

OPANA WINTER BOARD MEETING-2016

Brio's at Polaris

Columbus, Ohio

January 9, 2016

Teri Siroki: President

Rose Durning: Immediate Past President/Facilitator/ Timekeeper

Called to Order: 11:16am

Attendance: Teri Siroki (NEOPANA), Sally Swartzlander (NEOPANA), Rosemary Durning (DAPANA), Carol Zacharias (NOPANA), Iris Marcentile (COPANA), Tina Harvey (DAPANA), Jane Booth (CAPANA), Nancy McGushin (COPANA), Sue Guertin (COPANA), Debby Niehaus (CAPANA), Alabelle Zghoul (COPANA), ElizaBeth Cooper (NEOPANA), Debbie Wolff (NEOPANA), Patty Molder (GCPANA), Brandy Mather (DAPANA).

Absent: Jean Kaminski (NEOPANA), Sharon Gallagher (CAPANA), and Debbie Wilson (NOPANA).

Slate of Officers 2015-2016:

President: Teri Siroki

Vice President/President Elect: SallySwartzlander

Immediate Past President: Rose Durning

Treasurer: Carol Zacharias

Secretary: Iris Marcentile

ASPAN Rep: Debbie Wolff-Sally Swartzlander will be taking this role after present term ends (May).

Secretary Report: (Iris Marcentile):

Minutes from the October Board meeting and Membership meeting reviewed with corrections made to minutes. Correction to Board Minutes: under Standard Ops-added

Motions to approve Secretary Report after corrections are made by: **Rose Durning**, 2nd by **Carol Zacharias**.

Treasurer Report: (Carol Zacharias):

Beginning Balance: \$14, 559.93

Expenses: \$10, 316.41

Income: \$11, 537.25

Ending Balance: \$15, 780.77

Treasure report was sent to each Board Member per Carol with complete explanation of Expenses and Income, and Scholarships Awarded for 2015.

It was made noted that one scholarship reimbursement for \$75.00 was left off of the scholarships awarded. Carol is still concerned about the balance in treasurer and asked board members to think of ways to increase the balance. She said that putting mileage to .25 helped some.

Motion to accept Treasurer Report by: **Deb Niehaus**: 2nd by **Iris Marcentile**.

Membership: (Carol Zacharias): Total Membership 596

District Member Numbers:

CAPANA: 119

GCPANA: 173

COPANA: 100

NEOPANA: 75

DAPANA: 83

NOPANA: 46

President's Report: (Teri Siroki):

1. NDASH-is on March 2, 2016 from 0745-1530. OPANA is registered as an NDASH sponsor. The cost for our members is \$45. Several people have signed up to attend. I look forward to seeing many of you there.
2. ASPAN has sent recruiting materials. Please take some of these and distribute among your hospitals.
3. OPANA post cards were sent to new members who registered this fall.
4. Strategic Plan-Update, review and accept.
5. PANAW will be here soon. Please plan to celebrate among your chapters and hospitals. Send pictures and articles to the SnoozeNews and website. Barb Godden (ASPAN0 would like you to send her pictures and information of your celebrations and promotion of PeriAnesthesia Nurses. This information cannot be sent in PDF format and is needed by no later than February 15, 2016.
6. I have Credentialing Forms for National Conference. We need to fill these out so they can be sent in by the February 10th deadline. We have given a donation to "Hail, Honor, Salute!" in the past. We have also donated auction items. Do we want to continue this? Can someone tell how this process works?
The discussion was made about making a donation to the ASPAN conference as we have done at past conference, amount of donation would be \$250, Deb Niehaus made a motion to donate \$250, 2nd by Rose Durning. Voted on by Board members, motion carried and approved. Next order of business was the "Hail, Honor, Salute" donation, Rose Durning made a motion to donate \$50.00, 2nd by Deb Wolff, motion voted on by Board, motion carried and approved.
7. Fall conference schedule had to be changed due to the availability of venues. It will be October 21 & 22, 2016. We will again be using Country Inn and Suites and Mount Carmel Siegel Center.
8. ASPAN Candidates selection-available on line. Please make selections by February 29, 2016 for new board.
9. Streamlining the website and district reports. Each district please make sure your webpage includes the names of your officers, meeting details (dates, locations, times & CE's), and community service projects as well as contact info for further information and future conference offerings. Please include the same information in your district reports. This would be very helpful to interested potential members and a quick reference for Gold Leaf and the newsletter.
10. Joyce Dufford passed away on November 20, 2015. Her family has provided cards for anyone who wishes to share a story about her life.

