

OPANA WINTER BOARD MEETING-2019

Conference Call

January 12, 2019

Sally Swartzlander: President

Teri Siroki: Immediate Past President/Facilitator/ Timekeeper

Called to Order: 11:04am

Attendance: Sally Swartzlander (NEOPANA), Beth Cooper (NEOPANA), Teri Siroki (NEOPANA), Bonita Woodin (DAPANA), Iris Marcentile (COPANA), Tina Harvey (DAPANA), Jane Booth (CAPANA), Nancy McGushin (COPANA), Jean Kaminski (NEOPANA), Debby Niehaus (CAPANA), Alabelle Zghoul (COPANA), Kate Horner (GCPANA), Debbie Wilson (NOPANA): Guest-Linda Armstrong-At Large Board Member.

Absent: Sharon Gallagher (CAPANA), Alabelle Zghoul (COPANA), and Brandy Mather (DAPANA).

Secretary's Report: (Iris Marcentile): All board members have read and approved the minutes with corrections noted to the membership minutes and changes made pre-meeting to board minutes.

Motion to approve Fall Board minutes made by **Debby Niehaus**; 2nd by **Jane Booth**.

Motion to approve Fall Membership minutes made by **Nancy McGushin**; 2nd by **Debby Niehaus**.

Treasurer's Report: (Bonita Woodin):

Beginning Balance: \$11,691.16

Expenses: \$7725.82

Income: \$10,328.25

Ending Balance: \$12,537.83

Had a net increase of \$846.67 by dropping gas mileage rate and going to conference call in January instead of in-person meeting.

Motion to approve Treasurer Report was made by **Teri Siroki**; 2nd by **Debby Niehaus** .

Membership: (Bonita Woodin): **Total Membership:** 472

District Membership Numbers:

CAPANA: 105

GCPANA: 132

COPANA: 94

NEOPANA: 49

DAPANA: 53

NOPANA: 39

Presidents Report: (Sally Swartzlander):

RA Representatives-Beth and I will be the primary representatives. We need to know who else from the OPANA board will be attending the National Conference and who would be eligible to serve as alternate representatives. Iris Marcentile (Secretary) will be first alternate, Debby Niehaus will be 2nd alternate for RA.

ASPAN Update-Please help us represent OPANA at the RA in Nashville. We need you to vote for the 2019-2020 ASPAN Slate of Candidates by 2/28/19. Please remind your fellow members to also vote! Also, the call for Resolutions for the 2019 ASPAN Representative Assembly is due by 2/4/19. The 2019-2020 ASPAN Standards are now available through the ASPAN website. National Conference is now open for registration. Check the ASPAN website for the new online store, the list of winter web casts and seminars as well as info on Mosby's Orientation to Perianesthesia Nursing. There are also free CEs available through ASPAN. FLASPAN is hosting a cruise this year for their 50th Anniversary.

Fall Seminar 2018-Thank you for all the hard work that everyone put forth to make this a success! It was a great day! It was great to have Meg Beturne from MA as our speaker. The food was delicious. Thanks to all who brought donations for the goody bags, door prizes, and raffles. We raised a total of \$1,216.00 from our 2 raffles and 50/50 drawing. We gave \$304 (25%) to Hope Hollow from the fundraising that day. Hope Hollow received \$1,142.00 in cash/check donations that day as well as almost \$100 in gift cards. It was a great to be able to celebrate our amazing achievements for the 2018 ASPAN National Conference with the rest of the OPANA members. The cake and Graeter's ice cream were very much enjoyed!

PANAW 2019-Time to celebrate our specialty! Please send any PANAW pictures to Debby Niehaus for the website and Tina Harvey for the newsletter. Also send to for possible inclusion in Breathline.

Spring seminar 2019- 40th Anniversary for OPANA. Pens donated from OPANA for goody bags. Hosted by NEOPANA. Will be May 18, 2019 in Akron, OH. Details and flyer with more info will be coming soon!

