theme of food items collected. For September, we collected spaghetti and pasta sauce, and for October, we are collecting canned soups and vegetables.

DAPANA members are also involved in several different Process Improvement projects in our facilities. Projects include Multi-modal treatment of PONV/PDNV, The Administration of Ketamine in the PACU, Hand-off Reporting, Surgical Preparedness for the Inpatient Patient, and The Peri-op Management of Pain Control in the Patient on Suboxone. We are looking forward to learning the outcomes of these various projects, many of which will be shared on poster presentations at the DAPANA conferences.

Cincinnati Area - CAPANA
Submitted by Debby Niehaus, BSN, RN, CPAN
CAPA educational meeting February 15, 2017. Save the date! We take our winter break with no meetings in December and January. Happy Holidays to all members and we will see you in the New Year 2017. Our next CAPANA meeting will be at the West Chester Hospital - Decreasing Opioid Sedation on Discharge from PACU by Heather Waugh, BSN, RN, CPAN and Postop Care of the Bariatric Patient with Sleep Apnea presented by Terry Cummings, BSN, RN.

The June 2016 CAPANA Legacy Award Winner was Sue Geary from Good Samaritan PACU. Sue has been a PACU nurse since 1975, a long time member of CAPANA, past officer and active workshop member. Melissa Dennis received her CAPA pin and a certificate at the meeting along with 3 CPANS who will receive their pin and certificate, Patrick Bobst, Brenda Huskey and Anita Brown. The ASPAN membership prize drawing was won by Paula Gough. CAPANA will host on May 20, 2017 the State OPANA meeting and workshop.
Medical Marijuana HB-523

Ohio became the 25th state to legalize medical marijuana when HB 523 was signed. It became effective September 6, 2016. Established parameters for using and producing must be followed. The Department of Commerce and the Board of Pharmacy will jointly administer the program. There will be a 12 member Advisory Committee made up as follows:

2 physicians
2 pharmacists
1 person to represent employer interests
1 person to represent agricultural interests
1 person involved in mental health treatment
1 patient
1 person representing law enforcement interests
1 labor representative
1 nurse

No home growing is allowed. No smoking is allowed. Authorized forms include marijuana oils, tinctures, plant material, edibles, patches, vaporization and other forms authorized by the pharmacy board. There are 21 recognized conditions for use and the state medical board may add others.

Great News!

NURSES DAY AT THE STATEHOUSE
MARCH 22, 2017

OPANA is once again a sponsor of the 2016 Nurses Day at the Statehouse

Join hundreds of nurses from across the state March 22nd to help bring awareness to nursing issues. Be part of the action and unlock you potential to be an influential part of Ohio’s political process!

View the tentative agenda and register here: www.ohnurses.org/ndash
SCHOLARSHIPS

2 Scholarships for a total of $150 were Awarded!

OPANA’s Mission and Vision

Our core purpose is to advance the unique specialty of PeriAnesthesia Nursing.

Our vision is to be Ohio’s recognized nursing association for providing and promoting PeriAnesthesia education, nursing practice, ASPAN standards and research.

Current CAPA/CPAN Certifications in Ohio

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Snooze News Publication Deadlines

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<td>June 1, 2017</td>
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<td>October 15, 2017</td>
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ASPAN
AMERICAN SOCIETY OF PERIANESTHESIA NURSES
MEMBERSHIP Information; Benefits
Submitted by Rose Durning

Steps to Join:
www.aspan.org
Members tab
List on right, select members
Select application

Steps to View OPANA web page:
www.ohiopana.org
Scholarship information
Certification information
Region 3 members and our partners

Reasons to join
Registration fee covers membership to ASPAN as well as OPANA and local district
Scholarship money available from state and district
Seminar information and discounted rate to attend
Subscription to JOPAN journal Breathline newsletter available on-line; ASPAN’s newsletter
Peers recognition and awards programs
Specialty Practice Groups, Clinical Practice Groups
Research Grant Programs; Joanna Briggs Institute for articles
Opportunity to host an ASPAN Seminar
Network with State and local organizations
On-line forums
Governmental affairs, Professional Partnerships, Committee and strategic work
Free Contact hours at district meetings

Web Master Corner
Debby Niehaus

Id like to hear from all members who wish to submit pictures from meetings, conferences or ASPAN meeting as well as district and state updates for the ohiopianna.org website. Please email any information you wish posted or contact your district representative to have it put on the website.

Email: debbyniehaus@zoomtown.com
Newly Certified CPAN and CAPA Nurses

Congratulations to you all!

