

OPANA Winter Board Meeting-2020

Conference Call

January 11, 2020

Beth Cooper-President

Sally Swartzlander- Immediate Past President/Facilitator/ Timekeeper

Called to Order: 10:00 am

Attendance: Beth Cooper (NEOPANA), Sally Swartzlander (NEOPANA), Amy Berardinelli (GCPANA), Bonita Woodin (DAPANA), Iris Marcentile (COPANA), Tina Harvey (DAPANA), Jane Booth (CAPANA), Sue Guertin (COPANA), Jean Kaminski (NEOPANA), Debby Niehaus (CAPANA), Alabelle Zghoul (COPANA), Toni Zito (GCPANA), Debbie Wilson (NOPANA), Kim Place (COPANA), Teri Siroki (NEOPANA).

Absent: Debbie Wolff (NEOPANA), Sharon Gallagher (CAPANA), and Cheryl Altier (GCPANA).

Secretary Report: (Iris Marcentile): All board members have read board minutes and membership minutes. Motion to approve Fall Board minutes made by **Teri Siroki**; 2nd by **Debby Niehaus**. Motion to approve Fall Membership minutes made by **Amy Berardinelli**; 2nd by **Jean Kaminski**. Both motions carried.

Treasurer's Report: (Bonita Woodin):

Beginning Balance: \$12,537.83

Expenses: \$8,521.82

Income: \$22,057.30

Ending Balance: \$14,596.29

Net Cash Increase/ (Decrease): \$86.48

Motion to approve Treasurer Report was made by: **Iris Marcentile**; 2nd by **Teri Siroki**. Motion carried.

Membership: (Bonita Woodin): Total Membership: 427

CAPANA: 107

GCPANA: 100

COPANA: 86

NEOPANA: 42

DAPANA: 58

NOPANA: 34

Presidents Report: (Beth Cooper): Its 2020! 2020 is great score for vision tests. I hope it brings positive growth to all of us! I ask that each of you go to our policy and procedures in the website, please review your duties. We are a voluntary group, these duties are what you have volunteered to fulfill and I thank you ahead of time.

I have quite a bit to review with you all. I believe the best way is go over in chronological order.

1. The fall conference held October met my expectations as a planner. I sincerely thank each of you for your work and efforts to make it a success. I will defer from talking about October 2020 conference for now.
2. This will be a good place to say that we will be eligible to apply for the 2021 Gold Leaf award. It is based on what we do and document for 2020. It is a winner takes all award. I was the editor of our winning award for 2017 that was given in 2018. This requires a team effort,

