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Regional Director Report

It is difficult for me to believe that a year has passed since my election as your Regional Director! I believe the coming year will prove to be as exciting as the past year. I have enjoyed watching component leadership and their components grow. ASPAN membership now numbers over 14,000!

ASPAN is committed to offering support for component leaders. One offering is the Component Development Institute (CDI). I attended my first CDI last September in Portland, Maine. Even though I have been an active ASPAN committee member

since 1989, I learned so much.! CDI is an excellent source of information, as well as ideas on how to strengthen your component. Attendance assures networking opportunities for new and seasoned component leaders. Please consider sending 2 representatives from each Region 3 component to CDI in Louisville, KY., September 10th, 11th & 12.

Important ASPAN Dates:

Scholarship applications: Due to ASPAN July 1st of each year..

ASPAN Research Grants due June 30th and March



30th of each year.

JoPAN Cover Photo Contest due by February 18th, 2011 for 2012 volume year.

PANAW: 1st week of Feb. 2011.

ASPAN 30th National Conference, April 3-7, 2011, Seattle, Washington.



INSPAN's President Charlotte West and President-elect, Kyra Hiatt at RA.

Indiana Celebrates 25 Years

The year 2010 has brought the celebration of 25 years as an ASPAN chartered component. Martha Clark presented the certificate of recognition at National Conference.

Another accomplishment includes a new website

which is currently under construction. President, Charlotte West wants to get a mentoring program up and running for future leaders.

Vice-President Kyra Hiatt has set goals of building an evidence-based practice

and collaborating with KSPAN & ILSPAN to offer an educational program at St. Mary's Hospital in Evansville, Ind.

The fall conference is set for September 25th in Indianapolis with Lois Schick as the speaker.

Illinois Component



ILSPAN "Float" at Component night utilizing a pirate theme

Congratulations to the Illinois Component for an absolutely fantastic room design at the closing breakfast of ASPAN's National Conference. The room was beautiful! You all made Kim's Inauguration as ASPAN President an event to be remembered.

Sylvia Baker, ILSPAN President, recognized that the component has strug-

gled with recycling "Old Blood" and has challenged board members to bring a guest to board meetings. Sylvia would like to establish a "Go to Meeting" as an alternative method for conducting board meetings.

Keith Schumacher, ILSPAN Immediate Past President, was instrumental in leading a petition to the Illinois Department of Pub-

lic Health for allowance of visitation in the PACU. The petition was voted on and approved May 12th.

Congratulations go out to Jane Reinschmidt on her election as ILSPAN Vice-President.

ILSPAN's fall conference will be October 2nd at May Conference Center-DePaul Health Center, Bridgeton, MO .

Kentucky Component



KSPAN members enjoy closing breakfast

The Kentucky Component has experience significant growth through their own "Stimulus Package". The first ten new members were offered a \$50 deduction on their annual dues. Twelve new members applied and all twelve received the stimulus offer-

ing.

Donna Thompson was installed as KSPAN President at the fall conference. Donna has implemented a mentoring program for new members with all board members assigned to mentor new members. New

members are encouraged to attend board meetings of which 2 are conducted during spring and fall conferences. Other initiatives include: Offering an ASPAN seminar in August, implementation of phone conference for the winter board meeting.

Michigan Component



Arlene Reinhart & Terri Gray attend RA

The Michigan Component implemented an internship program this past year and are now reaping the rewards.

Congratulations to Teri Gray on her installation as President-Elect at the

Spring Conference May 1st.

The Michigan Component has hosted 2 national speakers this past year: Barb Bancroft at the Fall Conference and LeAnn Thieman at the Spring Conference.

Please check out their website which features a running message of encouragement for attendance at conferences.

MAPAN Fall Conference is planned for October 16th at Oakwood Hospital in Trenton, MI.

Minnesota/Dakotas

When asked if there was anything MNDKSPAN President 2009-10 would like to add to this newsletter, Gerrie Maslowski responded, "MNDKSPAN has been fortunate to have/had very good people on the BOD thru out the years!"

Gerrie also added Minnesota/Dakotas component uses conference calls for

their board meetings, are looking at doing web conferencing, and have recently updated their website. A visit to their website under Renew/Join, lists Benefits of Membership. The website also features a list of newly certified nurses. Beginning in the fall 2009, MNDKSPAN will reimburse 6 members per year for 1/2 the cost of

recertification with a random drawing of 3 in the spring and 3 in the fall.

MNDKSPAN Fall Conference will be September 25th at Breezy Point Resort and Conference Center in Brainerd, MN. Online registration to be available!



Julie Somheil & Gerrie Maslowski enjoy a break during RA

Wisconsin Component

The Wisconsin Component filed articles of incorporation last year.

Wisconsin offers three and sometimes four conferences each year. The fall conference will be held in Door County, at the Landmark Inn & Resort, Egg

Harbor, September 17th - 19th. I hear from previous attendees that it is a fun and educational event.