Vice President/President Elect Report: (Beth Cooper): Hello Board and Happy New Year! I will report on:

1. National Conference
 - A. Component Night Sunday May 5th. 7-9pm. Component Night Plans for National Conference-"Diamonds and Denim" is the theme! Please wear denim is a request. Also do we have some line dancers and karaoke singers? You will have an instant fan club if you want to participate! Read the memo in the program book. I believe if you have hats or scarfs from San Antonio and want to ear them-it's fine.
 - B. OPANA "meet and Greet" at conference opportunity. TBA
 - C. Group Photo shot. TBA
2. Fall Conference Date is set for Saturday October 5, 2019

This is our last night to celebrate our 2018 accomplishments-like the GOLD LEAF AWARD winner, NEWSLETTER AWARD winner, SHINIG STAR recipient.

RESEARCH POSTER WINNER, ABPANC BOARD MEMBER...and whatever else I can't recall. We did very well!!!

So I propose to do an "OPANA Booth of FAME" theme. I have an idea for an overhead display saying that and circles that resemble records. We of course would have a Gold Record for Gold Leaf. (Actually we could have 2 gold's) plus we have won the shining star enough to have a "platinum record" and put dates on it.

I want to have "gifts" for OPANA attendees again. I believe that if helped newcomers that night. I have guitar picks that could be made into OPANA or magnets. I was going to use the picks for another project unrelated to OPANA. But I have 48 of them right now. I also have big Popsicle sticks to make fans. I also have some friends with cricket machines. They can say "I'm an OPANA fan". I will have certificates of congratulations to 2019 speakers.

Let's have fun! We Earned it. We can give out Buckeyes/Harry London candies and do a 50/50 raffle.

I will get a roster from ASPAN to get a head count of OPANA attendees. That leads to our OPANA meet and greet. We can do it Monday or Tuesday night-as far as I can tell. Last time I was in Opryland Hotel-there was many possible places to meet. I want to check with Courtney about a meeting area this week and know by phone conference hopefully. I will check into what could be brought in food wise. We had 59 OPANA members attend in California. So who knows how many will come to Nashville. Maybe we could get a meeting room and have some sweet tea and munchies for 2 hours. I am game for what you want. I do want to get an invitation published in the National Particulars daily letter.

A word of caution to anyone driving. Opryland is located off Briley parkway. Briley Parkway has been in the top ten places for car wrecks in Nashville since the 90's. Be careful friends.

Group photo-we traditionally get a photo on Wednesday night before Presidents reception. There are plenty of places in the hotel for a great shot. Here again-I would like to plan for Wednesday at 6:30pm. Depending on the size of crowd will determine location. I know there was a grand staircase where the County Hall of Fame Members Plaques were kept.

Sally addressed that your feedback will be greatly appreciated on the candidate vote for officers. I hope you all have looked at the ASPAN candidates for 2020. Honestly the committee gave us excellent choices.

FOR VICE President: All four are coming off the board and did a lot of work in their respective roles. Kind words were said about each of them at LDI about their service.

Region 3: We have 3 choices. I personally sat by Deb Moengen last year at RA. She is from Nebraska. and I talked to her again at LDI. I don't know the other 2 candidates.

Sally and I are your voting members at Representative Assembly. Your feedback is especially appreciated. We read the bios like you. We also attend "meet the Candidates" on Saturday night and hear their speech again at RA. Remember we are voting for all the candidates.

In Summary for National Conference: I will get a number count from ASPAN and plan to make pins and fans. I know it was cheaper to buy the can of candy from Harry London in Canton, but we had leftovers. If we have leftovers again I will bring them to meet and greet. I will check on getting a room for a meet and greet.

Fall conference date is set for Saturday October 5, 2019. Thank you to Sue for securing the Mt. Carmel East Siegel Conference Center on Friday evening and Saturday. Sue is looking into an alternative hotel. I believe she still has the Holiday Inn as a backup. I asked Sue if there is any Marriott facilities close since ASPAN is using them for National Conferences. Stay tuned on that....Our Education Board member Alabelle suggested we support some services trying to help Human Trafficking victims. Ohio is #4 in the country with reports of this severe problem. Trafficking includes sexual abuse, organ procurement and unpaid human labor. Katrina Bickerstaff has a presentation at National Conference on recognizing victims. We asked for feedback on the evaluation form regarding single speaker and had a high response asking multiple speakers.

I look forward to seeing you all either in Nashville or Akron.