- which means doing what's asked of you and abiding by deadlines. Toni Zito is officially our Gold Leaf/Shining Star Chairperson. I have readily volunteered to be her right arm.
3. PANAW week February 3-9. I sent a request to Governor DeWine's office for a state proclamation. When I get it-I will send it to District Reps, Webmaster Debby, our OPANA facebook page and Newsletter Editor Sally. REMEMBER: the focus is on how you celebrate as a component and district. District Reps this is your time to shine. ASPAN wants to see photos of district celebration and events. We want photos from your meetings. And OPANA members-you that have a celebration in your respective hospitals-please make sure your district rep gets this info. I believe Debby and Sally would be glad to share it. Also the Breathline Editor is Barbara Godden. She likes photos too and send your photos to bgodden@aspan.org.
 4. Shining Star application will be due in February. I just received our official Certified Nurses number for 2019. I passed this info to Toni Zito. We wait to get our official membership count from ASPAN to calculate the percentage of our members that are certified. Last year the deadline was February 28.
 5. Candidate profiles for ASPAN offices are posted on the ASPAN website. You can vote until February 29, 2020. The actual election is at the Representative Assembly. Your anonymous votes are sent to Amy and myself (Delegate Representatives for OPANA) to help us decide which candidate to elect. I have utilized your feedback with multiple candidate decisions. Also we vote for all of the candidates-even the other Regional Directors. They make decisions that affect all of us. Please surprise me this year by voting. Last year the number was 10 or so that voted, our board member list is more than that. We can do better. Again: Deadline: February 29, 2020.
 6. ASPAN conference in Denver, Colorado April 25-30, I'm devoting a bit of time on this because this is our only board meeting until it occurs.
 - Representative Assembly is held on Sunday April 26, 2020. Each component sends 2 representatives. OPANA representatives are the President and Vice-President. That is I and Amy Berardinelli. I also need to designate an alternate representative in the case one of us cannot attend. If you are going to conference and would to serve as alternate-please let me know. Usually the alternate is the secretary-Iris are you going? Iris states that she is planning on attending conference and willing to be alternate. I have a form to fill out that has a deadline.
 - Last year we had a great turn out of OPANA members at Nashville. Our vice president takes the lead in coordinating what we do. We will get a list of attendees from Ohio and share how to contact us for help. I am going to talk to Amy and get her thoughts. One of us will make sure that people attending are aware of our plans. I tell everyone that national conference experience is what you make of it. I just read the brochure again which I downloaded from the ASPAN website. We have 8 speakers that are OPANA members, congrats to board members Amy and Toni.
 - You can volunteer to be a moderator; you can earn \$25.00 for every 4 hours you work as a hostess for courses or even work in the ASPAN store. It is amazing how many people you can meet. Plus it can offset a little of the cost to attend, people in the green aprons are hostesses. Our Debby Niehaus chairs the Silent Auction and we have some kind members who donate nice stuff. Also-this is a time to meet people from Ohio/OPANA that may only come to National Conference. First-timers night are important to have a component representative there. First impressions can be lasting. Sally did a great job the last 2 years attending these. I may need some help, I will be looking at the list of attendees and ask

district Presidents for assistance. **Component Night events I am aware of are vague.** All I know is what is in the brochure. That is the theme is “Rocky Mountain High”. The year was 1972. It was a time of peace, bell bottoms, mini-miniskirts and what not.

- I previously sent you a note that May 1 was filled up at the Gaylord Hotel to help you in your planning. Our conference is over on April 30. I know some of us like to stay an extra day or so-to actually see more than the conference area. I want you to know I sent a note to Deb Moengen voicing my concerns. I don’t know if it will do any good since the conference is over April 30. I personally love what I’ve done in Denver before-but traffic is a bear. I used the transit system to avoid trying to find parking and it worked. I understand there is a hotel shuttle to the transit depot to get to downtown. The hotel is about 12 miles from downtown.

7. OPANA spring conference is May 9. Our host district is NOPANA. We will have a board meeting on May 8. We wait for more information from our host.
8. Fall 2019 conference highlights.

Vice President/ President Elect: (Amy Berardinelli): **Happy 2020! This year my primary responsibilities revolve the ASPAN National Conference (Celebrate Strength, Elevate Practice) in Denver, CO. I am looking for all and any ideas to ensure we will be appropriately represented, as well as have a fun evening while engaging all Ohio attendees.**

- Component Night Event Theme:** “Rocky Mountain High.” The year was 1972. It was a time of Peace, bell bottoms, mini-miniskirts and what not.
Component Night 2020 **Rocky Mountain High!** Sunday April 26th, 2020 7p-9p
“Rocky Mountain High, Colorado”...come to Denver, Colorado, the city with the highest elevation in the country. The minute you step off the plane you are higher than you were at home. Let’s embrace John Denver’s famous song from 1972 and step back in time to celebrate those free-wheeling days of peace symbols, flower-power, bell bottoms, miniskirts and tie-dye fashion. Component night will be filled with friends you know and those you’ll meet. So, let your long hair down as you move and groove to the music of the 60s and 70s. We hope to see you there!
I imagine a tie-dye theme will be very popular.
We can wear peace sign jewelry, bell bottoms, and flowy flowered shirts...John Denver style glasses. John Denver is NOT in the Rock’N Roll Hall of Fame. He is in the Songwriters Hall of Fame.
- Photo Location and Date?** Prefer something with a great backdrop-as we know, this is one of the most beautiful places in the U.S.-as depicted in the John Denver song, “Rocky Mountain High.”
- Meet and Greet-day, time, and location.** I have reached out to the Gaylord for options. Do we stay in the hotel? Do we venture out? There are restaurants in the hotel; however, at the Gaylord Opryland, getting a reservation was difficult. There are many bar/restaurants within 1.0 mile from the resort. Historically, what have been the best times and places?
- Can we create a group text? This would be a great way to keep in contact at the conference, Especially for the photo and meet and greet.
- Go Green-ASPAN has taken steps to make National Conference more environmentally friendly. Outlines will be available for down-loading on the ASPAN website beginning April 17, 2020, through July 1, 2020. Attendees will have the capability to print handouts or save to their devices.