Vice President/ President Elect Report: (Sally Swartzlander):

The OPANA fall seminar was held on Saturday October 24, 2015 at the Siegel Center, Mt. Carmel East Hospital in Columbus, Ohio. The day began with registration and a continental breakfast. A warm welcome was offered by OPANA President Teri Siroki BSN, RN. Lori Chovanak, MN, APRN-BC gave a powerful opening address called "Nursing Leadership and the Power of Professional Advocacy", Daniel Kirkpatrick, MSN, RN, NE-BC gave a very interesting and hands on lecture called "Are you prepared? Steps to preparing for Disasters." The OPANA Membership meeting was led by Teri Siroki, our Region 3 Director, Sylvia Baker MSN, RN, CPAN, also spoke during the membership meeting. Next, we enjoyed a delicious

lunch, after lunch Phyllis Mesko, RN, CPN presented “Autism in the PACU”. OPANA’s service project recipient, Eric Kramer CRNA, gave a heartfelt presentation on “Understanding Third World Medical Missions”, in which we heard the challenges of administering anesthesia to the Tarahumara Indians in the Sierra Madre Mountains of Mexico. OPANA collected \$1,018 in donations that was used by Eric to purchase difficult to obtain medications to take back to the Hospital Mision Tarahumara. At this time, several door prizes were given out by OPANA. The 50/50 raffle was drawn with a profit of \$104. The Chinese auction that was comprised of donations from OPANA components and members raised \$276. Annette Powers-Kilburn RN, MAOM, CLNC gave great professional advice in the final presentation called “Electronic Charting, the Law, and the Nurse.”

Overall we had a wonderful 2015 fall seminar, with the day being filled with excellent continuing education, time for networking with fellow nurses, and a great opportunity to promote PeriAnesthesia nursing and OPANA membership! There were 3 new members that joined ASPAN while attending this year!

Thank you to all of the OPANA Officers and Board Members for your help in making this a successful fall seminar. Thanks to all of the components and individuals that donated items for the Chinese auction. Also, thank you to all of the components and individuals that donated to Eric Kramer CRNA for our OPANA Service Project. Once again, thanks to our Region 3 Director, Sylvia Baker for attending our fall seminar and helping to draw all of the door prizes and Chinese auction winning tickets!

Immediate Past President/Nominating: (Rose Durning):

There was nothing to report with nominating; Carol Zacharias will be treasure until 2018, that way we can get back on track. Position will be 2016-2018. Rose stated she is on the nominating committee for ASPAN.

Historical/Assembly Rep: (Debbie Wolff):

Nothing to report on Historical at this time.

The theme for component night has changed. The theme is We Love Philly, Philly Will Love You Back. Discussion for component night was addressed on what we should wear-suggestions was Rock and Roll attire (poodle skirts, saddle shoes, red neck scarves). It was stated that Sharon still has scarves left from last year-Deb Niehaus is going to ask Sharon to bring or send 12 scarves to convention. Also discussed wearing something red/white and blue. The Board agreed on bringing the buckeyes again-Rose getting and bringing with her. Need banner for table-maybe a picture of Cleveland’s Rock and Roll Hall of Fame, discussion on baskets, fifty/fifty raffle.

Government Affairs: (Jean Kaminski): (Absent) Sent via E-mail to Secretary

NDASH-Nurses Day at the Statehouse will be held Wednesday March 2, 2016. Register through ONA. OPANA is a sponsor so your price is reduced.