Immediate Past President/Nominations: (Teri Siroki): In the odd numbered years we select the Vice President/President Elect and Treasurer. Bonita has agreed to serve for another term as Treasurer. We are in need of someone to serve as VP/PE. If anyone is interested in running for this position, please let me know.

Government Affairs: (Jean Kaminski): **Licensure**-There has been much criticism over licensure for many jobs which due to challenges for some to enter the job market. One in four jobs now requires licensure.

Since a 2015 report, the government is looking at existing licensure to make sure it is not overly burdensome and also to improve portability across state lines.

Nursing is not an occupation that's included in the current grant-funded research, but there are potential effects for the profession as occupational licensure reform increases.

Removing licensure or modifying licensure standards for other healthcare workers can influence nursing practice and care, as well as services delivered. Specific to nursing veterans with healthcare experience are awarded credit in lieu of completion of a nursing education program for eligibility to take the NCLEX. Removing the licensure requirement for nursing assistants, medication aides and/or similar healthcare workers has caused mixed reactions for the healthcare worker, the employer, and patients/consumers.

“Reforming America’s Healthcare System through Choices and Competition.” This report was released December 2018. It describes how state and federal laws, regulations, guidance, and policies on choice and competition in health care markets and identifies actions that states or the federal government could take to develop a better functioning health care market.

Recommendations:

1. The federal government and states should consider legislative and administrative proposals to allow non-physician and non-dentist providers to be paid directly for their services where evidence supports that the provider can safely and effectively provide that care. The report recognizes the role that RNs and APRNs play in patient care and recommends that the federal government and state governments should allow RNs and APRNs {and other allied health professionals} to practice to the full extent of their education and training.
2. States should consider elimination requirements for rigid collaborative practice and supervision agreements between physicians and dentists and their care extenders (e.g., APRNs, physician assistants, hygienists) that are not justified by legitimate health and safety concerns.
3. The report also promotes the use of telehealth services, noting that, “telehealth has great potential to improve access in underserved locations, reduce costs, and generate improved short-and long-term health outcomes.”

Historical: (Debbie Wolff): Working on Past Presidents-Debby Niehaus is sending information.

Standards Operations: (Nancy McGushin):

1. I may not be able to attend the meeting as I am on call and no one has been willing to pick it up as yet. Please review this report and let me know if you have any questions prior to the meeting on Saturday to allow me to update it.
2. Review of the Bylaws and Policy & Procedures was completed the day after the 2018 fall seminar by Beth Cooper, Nancy McGushin, Debby Niehaus, Sally Swartzlander and Bonita Woodin. Many thanks to all who participated!
3. Please review the proposed changes (attached to the report email) and have any questions ready for the phone conference.
After discussion with Debby, we would like to withdraw the proposed change to the requirements for the President’s job description (**10-010 President**). We remembered that we originally inserted that requirement a few years ago to cover the event that a president would not be able to fulfill the rest of her/his term and there is no VP. The requirement would prevent someone with no previous OPANA experience from assuming the position. The passage reads **“Has held a position on or served as the leader of a committee of ASPAN, OPANA, or a District of OPANA within the past 3 years.”**
4. Note that the only Bylaws’ change that needs membership approval is the deletion of the word “written” in Section 3.1 Qualifications of Membership. This change is needed as applications are new electronic. The rest of the amendments are to correct grammar and punctuation and should not need a vote by the membership.
It was decided that the change mentioned above does not need a membership vote as the application process was not changed; we just eliminated the restriction of using written applications. The new wording allows for all ways an application can be submitted.
5. If approved by the BOD, notification of the Bylaws’ revision would go to the Membership through the District Representatives and will be posted on the OPANA website. Voting by membership will occur at the Spring Membership Meeting.
6. Policy and Procedure revisions can be approved by the BOD. Debby has agreed to present these for voting if I am not present at the meeting. If they are approved, I will make the

permanent revisions and send the electronic version to the OPANA BOD, to Debby to post on the website and to ASPAN to update our documents there. The OPANA Executive committee will need to save them to their OPANA jump drives.

7. Bylaws will receive the same process after Membership approval.

****Areas highlighted in yellow are areas that will be cut from Bylaws.****

There was a motion by Debby Niehaus and 2nd by Teri Siroki about the amended report-do not know exactly what the motion was-I know it was about accepting bylaws-?approval date. I know the motion carried. Debby Niehaus then made a motion to accept Policy and Procedures has presented with Debbie Wilson 2nd.