**CPAN**
- Melissa Sebok
- Denise Landreth
- Natalie Sherry
- Frances Foster
- Angela Sotka
- Susan Shoepf
- Tarin Norris
- Robert Crane
- Allison Center

**CAPA**
- Anna Jo Savati
- Abbie Zippert
- Teresa Brubaker
- Tracy Stevens
- Crystal Pelfrey
- Kristin Anderson
- Jacqueline Knaufl
- Ronda Lands
- Nancy Hopkins

**Certified Coaches**
- Martel, Denise, RN, CAPA
- Mather, Brandy, BSN, RN, CPAN, CAPA
- Mayell, Lisa, BSN, RN, CAPA
- Prince, Catherine, RN, CPAN
- Salley, Teresa, MSN, RN, CPAN, CAPA
- Wilson, Debbie, RN, CPAN
- Zghoul, Alabelle, BSN, RN, CPAN

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### Important Dates

**Spring 2017 CPAN and CAPA certification test**

Registration window is
**January 9 to March 6, 2017**

Examination window is
**April 3 to May 30, 2017**

All registration is online
Information can be found at [www.cpancapa.org](http://www.cpancapa.org)

ASPN members receive a $100 discount on the registration fee.

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### Calling For Nominations For May 2017!

**Attention OPANA Members!**

It is time toNominate fro Secretary and Vice President/President Elect for 2017-2019.

I need your help. A candidate must have been an OPANA board member at one time. We have our winter board meeting on **January 7, 2017** and would like to have some names submitted.

Please contact me: Rose Durning at rjdsuzie@aol.com or (937) 361-7488 or President Teri Siroki at chatenay@live.com if you have someone you would like us to approach or would like to nominate. Thank you so much for your help.
PeriAnesthesia Nurses Awareness Week ….February 6-12
Plan to celebrate and recognize your colleagues during PANAW 2017!

Please send in pictures of how your facility celebrates PANAW!

ASPANS 2017 National Conference is April 30th – May 4th 2017
at JW Marriott Indianapolis

Registration is now open online at aspan.org
go to www.visitindy.com to check out all there is to see and do in Indianapolis!

St Elmo Steak House
Foodandwine.com

Indy Motor Speedway
Flickr.com

Children's Museum
childrensmuseum.org
OPANA Outstanding Achievement Award 2016

Each fall OPANA recognizes members with the OPANA Outstanding Achievement Award. Nomination criteria include actively involved members in district and/or state, serving as a chairperson or officer, committee membership, community activities related to health education and activities promoting PeriAnesthesia nursing. For a full list of criteria and nomination forms please see “Award Resource” on the OPANA website. Award winners receive a framed certificate and a monetary award.

The first place award was presented at the Fall 2016 conference to Fran Wilson, RN a district member of NEOPANA. Fran Wilson recently retired after 46 years in nursing. She has been an active member since 1997. Fran has held the office of NEOPANA Treasurer for over 6 years, NEOPANA By-Laws committee chair, Conference committee, fund raising for district and OPANA Board Member. She has held a variety of positions over her long nursing career including PACU, ICU, CCU, ER, med-surg, pain management and a variety of management positions. Fran was awarded the NEOPANA 2016 Member of the Year Award.

The second place award was presented to Sharon Gallagher, RN, CAPA. Sharon Gallagher has been a perioperative nurse for over 28 years. She has been very active in CAPANA and OPANA. She currently is CAPANA President and OPANA fund raising chair. In the past she has held many offices including OPANA Treasurer and Membership chairperson for over 10 years. Sharon is described as an Ambassador for PeriAnesthesia nursing by not only being certified in her specialty but throughout her career as a bedside nurses in the care of her patients.

Congratulations
Fran Wilson, RN and Sharon Gallagher, RN, CAPA!

Deb Wilson presenting award with Teri Siroki to Sharon Gallagher
OPANA president Teri Siroki accepting award for Fran Wilson
Letter From the Editor
Submitted by Tina Harvey, BSN, RN, CAPA, CPAN

I hope this edition of our newsletter finds all of you healthy and looking forward to upcoming opportunities to grow in your profession. ASPAN’s 36th National Conference is quickly approaching and Indianapolis is a wonderful city not to mention a short car ride for most of us Buckeyes! So check out ASPAN’s web site for details on how to register. Consider inviting a first time attendee to share this networking experience.

Now even thought spring seems far off, you may want to consider saving May 20,2017 as our Cincinnati component will be hosting the Spring State OPANA Meeting and Workshop. Please check out our OPANA website for more updates and details!

Congratulations! We have listed the names of newly certified CAPA and CPAN nurses. These certifications are something to be very proud of. I hope this inspires others to join the ranking of certification as well. Also listed are future testing dates and certification coaches which can help prepare you. In addition to these resources, you may want to consider attending the certification review classes held at the National Conference in Indy or the certification review course sponsored by the University of Cleveland on March 4, 2017. Please contact the Greater Cleveland—GCPANA Rep for more information about this opportunity.

Snooze News is always looking for EBP articles to share with our fellow nurses. Please consider submitting yours to be in our next newsletter. We really do learn so much from each other by all that we do and contribute. Thank you!