F. Ohio nurses noted as Conference Faculty:

1. Amy Berardinelli-Mentor, OH
2. Colleen Cummins-Bay Village, OH
3. Lisa Joestlein-Uniontown, OH
4. Sharon Knauss-Strongsville, OH
5. Teresa Salley-Springboro, OH
6. Kristen Vargo-South Euclid, OH
7. Antoinette Zito-Cleveland, OH
 - Monday April 27th 4:15pm-5:15pm
 - a. (007) Certification: What's In It For Me?; (IC) 1.0 contact hour; Kim Beckman RN CAPA, Robert Rudder SPHR MS MSS, Stuart Smith BS SPHR-SCP and Teresa Salley MS MSN RN CPAN CAPA CCRNs
 - Tuesday April 28th 10:30am-11:45am
 - a. Pediatric Postoperative Pain Assessment is More Than a Number: How "Functional" is Your Assessment?; Lisa Joestlein #402 (DC) 1.25
 - b. Building an Empowered Workforce for 2020: The Perianesthesia Team; Antoinette Zito, Colleen Cummins, Sharon Knauss and Cindy Plato #602 (IC) 1.25
 - Tuesday April 28th 2:15pm-3:30pm
 - a. The Postoperative Phone Call: What is Best Practice; Antoinette Zito and Amy Berardinelli #103 (IC) 1.25
 - Tuesday April 28th 3:45pm-5:00p
 - a. Bringing It All Together: Perianesthesia Practice Fundamentals; Colleen Cummins, Sharon Knauss, Cindy Plato and Antionette Zito #504 (IC) 1.25
 - Wednesday April 29th 10:30am-11:45am
 - a. Let the Music Play: Understanding Facilitators to Music Listening in the Preoperative Setting; Kristen Vargo #106 (IC) 1.25

- G. Please let us know if you, or an Ohio nurse has had an abstract accepted for poster of podium Presentation. (So far...)
- a. We've Got Spirit-Pre and Post-Op In-Patient Visits, University Hospitals Cleveland Medical Center-CSP Poster and Oral Presentation Wednesday April 28th
 - b. *Breakin' Up is Hard to Do!-Standardized Pre-Operative Phone Call*; University Hospitals Cleveland Medical Center-CSP Poster and Oral Presentation Tuesday April 27th

Immediate Past President/Nominations: (Sally Swartzlander): In 2020, we will be electing Secretary- Iris Marcentile has agreed to continue on as secretary. For 2021, we will have Treasurer and Vice-President elections once again. Please encourage members of your local district to become involved with local leadership. There are so many great OPANA members out there that I hope we can get involved with the OPANA Board. Let me know if you have any questions or any nominations.

Government Affairs: (Jean Kaminski):

Ohio House Bill 144 (Prohibiting Nurse Mandatory Overtime):

The Ohio House of Representatives by a vote of 79-13 passed OH Bill 144 in December 2019. The bill aims to make Ohio the 19th state to prohibit nurse mandatory overtime, which is a dangerous practice occurring across Ohio that can threaten safe patient care. Mandatory overtime is a staffing practice regularly used by healthcare facilities across Ohio and can lead to nurse fatigue and burnout. Medical errors are the third leading cause of

preventable deaths in the United States and there is correlation between fatigued nurses, extended shifts and an increased chance of medical errors.