Motion to approve Bylaws made by **Debby Niehaus**; 2nd by **Terri Siroki**. Motion approved.

Motion to approve Policy and Procedures made by **Debby Niehaus**; 2nd by **Debbie Wilson**. Motion approved.

Fundraising: (Sharon Gallagher): (**Absent**): Report sent to Secretary.

2018 Income:	RADA Knives
1/10/2018 Fall Sale:	\$25.75
3/17/2018 C&C	\$42.00
3/17/2018 C&C	\$33.75
4/14/2018 C&C	\$131.50
10/6/18 C&C	\$32.75
12/1/2018 C&C	\$22.50
Fall Sale: CAPANA	\$618.15
COPANA	\$648.50
DAPANA	\$710.25
NEOPANA	\$795.75
NOPANA	\$943.50

Total Fall Sale: \$3, 716.15

Net Profit Fall Sale

Total RADA Knives \$4,004.40

OPANA Pens

1/10/2018 \$15.00

3/17/2018 \$5.00

4/14/2018 \$5.00

Total OPANA Pens \$25.00

OPANA NAIL FILES

3/17/2018 \$10.00

4/14/2018 \$15.00

10/6/2018 \$10.00

Total OPANA Nail Files \$35.00

OPANA PINS

10/6/2018 C&C \$10.00

Total OPANA PINS \$10.00

OPANA MAGNETS

4/14/2018	<u>\$3.75</u>
TOTAL OPANA MAGNETS	\$3.75
	OPANA BANDANAS

ACTIVITIES

EXPENSES

4/15/2018 C&C	\$62.80
C&C	\$ 15.90
FALL SALE: CAPANA	\$418.00
COPANA	\$420.30
DAPANA	\$462.70
NOPANA	\$622.55
NEOPANA	\$512.00
7/7/2018 Fall Sale	\$28.60
back order items	\$42.75
TOTAL FALL SALE	\$2, 506.90
\$1209.25	
	\$2,585.60
TOTAL FUNDRAISING 2018	
	\$4,078.15
	NET INCOME FUNDRAISING 2018

Scholarship: (Jane Booth): My Scholarship Report is as follows: One Scholarship paid 2/2018 for Fall Seminar 2017; 12 Scholarships paid for Spring Seminar 2018 totaling \$835.00; 11 Scholarships paid for Fall seminar totaling \$815.00 with the Year total being-\$1725.00.

Convention: (Sue Guertin): I did confirm October 5th 2019 with the Siegel Center. We can be in to set up Friday night have our board meeting!

I have been waiting to hear back from hotel people. We have several choices:

The Hilton Home 2 Suites Columbus Airport:

\$118 Single king room
 continental breakfast
 \$124 double queen room

Holiday Inn Express:

\$92 king or 2 queens
 Continental breakfast

Courtyard by Marriott:

\$115 room rate with a cold breakfast items can be available, yogurt or cereal before 7am.
 Both rooms have a pull out sofa bed. Snack and go breakfast can be available before 7am.

Comfort Inn:

\$116 single king with pull out sofa, limited availability, but they might be able to work something out.

The Holiday Inn would like to work with us, to make up for last years bad experience. But there are other options if you like.

Motion made by **Iris Marcentile** to try Holiday Inn Express once again since they are the cheapest; 2nd by **Nancy McGushin**. Board voted and motion carried. Sue will book a block of 20 rooms.

Need to look into different choices for caterers. Caterer we have been using charges 18% service charge for food. Table this until May Board meeting due to time restriction of conference call.

Awards: (Deb Wilson): Board meeting May 2018-awards changed to certificates, pins, and monetary award.

Spring award: Recruiter of the year. Award is based on ASPAN membership recruiting members for the Jan. to Dec of the preceding year. Presented at the Spring Conference in May. Award presented at spring 2019. Currently have 4 people tied with 2 new members each. Alabelle Zghoul, Diane Marie Thompson, Michael Hoban and Carol Prazer.