Educational events are published using their website, mailings, and postcard reminders. Please visit: WISPAN-ASPAN.org to

see all educational events.

Congratulations to Stephanie Kassulke on her election as President-elect beginning July 1st!



Cyndi Siebel-Mohler & Sue Matheys enjoy a break during RA

West Virginia Component

The West Virginia Component continues to grow and strive! President Tracy Underwood has cautioned board members to "Hold on to their Knickers" as rebuilding of the component continues. President Underwood has taken Gold Leaf criteria to set goals and formulate committees.

Both she and Raquel Evans, Vice-President, are planning on putting together a presentation, "What can ASPAN do for me" and presenting it at hospitals to increase membership and awareness of ASPAN.

Board meetings have been

held most every month via teleconference.

West Virginia is very appreciative for the help given by ASPAN and contributed \$1 for each member to Dolly Ireland, Development, at national conference.

Fall Conference: November 20th, at WVU, Morgantown.



Raquel Evans & Tracey Underwood lead WVSPAN.

2009-2010 ASPAN Gold Leaf Award goes to the Ohio Component



The first ASPAN Gold Leaf Award was bestowed in 1995 on the Florida Society of Perianesthesia Nurses. Since the initial winners, thirteen components have been recognized with the Gold Leaf Award. Only PANAC has been recognized twice.

The purpose of the Gold Leaf Award includes the following:

Excellence in component leadership and member development, communication, education, relations.

Encourage quality component management.

Recognize with distinction and visibility the efforts and results of meaningful activities that build standards.

The above criteria were taken from: <http://www.aspan.org/Members/Awards/GoldLeafAward/tabid/3247>. Last accessed 5/20/2010. The Gold Leaf Award is presented each year at national conference for efforts from the previous year.

OPANA President, Nancy McGushin, was requested to speak about OPANA's road to the Gold Leaf Award during the Region 3 Component at national conference in New Orleans. Nancy stated that a few years ago OPANA had fallen on hard times, conferences were not well attended. During that period, Teri Shine, started the transition that led to achievement of The Gold Leaf Award.

Nancy went to relate that the first time the application was submitted, not too many points were received, the second time was better. Debby Niehaus stepped up to become the web master and Renee' Garbak stepped up next as the newsletter editor. Nancy encouraged all Region 3 Component leaders to use the Gold Leaf criteria as a road map to improve their components. Jane Lind, Chair of the Membership and Marketing Committee, who gave a presentation about the Gold Leaf Award during the Region 3 meeting, echoed Nancy's words. Jane encouraged each component to submit an application for the Gold Leaf Award and to monitor component improvement each year.

Nancy would like to thank each OPANA District for their hard work in achieving The Gold Leaf Award! In continuing to move forward, President McGushin states her goal for next year will be to start a mentoring program.

Congratulations to President McGushin and members of the Ohio Component on their achievement! Please check the ASPAN website for further information and applications for The Gold Leaf Award 2010.

Questions from Region 3 Leaders for discussion at CDI.

- 1. Where do other components store their records? Submitted by Cyndi Siebol-Mobler, Past-President WISPAN*
- 2. How is your component governed, specifically the financial piece? Submitted by Donna Thompson President KSPAN*

Please contact me with any questions for discussion at CDI.

MEMBERSHIP AND MARKETING COMMITTEE

Since 1989, I have served on many, many ASPAN committees, however, the Membership and Marketing Committee was one that I have never served as a member. This year I was appointed by ASPAN President Kim Kraft to serve as a link between the Membership and Marketing Committee and the ASPAN Board of Directors. Thus far, I have stood in awe of the work accomplishments of this committee and thought many ASPAN members may not be aware of the activities this committee coordinates. For instance:

- ◆ **Coordinates activities related to Marketing and Public Relations.**
- ◆ **Identifies and develops strategies for marketing ASPAN to peers, students, and the public**
- ◆ **Works with National Office in development, review and distribution of ASPAN marketing information.**
- ◆ **Coordinates activities for PeriAnesthesia Nurse Awareness Week (PANAW).**
- ◆ **Administers ASPAN's annual Award for Outstanding Achievement, Gold Leaf Award, Recruiter of the Year, and Star Awards.**
- ◆ **Management of the ASPAN Shoppe at National Conference.**
- ◆ **Collaborates with other Committee Chairs and Board members to promote the image of ASPAN and the awareness of perianesthesia nursing practice.**

The Membership and Marketing Committee is chaired by Jane Lind, who is pictured on the previous page presenting The Gold Leaf Award to OPANA President, Nancy McGushin, at National Conference in New Orleans. A listing of committee members can be viewed on the ASPAN website. In fact all ASPAN Committees and their members can be viewed on the website. To serve on this committee, or any other ASPAN committee, please submit the Willingness To Serve Form available on the ASPAN Website by October 31. Appointment to ASPAN committees is made by ASPAN Vice President/President-Elect with term of service on a yearly basis.