The Joint Commission issued an alert that called for hospitals to intensify their efforts to monitor and address health care workers' risk for fatigue caused by extended shifts. Research also demonstrates that fatigue causes a decline in memory, reduced ability to learn, and impaired mood and communication skills.

Bill 144 now moves on to the Senate and it is expected the bill will be assigned to a Senate Committee once the legislature returns from the holiday break.

Buying of Tobacco Products Minimum Age Raised to 21

The Trump administration has made curtailing teen nicotine use a public-health priority. The president signed into law a measure that raised the minimum age to buy tobacco products to 21 nationwide.

Fruit and Mint Vaping Cartridges Banned

As a result of hundreds of vaping related lung injuries, even requiring lung transplants and nearly 20 deaths during 2019, the U.S. Food and Drug Administration said it would ban fruit and mint flavors that have been blamed for getting millions of children hooked on e-cigarettes, a months-in-the-making plan designed to curb an epidemic of underage vaping. Menthol is still available.

With the new policy, companies that don't cease the manufacture, distribution and sale of unauthorized flavored cartridge-based e-cigarettes other than tobacco or menthol within 30 days can be sanctioned by the FDA.

The FDA said it will allow flavored e-liquids to continue to be sold for refillable open-tank devices commonly available in vape shops, this will undoubtedly be a loophole for the vaping industry to continue to sell some of these products and likely continue the addiction to vaping products. Many concerned with teen addiction are very concerned regarding this situation.

There are several states and cities trying to curb flavored vape products. Massachusetts is the only state to enact such legislation. Some major cities including Los Angeles; San Francisco; New York, and St. Paul, Minnesota; were able to pass flavor bans.

Historical: (Deb Wolff): Need to check out the OPANA website for historical information, pictures, etc.

Standard Ops: (Teri Siroki): Bylaws: Nancy McGushin and I have not had the opportunity to meet yet, so I have no report at this time. Reminder Policy review will be October 2020.

Fund Raising: (Sharon Gallagher): The 2019 fund raising report is attached. We did well with our fall RADA sale, even with 5 districts participating! I suggest for 2020 that OPANA decide on a fund raiser that all districts agree upon to maximize profit for 2020.

I will continue to bring OPANA cash and carry items to conferences if OK with board or I will turn over all stock to OPANA.

I enjoyed doing the Fund Raising over the past few years! Thank You!

Scholarship: (Jane Booth): Spring Scholarships awarded 12 for \$900.00; Fall Scholarships awarded 12 for \$900.00. 2019 year total 24 Scholarships awarded for \$1800.00

Convention: (Sue Guertin): Sue has reserved the conference rooms once again at the Seigel Center, Mt. Carmel East for the fall seminar. Arrangements have been made at the Holiday Inn Express on East Broad St., along with 2 rooms being reserved for Saturday night.

Awards: (Debbie Wilson): Award changes effective: Board meeting May 2018-Awards changed to certificates, pins, and monetary award for first place.

Spring award: **Recruiter of the year.** Award is based on ASPAN membership recruiting members for the Jan. to Dec. of the preceding year. Presented at the spring conference in May.

Recruiter of year standings for December 2019: 2 people have added 3 new members (Rose Durning and Marsha Artis-Smith).

Spring 2019. Award winner: Diane Thompson, BSN, RN, CAPA

Fall award: **Excellence in Clinical Practice Award.** Requirement: Nominee must be currently involved in direct patient care role. Application form is available on the web. Award presented at the fall conference. Award winner for 2019 was Maryann Barga, BSN, RN, CAPA from NOPANA District.