HB 188-Nurse License Renewal. Renewal deadlines will be moved to November 2016 instead of August due to updating of the system that is used and it will not be ready in June to process the renewals.

HB 216-APRN Modernization. Would allow APRN’s to practice to the full extent of their education, training and certification. A variation of the bill is being sponsored by Rep. Pelanda.

HB 377-Right to Work. This bill would prohibit employees of private employers to join unions, pay fees or union dues. Many are protesting this bill.

HB 170. Mandatory Flu Vaccination. The bill would prohibit employers from forcing flu vaccination on healthcare professionals as part of employment.

Publications/Snooze News: (Tina Harvey):

The December issue of SnoozeNews is posted on the website. Cut off date for next SnoozeNews is April 28, 2016. Please send any new CPAN/CAPA members from your district. We need more articles, research, etc.

Standard Operations: (Nancy McGushin): Statement about By-Laws changes in last minute-this is 1st notice. Changes to include eliminate ASPAN Rep and have Vice-President/President Elect be the ASPAN Rep when current term is up. 2nd notice will be sent out by email to all members, then will vote to accept changes at spring conference membership meeting in May. Majority of membership has to vote to eliminate the current reading of By-Laws regarding the ASPAN Rep, and majority of membership has to vote yes to approve new By-Laws reading. The subject on ASPAN Rep can be revisit in future if situation arises to where no one is nominated or runs for Vice-President/President Elect. Standard Ops is reviewed and revised every other year. Next time reviewed and revised will be 2017.

Fund Raising: (Sharon Gallagher): **(Absent):** Reviewed by Carol Zacharias-Treasurer

Report on RADA fundraising was sent to Carol and is in Treasurer's report which was sent to all Board Members. Total: \$5,659.00.

Scholarship: (Jane Booth):

8 scholarships for \$600.00, one scholarship was left off and Treasurer made aware, was added back on.

Convention: (Sue Guertin):

Sue told the Board that meeting for fall conference is again at Mt. Carmel East (Seigel Center), date for conference had to be changed to 22nd of October. Board meeting will be on the 21st at 8:00pm. Sue informed the Board that the hotel in under a new manager of Director of Sales and stated that there would be a charge for the meeting room. Sue explained to Director of Sales that we have never had to pay for the meeting room. Director of Sales has not sent a contract yet to be signed and Sue is hoping that she will forgo the \$75.00 for meeting room. Hotel rooms are blocked off for attendees and are \$92.00/night with cut off date to register September 14, 2016. Sue also heard from the Board about things that were wrong with last fall conference meeting room, not being cleaned from previous day, having just enough food with no extra left over and attendee's buying food in order to have enough food that was purchased for seminar.

Awards: (Debbie Wilson): **(Absent)**

Nominations forms for Theresa Shine who was awarded the Outstanding Achievement award at the fall seminar were completed for the ASPAN Outstanding Achievement Award for 2016 with the help of Patty Molder and submitted to ASPAN.

The next award to be presented at the spring conference is for Recruiter of the Year. Currently Alabelle Zghoul is in the lead with 4 new members. There is still time to recruit new members.

Education: (Alabelle Zghoul):

2015 Fall Seminar:

1. Registrants-51
2. Speaker's evaluations were excellent, from 4.7-4.9.

3. Contact hour's given-5.5 from OSUMC and 1 from ONA for legal, total 6.5 contact hours. 2016 fall seminar-need to set the date and place, we also need speakers. Need more speakers on Direct Care due to renewal for CPAN/CAPA certification.

