

Dear ASPAN member,

Greetings from the CAPANA board!! Through your ASPAN membership, you have the wonderful opportunity to be involved in your district, which is CAPANA (Cincinnati Area Perianesthesia Nurses Association). The CAPANA mission statement is to advance and promote the unique specialty of perianesthesia nursing through professional education, the exchange of knowledge, research and standards of practice. The board is planning another banner year of excellent speakers, programs and conferences to carry out our mission. This program year includes an opportunity to celebrate CAPANA's 40 year anniversary in 2019 and we want to make this year our strongest membership year ever.

We are reaching out to you to encourage you to **renew your ASPAN membership** so that you can enjoy the many benefits of being an ASPAN member, including participation in CAPANA. Your ASPAN membership offers reduced registration costs to seminars and conference at OPANA state and ASPAN national meetings, as well as, free contact hour opportunities. By attending CAPANA monthly meetings, you have access to networking opportunities and discussions of current changes in perianesthesia care with other nurses from facilities in Cincinnati and surrounding areas. At our monthly meetings, we have CE programs on topics to assist in staying current in your practice, along with the half day March Workshop (see attached program schedule).

For more information about OPANA and CAPANA, visit our website www.ohiopana.org under the heading of District 1 and you will find current CAPANA meeting information, contacts and the latest edition of the newsletter.

Don't delay, take the time to **renew your ASPAN membership** today! To renew your membership, log into www.aspan.org for easy online renewal.

Please feel free to contact myself or any of the CAPANA board members (see attached) with any questions or to find out how you can get more involved in your district.

Sincerely,

Diane Thompson
CAPANA President 2018-2019