Fall award: Excellence in Clinical Practice Award. Application form is available on the web. Award presented at the fall 2018 meeting to Debra Wolff, BSN, RN, CPAN. The nomination was forwarded to ASPAN for the 2019 Clinical Excellence Award. Open for nominations at current time.

Education: (Alabelle Zghoul): (Absent): Alabelle is out of country but sent an idea about a speaker for fall conference on Human Trafficking since this is a big problem here in Ohio.

Gold Leaf/Shining Star: (Beth Cooper): Hello again Board!

I am happy to say we are on a break from Gold Leaf competition. I believe we are eligible to submit again in 2021. That means we can write a report for 2020. I will get a confirmation on that. The 2020 report would be submitted in January 2021.

Debby Niehaus and I are Gold Leaf Reviewers for this year. I am looking forward to using the revised scoring system. We both participated in the subcommittee work. It will be interesting to see how it goes.

We still can get a Shining Star Award at the National Conference. I have started the Shining Star application. It is due the end of February, I must get our official membership count from ABPANC as of February 1.

Webmaster Report: (Debby Niehaus): Representatives, Officers and Board: please review our website and particularly pages that you are involved in: Some information of District pages is out of date or missing. Please update now.

Thank you all for making our website being recognized, informative and a way for us to network throughout the state.

Snooze News: (Tina Harvey): At the last board meeting, Amy Berardinelli from Cleveland, stated interest in taking over as editor of Snooze News. All the information and tools I use have been forwarded to Amy along with my support and assistance as co-editor as she transitions into this role.

As of this report date, I am not sure if Amy is still interested in this role. I will reach out again as I have not heard back from her since our last email correspondence in October.

The deadline for our last Newsletter was November 17th. I was lacking contributions to even try to attempt a December issue. It is extremely time consuming and discouraging to seek out and try to piece “something” together for the sake of having a newsletter.

I am attaching the 2018 ASPAN Contest Evaluation form so that everyone knows what is being looked at and how our newsletters are scored.

District Reports:

CAPANA: (Sharon Gallagher): CAPANA had a meeting in November on Care of the Diabetic Foot which was well attended. We have been inactive since then but have a February meeting scheduled at Mercy Anderson. This is the 1st time they have hosted a meeting and we are very excited to meet new people!

Our spring workshop is March 9th at Bethesda North Hospital. No set plans yet on speakers or title. We are planning some kind of reception/luncheon to recognize past presidents of CAPANA for our 40th anniversary.

COPANA: (Nancy McGushin): The next COPANA meeting will be the COPANA winter seminar, “Perioperative Safety and Comfort. A Collaborative Endeavor,” in conjunction with CO-AORN, to be held on Saturday, January 26, 2019, at the Wasserstrom Auditorium at OSUWMC. The theme this year is Urology. We are on track for a great day of excellent speakers and networking with colleagues.

The COPANA Board of Directors will be meeting soon to plan the rest of the 2019 agenda.

DAPANA: (Brandy Mather): DAPANA has scheduled a winter update for February 2, 2019 in the Dean Amphitheater at Kettering Medical Center. This will kick off the PANAW celebration. There will be continental breakfast provided. There will be two speakers: Nathan Brush, CRNA and Michelle Davis, BSN, RN, CPAN that will speak on ERAS and various aspects of Perioperative Surgical Home.

The next seminar will be held on April 27, 2019 also in the Dean Amphitheater at Kettering Medical Center. Speakers are still to be determined.

Brandy Mather, BSN, RN, CAPA, CPAN has announced that she will be stepping down as DAPANA President and District Representative after the April conference. There has not been a volunteer to fill these positions at this time. The OPANA board will be notified when the positions are filled.

GCPANA: (Kate Horner): Greetings from Cleveland!

GCPANA had a lively meeting on Wednesday October 17, 2018 at MetroHealth. The topic was: Building Resilience through Gratitude and Positive Connections with our Coworkers. The presentation was given by Dr. Robert Smith Director, Medical Staff Assistance Program; Assistant Professor, School of Medicine and Assistant Clinical Professor, Department of Psychology-Case Western Reserve University. This interactive presentation focused on front line caregivers and preventing burnout. Money was collected for the Red Cross's Disaster Relief Fund.

Our next board meeting will be Wednesday January 16, 2019 at 6pm. Location to be determined.