Thanks to Jane and her committee for all you do for ASPAN members!

Martha L. Clark MSN, RN, CPAN

Regional Director Region 3

Region 3 Fall Conferences:

Illinois: October 2nd,

Indiana:: September 25th.

Kentucky: November 13th.

Michigan: October 16th.

Minnesota/Dakotas: September 25th.

Ohio: October 16th.

West Virginia: November 20th.

Wisconsin: September 17th-19th.

Please check out each component's website for further information.

Martha L. Clark MSN, RN, CPAN

Regional Director Region 3

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ASPAN: Region 3

Let me begin with WOW!!! What an electrifying, magnificent, lively 29th ASPAN National Conference in New Orleans this past April. Thank You to Terry Clifford and the Organizational Team! What a wonderful job again this year. All of your hard labors really paid off. I still find myself telling my co-workers, family and friends about what an amazing time I had. If you had the opportunity to attend this year, you understand that I'm not exaggerating. Component Night's theme "Laissez Les Bon Temps Rouler" or "Let the Good Times Roll" well suited the atmosphere in New Orleans. I must say, "The Component tables were fun this year!"

What a vibrant opening ceremony session, it truly set the tone for the days to come. I now understand why New Orleans acquired the title the "Big Easy." The Marching Band and talented entertainers really energized me. I can not say enough about all of the expert speakers this year. As well as all of the wonderful education, information and networking that occurred, most without even realizing it.

After the experience of Representative Assembly and Opening day, I could not wait to meet with Region 3. Let me introduce myself, I'm Raquel Evans a newly elected Vice-President elect of the West Virginia Component, as of March 2010. I have been an ASPAN member since 2007 and this was my second National Conference. I just wanted to share with all of ASPAN, WVSPAN, Region 3 and our Region 3 Director, Martha Clark, MSN, RN, CPAN, how honored and grateful I am to have had these opportunities to share, learn and grow. I truly feel that with the knowledge and support from such wonderful members that anything is possible.

Even though I am just a part-time (24 hour a week) PACU, Pre & Post Operative nurse at West Virginia University Hospital, also known as, Ruby Memorial, I truly believe that being a part of a professional organization, like ASPAN, has encouraged me to take on a little more and attempt projects that will help advance patient care and support and improve nursing practice in my home units. I have also had great support for growth from my Perioperative Director, Myra Beech, RN, BSN, MBA, NE, BC, Manager for Same Day Pre & Post-Op, Joan Dils, RN, BSN, Main OR Manager, Jackie Sions, RN, MSN, CNOR, NE-BC, Main OR Pre & Post Op, Pam Hart, RN, BSN, CPAN, June H. Larrabee, PhD, RN, Professor at West Virginia University School of Nursing, Clinical Investigator, and Author, not to mention every colleague in the department. With the encouragement and support from my department, I accepted the Chair of our Perioperative Research Utilization Team as of August 2009. Our research utilization team is working hard to improve practice every day. We currently have two projects in progress: Nursing and Technology Project and Perioperative Glycemic Project,

I felt after attending the 28th National Conference in Washington D.C. in April 2009, I could take on the world. Along with my WVSPAN President, Tracy Underwood (Estep), and the support from ASPAN and WVUH, we plan to do just that. At least attempt to revitalize our component, WVSPAN. WVSPAN is redesigning and recruiting for energetic and excited nurses that want to be a part of positive force. Spread the word to your colleagues! Look for us, in your West Virginia Perianesthesia Departments presenting in the Fall of 2010 and the Spring of 2011. Each of you can make a positive difference in your unit's practice by getting involved today! ASPAN is a wonderful group of professional nurses that provide a great knowledge base and an environment to learn and grow for members. If you are an ASPAN member, "thanks" and please continue your membership. If you know of any nurses interested in joining ASPAN, WVSPAN component, please contact:

Tracy Underwood (Estep), WVSPAN President: 304-598-4000 Ext. 78403

Region 3 Component Leaders, I extend a big "Thank you" to each of you for sharing and networking at our annual meeting at the 29th National Conference in New Orleans in April 2010. Each of you have personally encouraged Tracy and I to move forward in pursuit of our dreams for our component. The sharing of past accomplishments as well as failures have given us great insight of the curving road ahead. We plan to proceed with caution and knowledge because of support from each of you. For this we are very appreciative. We hope one day we can help new members as much as you all have helped us!

My new motto is that I refuse to consider failure, but only learning opportunities. I'm sure I will have many in my adventures ahead. ASPAN is so much more than just another professional organization, it feels more like a family. Take Care and hope to see you all again next year at the 30th ASPAN National Conference in Seattle, Washington.

Respectfully submitted,

Raquel Evans, BSN, RN

President-elect WVSPAN 2010-11

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