

OPANA SUMMER BOARD MEETING-2017

Hope Hollow
5600 Olentangy River Road
Columbus, OH
August 5, 2017
Timekeeper/facilitator: Debby Niehaus for Teri Siroki

Called to Order: 12:46 p.m.

Attendance: Sally Swartzlander (NEOPANA), Tina Harvey (DAPANA), Debby Niehaus (CAPANA), Beth Cooper (NEOPANA), Bonita Woodin (DAPANA), Alabelle Zghoul (COPANA), Debbie Wilson (NOPANA), Nancy McGushin (COPANA), Kate Horner (GCPANA), Sharon Gallagher (CAPANA), Debbie Wolff (NEOPANA), Sue Guertin (COPANA), Brandy Mather (DAPANA)

Absent: Teri Siroki (NEOPANA), Jean Kaminski (NEOPANA), Iris Marcentile (COPANA), Jane Booth (CAPANA)

Secretary Report: (report sent from Iris Marcentile): All members state that they have read the final draft of the Spring Board Meeting minutes sent by Iris per email. No changes or corrections. **Motion to accept minutes: Debbie Wilson; 2nd by Sue Guertin. Motion carried.**

All members state that they have read the final draft of the Spring Membership Meeting minutes sent by Iris per email. No changes or corrections. **Motion to accept minutes: Debbie Wolff; 2nd by Debby Niehaus. Motion carried.**

Treasurer Report: (Bonita Woodin):

Beginning Balance: \$17,967.48

Income: \$3, 338.49

Expenses: \$8,437.04

Ending Balance: \$13, 368.93

Official report provided to Board members.

Motion to accept Treasurer Report by: Debbie Wolff; 2nd Kate Horner. Motion carried.

Membership: (Bonita Woodin): Total Membership: 434 active (this includes 4 honorary and retired members). 309 Inactive.

District Member Numbers:

CAPANA: Active 97-Inactive 60

COPANA: Active 81-Inactive 70

DAPANA: Active 59-Inactive 37

GCPANA: Active 122-Inactive 75

NEOPANA: Active 44-Inactive 35

NOPANA: Active 31-Inactive 27

Discussed access to ASPAN Membership list. Sally will add Bonita to the approved list for access to ASPAN membership portal.

Bonita asked if District Reps are contacting new members by postcard, email or letter. Discussed ways to do this and encouraged districts to address this. Bonita reviewed how to determine if the member is new on the membership list. Postcard Teri Shine created in the past was shared with Board members. Nancy asked if Board was planning to order more of these and pay for printing and postage. Board discussed reordering but redesigning to be regular postcard size. Bonita volunteered to do the redesign if she can get a clean copy of the OPANA logo. Nancy will check her files and send to her if she has one.

President's Report: (Sally Swartzlander): I wanted to take a minute to thank everyone for encouraging me as Vice President and for helping me transition into the role of OPANA President. Thank you all for all of your years of dedication to OPANA and perianesthesia nursing. Thanks to Rose as she finished her role as Immediate Past President. We will miss having her on the Board, but look forward to working with her in her new role as ASPAN's Chair of Membership and Marketing Committee. Rose has dedicated 19-20 years of service to OPANA in various roles (District Rep, Secretary, ASPAN Rep, BP, President, and Immediate Past President). We had a wonderful and very informative spring seminar in Cincinnati in May. Great job by the CAPANA members! Thank you to Tina for the updated Snooze News and for her continued dedication to our newsletter! It looks great!

Fall Seminar-

- Speakers will include Sally Morgan-Geriatrics; Dr. Hussein-Interventional Pulmonology; Dorina Harper-Neuro Assessment; Antoinette Zito & Amy Berardinelli (Cleveland Clinic)-Integrating Best Practice for Vascular Access in the Perianesthesia Setting. Dr. Essig is no longer on the program-Alabelle will explain in her report. Sylvia Baker is speaking-Alabelle will address her topic choice in her report.
- Food-Sue is looking at other breakfast options and also different box lunch options. She recommended offering a choice of regular or vegetarian for lunch to make it less complicated for the registration form.
- Goody bags-Board members encouraged to provide donated items. Sally has pens and some bags; Beth is providing button pins; Deb Wilson is providing navy blue tote bags.
- OPANA Fundraisers-A 50/50 raffle will be held at the seminar, with profits split between the ticket holder and OPANA. A Chinese Auction will be held and donated items are needed-jewelry, candles, etc. Several members suggested that each District donate a nice basket for this. District Representatives will take this back to their districts. A Silent Auction will be held to benefit our Service Project, and donations are needed for this as well.
- Service Project-Hope Hollow will be our Service Project. We will show a video at the lunch break that explains their mission and how they came to provide services for cancer patients and their families. We could also ask the Clarks to speak briefly.