The next GCPANA General meeting and lecture will be on February 1, 2019 at Cleveland Clinic Strongsville Family Health Center at 6pm. The speaker will be Dr. Stephen Ball. All are welcome to attend.

NEOPANA: (Deb Wolff): NEOPANA had its Board meeting January 8, 2019 at the Burntwood Tavern in Canton, Oh. President Sarah Sanor led discussion on several items. We received a profit from our Reverse Raffle that was held in October of \$3990. Having that money available, the board authorized members in good standing of NEOPANA going to the National Conference in Nashville-\$400 each for their early bird registrations. At present, seven members are planning to attend. We also allocated funds to the continued planning of our spring OPANA conference to be held in May 2019. We had comments about our service project at the Akron Food Bank-12 attended. Our next service project will be March 16th in Canton-more details to follow.

PANAW will be celebrated at our February meeting at AGMC with cake & fellowship. Our Reverse Raffle for 2019 is scheduled for October 21st at Guy's Party Center. Next Tuesday, members of the conference committee will meet to finalize hotel reservations for May.

NOPANA: (Deb Wilson): NOPANA November 3, 2018 meeting was held at ProMedica Flower Hospital, Sylvania, Ohio. The November speaker was Beth Chapman, BSN, RN, and Director of Trauma Services. The topic was: Stop the bleed with CNE available. The program discussed the current need for first responder training in the community and school systems in light of the shootings at schools and community events. Instructions and hands on return demo of how to stop the bleeding by pressure, packing a wound and apply tourniquets was provided. The program has been presented in local schools and when completed the schools receive back backpacks with essential supplies to "stop the bleed". Opportunities are available to qualify as an instructor for future programs after completing the program. NOPANA made a cash donation to Trauma program to purchase backpacks for schools.

The business meeting followed the presentation with a continental breakfast. Discussion included and overview of the ASPAN national conference for 2019. Recognition of a newly certified CPAN/CAPA nurses and new members present was completed. All members were issued an open invitation to attend an OPANA Board meeting. OPANA and NOPANA scholarship opportunities for members by were reviewed with the application process with forms available at the meeting. ProMedica Toledo Hospital Preop/PACU and ProMedica Flower Hospital and PACU are participating in a high school program for MA/NA and offers opportunities for the students to volunteer in surgical services. ProMedica Bay Park Hospital has one RN resident that started in August in Surgical Services.

The next meeting will be in February, 2019 during PeriAnesthesia Week at ProMedica Flower Hospital. The topic is undecided at this time.

Old Business:

- Fundraising ideas? This was tabled until the May meeting due to time restriction on conference call.
- Property Agreement-these needs updated. Table till next meeting in May due to time restriction for conference call.

New Business:

1. Does OPANA want to donate to ASPAN for the National Conference this year? If so, how much? Motion made by **Debby Niehaus** to approve a donation of \$250.00 to ASPAN; 2nd by Debbie Wolff. Board voted and motion carried. Bonita will send the \$250.00 to ASPAN.
2. ASPAN would like to know if we as a component would want to raise our membership fee for 7/1/19-6/31/21. We currently charge \$30. We must let them know by 2/28/19. Motion to not increase price of membership over \$30.00 was made by **Iris Marcentile**; 2nd by **Kate Horner**. Board voted and motion carried.
3. ASPAN also would like to know if we are interested in hosting an ASPAN Select Seminar (5/1-8/31/19). We have to apply by 2/15/19.

Upcoming Dates:

- PANAW-February 4-10, 2019-send pictures of events to Debby Niehaus/Tina Harvey for website and newsletter.
- ASPAN's 38th National Conference in Nashville, TN-May 5-9, 2019
- OPANA spring seminar-May 18, 2019 in Akron
- Next Board meeting-Friday, May 17, 2019 at 8pm

Motion to adjourn meeting made by **Debby Niehaus**; 2nd by Jane Booth.

Meeting Adjournment: 12:26pm

Respectfully submitted:
Iris Marcentile, BSN, RN, CPAN
OPANA Secretary
imarcentile@gmail.com
iris.marcentile@primehealthcare.com
740-622-9437 (H)
740-294-4085 (C)
740-623-4235 (W)
April 14, 2019