Gold Leaf/Shining Star: (Beth Cooper):

I am preparing the Gold Leaf report, this is my first attempt and I will have the report filed by February 1, 2016. I have learned so much preparing this report that will make it much easier for 2016, and I will email the District Representatives requesting particular data to watch for 2016. I will also prepare and submit the Shining Star report. We had a good year, our NDASH experience was accepted for Breathline. Sally Swartzlander submitted NEOPANA PANAW photos that also were accepted. Tina Harvey received a Newsletter Award at the National Conference, in which we won the Shining Star Award. Particular data to keep and note in reports for 2016:

- Certificates of CEU's at district meetings.
- CPANA/CAPA acknowledgement-congratulations.
- EBP articles, research, etc.
- Documentation of student participation.

I had a hard time finding published from OPANA members. Reps if you become aware of articles-please share.

Webmaster: (Debby Niehaus):

Strategic plan for 2015-2017 will be on website tonight. Debby has expanded pages and needs to fill space. Needs Districts scholarship forms if any changes to forms. Needs more reports (minutes), happenings, pictures from districts. Please send PANAW pictures of events from your hospital during PANAW week.

District Reports:

CAPANA:

CAPANA had a very interesting talk in November on ECT's by Dr. Dallas Auvil, it was well attended. We will not have any meetings in December and January. Our next meeting is February 17th on "Cardiothoracic Disease and Women's Health" by Dr. Kathryn O'Keefe at Bethesda North Hospital. We are in planning stage for our spring workshop, March 12th "For the Health of it". Focus is on our well-being with talks on financial well-being, yoga, mindfulness, and healthy eating. It will be a ½ day offering with 4 CE's.

COPANA:

COPANA in collaboration with CO-AORN are in the progress of finalizing the details for the winter seminar at the Wasserstrom Auditorium at the James Cancer in Columbus Ohio. COPANA and CO-AORN had a phone conference call on December 10, 2015 at 6pm to work out the details. Next live meeting to finalize the plans will be on Tuesday January 19th at 6pm at the Panera in Reynoldsburg Ohio. The topic for the winter seminar: 2016 Perioperative Patient Safety and Comfort A Collaborative Endeavor. Alabelle is working on obtaining CE's for seminar which will amount to 5.75 contact hours. At present time there are 6 confirmed speakers. Hours of seminar will remain same 0700-1500. There are several medical vendors confirmed along with Fun vendors and colleges that have agreed to participate. Flier for winter seminar is on the OPANA website.

DAPANA:

DAPANA met on 11/07/2015 from 0800-1100 at Miami Valley Hospital, Maxon Parlor. We enjoyed a continental breakfast while our President Bonita Woodin, BSN, RN, CPAN welcomed everyone. We

discussed ways to increase membership and attendance to meetings. Brandy Mather committed to sending email reminders of DAPANA meetings and conferences as well as the Snooze News. Bonita asked for volunteers for the planning committee for the OPANA spring conference which will be held at the Hope Hotel near Wright Patterson Air Force Base in Fairborn, Ohio on May 14, 2016.

Our guest speaker was Cecelia Myers, RN, BSN, MSN, FNP-C who spoke on “Hypertension Management Guidelines, the Various Anti-hypertensive Agents, and the Impact on the PeriAnesthesia Patient”. She educated members on the rennin-angiotensin-aldosterone system, angiotensin converting enzyme inhibitors, angiotensin II receptor blockers, beta blockers (cardioselective and non-cardioselective), calcium channel blockers (DHP and non-DHP), and diuretics (thiazide, loop, and potassium sparing). It was a good review for all of us.

Gail Martin, BSN, RN, CPAN and Fran Miller, BSN, RN, CCRN presented their process improvement project focusing on sleep apnea and the post-operative patient. They discussed the pathophysiology, risks, and goals for the post-operative patient with sleep apnea.

Bonita ended our meeting with an interesting recount of the 2015 Legacy of Healing mission trip Paraguay. There were a total of 50 people in her group that traveled and volunteered medical treatment and medications to the people of Paraguay.