Fall 2018: Debra Wolff, BSN, RN, CPAN

Fall 2019: Marianne Barga, BSN, RN, CAPA

Motion: *Toni Zito motioned and Teri Siroki seconded that in the event of a tie for Recruiter of the Year, each awardee receives the \$50.00 award and pin. All members present on conference call voted unanimously and the motion carried.*

Education: (Alabelle Zghoul): (Absent): Report sent via email. Sorry I will not be able to attend the meeting, so here is my report.

Fall seminar date: October 3, 2020

Time: TBD. Depending on speakers we can get.

Place: Siegel Center, Mt. Carmel East, 6001 East Broad St., Columbus, OH 43213

Service project this year: What do you want this year? Do you want Human Trafficking Victims again?

I am asking Kim Place to help me with the contact hour application this year. Will that be OK, Kim?

I have attached the Summary Evaluation from the fall seminar. Please read the suggested topics.

If you know of a speaker that can do any of the topics, please let me know.

Gold Leaf/Shining Star: (Toni Zito): Not able to apply for Gold Leaf this year. Next time OPANA can apply for Gold Leaf is 2021.

Webmaster: (Debby Niehaus): OPANA Officers and Board Members. The time to make your updates to the web is **now**.

We keep track of activities throughout the year with the webpage info showing if we are on track with our current strategic plan.

We are going for the Gold Leaf Award and need to keep our pages up to date starting this month on January 1st. We will turn in our entry for activities done this year, next February in 2021.

Remember also that as a past Gold Leaf winner, other components will be looking at our site as they do their application for Gold Leaf in February. We need to look good and be current. Beth has shared that much of our information used in our Gold Leaf packet was found on our web pages.

Please email or text me information including meeting notices, district minutes, community activity participation, scholarship forms, and/or flyers. If you have had a meeting in the past two-three months or are planning a workshop or meeting with presentation then send me a flyer, note, and/or meeting minutes to have district information current.

Do not let your web page get outdated and not useful for your members. I need **EVERYONE PLEASE REVIEW THE WEBSITE**. Representatives, please review your district pages: If you are orienting a new DISTRICT REP. please share their website responsibility for updates and sharing of news and meetings!!

Send me your pictures. Members enjoy seeing your activities throughout the state. Photos show OPANA is active. Pictures to share (**Please send me an accompanying small**) and that you have permission from the people in the picture that we can publish on website. This is needed. (Include preferred names of individuals, if you want listed along with the picture).

I want to thank you in advance for providing information on your web pages. Please either call or text to 513-641-6849 and you can email to: debbyniehaus@zoomtown.com your pictures and or articles.

SnoozeNooze: (Sally Swartzlander): I plan on having the next newsletter out in March/April 2020. I want to make the submission deadline 3/1/20. I plan to include highlights from PANAW, Fall Certified Nurses, and any reminders of upcoming events-National conference and OPANA spring seminar, etc. Please submit any articles by 3/1/20. If there is anything new and exciting going on at your hospital or in Perianesthesia nursing. I would like to share it with out colleagues! Please let me know what will be going on in your districts for 2020 also.

District Reports:

CAPANA: (Sharon Gallagher): CAPANA has had 3 meetings in 2019 which were well attended. We do not have meetings during holiday months.

Our next meeting is February 19, 2020 at The Christ Hospital, subject not yet determined.

Our spring workshop is March 21, 2020. We do not have a title yet, but Sally Morgan is our main speaker, talking about government affairs and how they impact our practice. We also will have a lecture on Second Victim Syndrome, legal aspects (will fulfill our law requirement for licensure), and ethical considerations in nursing. Should be very interesting and different from any conference we have had. It will be ½ day seminar. We should finalize details soon and we'll get information out.

Our April meeting is at Mercy West Hospital. It's on Perioperative Diabetes management.

We are struggling with no president and the board is taking up the slack to keep things going. Sharon Gallagher is planning the spring workshop and Diane Thompson has been getting CE's. All the board members are working to keep CAPANA viable. We have no one who is interested in running for offices of president or vice president at this time.