- Door Prizes-Tickets will be given to all attendees for door prize drawings. Looking for donations for this as well-any swag of ASPAN Shoppe items are welcome.
- Hotel Deadline-the block of rooms is open until September 29, 2017. Rate is \$92.00 plus tax.
- Seminar Registration-Deadline is October 2, 2017.
- Flyer-Sally and Alabelle hope to get the flyer finalized after the Board meeting. Sally plans to mail them out to hospital upon approval.
- Vendors-Sally and Beth are working on contacting vendors. The new Vendor Sponsor forms are available. Let Sally know of any vendor reps that need contacted. Vendors will send the forms and payment to Bonita.
- Sally asked that Board members encourage colleagues to bring posters for a display at the seminar. Kate stated that she has some that were presented at the ASPAN National Conference in Indianapolis, but they will need display boards that are big enough for pinning them up. Sue Guertin will check with the Siegel Center to see if they have this type of board.
- Nail files discussed at last meeting will be available. Cost of the small one is \$3.25, with suggested retail price of \$7.00. The cost of the medium one is \$4.25, With a suggested retail price of \$9.00. Sally suggested prices of \$5.00 and \$7.00 respectively. **Motion made per Brandy Mather to sell the nail files at Sally's suggested prices; second by Sue Guertin. Motion carried.**

LDI-September 15-17 Kansas City-we will be sending 3 OPANA members this year. The tuition for 2 members is covered by ASPAN. OPANA will cover the third tuition as well as room, airfare, and per diem for the 3 members attending. Originally Diane Smith had expressed interest in LDI but was not able to attend so Debby Niehaus took that spot. Bonita and rose were originally going to room together but Rose had another roommate leaving Bonita and Debby to travel and room together. This left Beth in a room by herself. **Motion made per Nancy McGushin to cover the full cost of the room for Beth; 2nd by Bonita Woodin. Motion carried.**

Mission-Beth is going to check with someone on finding a mission services that is in place for which we could sign up individually. We are hoping to organize this for next summer (2018). If anyone has any ideas, please let Beth know. Also think about being part of this venture. Elizabeth Card-RAM USA is an organization that helps people in East Tennessee and other remote areas of Appalachia. Needs further research. Sally will ask Teri Siroki to research as she originally suggested this organization. Beth Cooper will assist Teri and will report at next BOD meeting. Bonita stated that she would be willing to help with this as she has done Medical Mission trips in the past.

ASPAN's Membership & Marketing Strategic Work Team Liaison to OPANA-Received an email from Leslie Edney, our liaison. She is hoping to speak at LDI.

ABPANC-Requesting nominations for Board of Directors and President Elect. Deadline for submission is October 31, 2017.

CPAN/CAPA-Newly certified OPANA members: CPAN-10, CAPA-9 and Dual-2. OPANA current totals: CPAN-239, CAPA-159, Dual-21. Total of 419 certified nurses. Debby N. asked for names of the newly certified for the website and to see which districts they are from. Sally will send this information.

Nail Files- Ordered after Spring Meeting-50 mini with clear handle (\$3.25 each) and 50 medium with clear handle (\$4.25 EACH), both with OPANA logo. Shipping and handling was \$11.00. Grand total-\$386.00. Payment was sent by Treasurer, Bonita. Snazzy Creations is working on the nail files.

Vice President Report: (Beth Cooper): I am thankful that Sally and Teri are helping me transition into this office, I am collecting items for the fall conference silent auction, Chinese auction and door prizes. We will have folder and goody bags too. Sally and I plan to send out flyers again to hospitals in the radius. We had a good response last year and would like to repeat it.

Sally, Teri and I met last Sunday to plan for this meeting, and the conference. It occurred to me that some form of thank you gift might remind members to bring their posters to the conference.

I was asked to find information about Missions in America. Elizabeth Card (ASPAN Director of Research) shared a website that she volunteers in mission trips for: Remote Area Mission. (RAM). <https://ramusa.org/>. I do not have any spare time to plan or be responsible for this.