The next meeting will be on February 6, 2016 again at Miami Valley Hospital, Maxon Parlor from 0800-1200. The invited speakers are Dr. Julie Gilkeson, MD (Fun with Fistulas), Dr. Ehab Hussein, DO (PharmD Interventional Pulmonology), and Gail Martin, BSN, RN, CPAN (Neuromuscular Relaxation and Reversal in Post-Operative Patients). A total of 2.5 nursing contact hours will be offered. Members are encouraged to bring non-perishable food items to be donated to the Good Neighbor House in Dayton, Ohio.

The following meeting will be the OPANA spring conference on May 14, 2016.

GCPANA:

GCPANA Board meeting was held November 18, 2015. GCPANA members were invited to attend to meet the Board members and gather information on the workings of the Board. Two persons attended, Lori Meo and Toni Zito. Teri Shine BA, RN, CAPA was acknowledged for receiving the OPANA Outstanding Achievement Award. Hats, mittens, and scarves were collected and donated to Head Start/Community Action of Ashtabula County.

Possible dates, speakers and topics were discussed for the 2016 meetings. Saturday morning meetings with two speakers have been well received in the past. Possibility of continuing the meetings and presentations in 2016 in this manner was discussed.

GCPANA Treasurer, Amy Hanna has resigned and has retired from Lake Health.

Next Board meeting, January 20, 2016 at Lake West Medical Center, 6pm.

The President/President Elect and Treasurer positions are open.

NEOPANA:

NEOPANA 2016 Meeting Schedule:

Date:	Time:	Location:
1/12/16	7pm	Waterloo Restaurant, Akron Ohio-Board Meeting
2/09/16	7:30pm	Akron General Medical Center-PANAW celebration and Dr. Mendiola will be speaking on breast surgery.
3/16/16	5-7pm	Akron/Canton Food bank Service Project.
4/19/15	7:30pm	Akron General Medical Center-Drug Representatives from: The Medicines Company will be talking about Ionsys and another

5/10/16 7:00pm Medication that is manufactured by them.
Dinner meeting (Location TBA).

Our annual Reverse Raffle was held on Monday October 26, 2015 at Guy's Party Center in Akron. There were 80 in attendance. This is our main fundraiser for the year and will help provide scholarships for our members in good standing.

OPANA Rada Knife fundraiser orders were collected by several members.

Our November meeting was held at Mercy Medical Center (Canton, Oh). Dr. Jeff Blasick did a wonderful job presenting "Understanding Anterior Supine Hip Replacements."

Our NEOPANA logo tee-shirts were ordered and will be distributed at the next meeting for us to wear to our March Service Project.

During PANAW week, we will be giving away \$50 PANAW bucks x 8.

NOPANA:

The NOPANA November 2015 meeting was held on November 7th at ProMedica Flower Hospital, in Sylvania Ohio. The contact hour presentation was "Effective Interventions to Prevent Postoperative Sore Throat in Patients Undergoing General Anesthesia" by Faith Stechschulte, BSN, RN, and CRNA student. Ms. Stechschulte graduated in December, 2015. The program identifies patient populations that are at risk for postoperative sore throat, factors that contribute to post-operative sore throat and interventions. Business meeting followed the presentation. The Rada Knife sales fund raiser for OPANA was reviewed. Reviewed OPANA fall conference. Scholarship opportunities for members were reviewed. Community Service project was voted and approved to donate to the Eric Kramer, OPANA fall speaker to support the medical mission he works with. The next meeting is scheduled for February 6, 2016 to celebrate PANAW.

Old Business: Toledo is the OPANA home city.

New Business: January 23, 2016 is the COPANA/COAORN winter Seminar. Registration form is on COPANA website so if anyone would like to register for this seminar it is not too late. Spring Conference is in Dayton Ohio at the Hope Hotel-Cost is \$65.00 for members-registration form will be on the DAPANA website.

Next Board Meeting: May 13, 2016 at the Hope Hotel in Dayton Ohio @ 8:00pm

Meeting Adjournment: Motion to adjourn by: **Debbie Wolff**; 2nd by **Alabelle Zghoul**.
Meeting adjourned at 2:17pm

Respectfully submitted,
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February 6, 2016