COPANA: (Kim Place): COPANA had our fall meeting at the Ronald McDonald House in Columbus on 10-19-19. What an amazing place! We discussed plans for the COPANA/COAORN joint seminar to be held on 2-22-20. The focus will be transplantation. The seminar will be held at Wasserstrom Auditorium located in The James Hospital. A follow up conference call was held 11-13-19 with the planning committee from both organizations. The conference call was very successful. We were able to complete the program agenda.

Our winter meeting will be held 1-25-20 at 0900. Plan to discuss bylaws. After the COPANA meeting we will have a joint committee meeting to finalize the seminar day.

DAPANA: (Tina Harvey): DAPANA had a successful turnout for our November 16th meeting with 17 in attendance. President Helen Morrow mailed out invites prior to the meeting which in turn brought in two nurses that had recently moved to the Dayton area. Our speaker that day was Dr. Randal Klotz who presented great information on what he titled "Anesthesia Potpourri".

A brief meeting, after our speaker, was held to discuss budget and upcoming events. On Feb 1, 2020 we will be celebrating PANAW with speaker Michele Uhl, BSN and LMT who will discuss holistic modalities in relation to dementia. The board is also looking at future dates to update DAPANA bylaws and to serve at the Dayton Food Pantry. Future speakers for the April 4th meeting TBA

GCPANA: (Cheryl Andreas-Altier): GCPANA winter 2020 report: February 6, 2020 GCPANA held a well attended celebration meeting for ASPAN PANAW 2020 at University Hospital Cleveland Medical Center. Topic: Preparing the Transgender Patient for Surgery: An Awareness Initiative.

Thru February 2020 GCPANA is collecting items for 6th annual Rock-A-Buy Drive. Clothing and toy items to be collected for newborn-15 yr. children. Gift cards are welcome. A monetary donation was made at the Feb. 6th mtg.

March 7, 2020 CPAN/CAPA Certification Review Class.

April 26, 2020 *SACE THE DATE: GCPANA joint spring meeting with AORN. Breakfast meeting at the Patrician, 33150 Lakeland Blvd, Eastlake, Ohio (just off Route 2). 3 speakers with CEUs. Flyer forthcoming.

NEOPANA: (Debbie Wolff): No report furnished.

NOPANA: (Debbie Wilson): NOPANA's November 11, 2019 meeting was held at ProMedica Flower Hospital, Sylvania, Ohio. The speaker was Nicole Elhler, BSN < RN, Clinical Coordinator for Life Connections of Ohio. The topic was Life Connections-Organ Donation. CNE was available for the presentation. Business meeting followed the presentation. Discussion centered on the spring conference to be held by NOPANA in the Toledo Area. Location at current time is ProMedica Flower Hospital with other locations still be considered. Discussion re: charitable organizations that would be sponsored at conference. Members ask to bring ideas to

next meeting. Members asked to gather info on potential speakers for the conference. Request for members to chair sub committees. Christina Suplica from St Anne's volunteered to Chair the Vender committee. She currently has 2 companies interested in tables/sponsoring. Continental breakfast was provided by NOPANA.

Next meeting will be early February 2020. Currently looking for a speaker.

Old Business: Is Portsmouth going to join?

New Business: Does OPANA want to donate to ASPAN for the 2020 National Conference this year? If so, how much? **Motion:** *Sally Swartzlander motioned, and Debby Niehaus seconded, that OPANA donate \$500.00 to ASPAN 2020 National Conference. All members present on conference call voted unanimously and the motion carried.*

Upcoming Dates:

February 3-9, 2020-PANAW

February 29, 2020-Deadline for Candidate Feedback to ASPAN. Org.

April 26-30, 2020-ASPAN's 39th National Conference in Denver, CO

May 9, 2020-OPANA spring seminar-in Toledo/Perrysburg, Ohio

Next Board Meeting: Friday May 8, 2020 at 8pm

Meeting Adjournment: 11:15am

Respectively Submitted,

Iris Marcentile, BSN RN CPAN

OPANA Secretary

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April 15, 2020