Immediate Past President/Nominations: (Teri Siroki): (Absent): No report. Sally states that Treasurer is due to for re-election this coming year. Bonita is willing to run for this office again and continue in the position.

Government Affairs: (Jean Kaminski): (Absent): Report sent to Iris for entering into minutes. I did not find much going on at the state level and the national level is focused on repealing ACA or not. If anything new comes up I will send it in.

I obtained this information from the ANA that does not support the change in health care. They believe many will lose coverage and healthy people will sign up for plans with a high deductible. Here is information regarding BCRA.

The Senate is looking at Better Care and Reconciliation Act (BCRA), which would get rid of the "individual mandate" implemented by the Affordable Care Act (ACA) and cap funding for Medicaid, among other major provisions. The bill includes tax credits that help people pay for coverage which are tied to income, instead of just age. It also removes taxes on high-income Americans that help pay for the ACA. However, it keeps the "stay on your parents' plan until you're 26 years old" rule and the rule that says insurance companies can't charge people more if they have pre-existing conditions. A lot of people didn't like version 1, so, Leader McConnell revealed BCRA 2.0 in an attempt to reach 50-the magic number of votes it would take to pass this legislation through the

Senate. This new language includes an unpopular amendment from Sen. Ted Cruz (R-TX), an original opponent of version 1.

BCRA 2.0 (via the Senate Committee on the Budget):

- **Out of Pocket:** An additional \$70 billion is dedicated to driving state-based reforms, which could include help with driving down premiums through cost-sharing, Health Savings Account (HAS), and other innovative ideas to help pay for health care costs. This is in addition to the \$112 billion in funding already in the original bill.
- **Health Savings Accounts for Premiums:** A provision has been included in the bill that would allow people to use their HSAs to pay for their premiums.
- **Resources for Combating Opioid Epidemic:** \$45 billion is dedicated for substance abuse treatment and recovery.
- **Skeleton Plans:** Individuals who enroll in catastrophic plans would be eligible for the tax credit subject to eligibility requirements. These plans are higher deductible plans that cover three primary care visits a year and have federal protections that limit an individual's out-of-pocket costs.
- **Taxes:** Does not include 3.8% net investment income tax, the additional Medicare Health Insurance (HI) tax, or the remuneration tax on executive compensation for certain health insurance executives.
- **Medicaid Revisions:** Disproportionate Share Hospital (DSH) changes the DSH calculation for per Medicaid enrollee to per uninsured.
- **Public Health Emergency Funds:** Will not be counted toward the per capita caps or block grant allocations for the declared period of the emergency.
- **Expanded Block Grant Option:** States will be allowed to add the expanded Medicaid-eligible population under the block grant if they opt to do so.
- **High Risk Population:** Payments could be made available to specified health insurers covering high-risk individuals enrolled in the qualified health plans on the Affordable Care Act's Individual Exchange>

What do Democrats think? Yesterday, in anticipation of the release of BCRA 2.0 the House Democrats introduced their answer to healthcare reform. "A group of House Democrats has produced its own healthcare reform proposal to improve upon the nation's healthcare system shaped over the last 7 years by the Affordable Care Act (ACA). The New Democrat Coalition's Affordable and Accessible Health Care Task Force has come up with the Solutions Over Politics plan to build upon the healthcare infrastructure put in place by the ACA. This plan would include an annual \$15 billion reinsurance fund to pay for high-cost enrollees, continue the ACA's cost-sharing reduction payments, increase outreach to boost enrollment in marketplace plans, implement a Medicare buy-in option for older Americans not yet eligible for Medicare, expand premium tax credits to help individuals pay insurance premiums, and expand the availability of catastrophic health plans to encourage younger, healthy people to buy coverage."

Ted Cruz has submitted an amendment to the Senate healthcare bill that ANA believes will wreak havoc on the individual insurance market, it's necessary to understand a more complicated concept: adverse selection. For health insurance markets to function normally there must be a mix of healthy and sick people that purchase any given product.

Adverse selection occurs when purchasers of insurance recognize that they are healthier or sicker than the average consumer, and therefore buy either more or less health insurance. This becomes a problem when sicker consumers all self-select into one health insurance product, and healthy consumers all self-select into another health insurance product. In that instance, an adverse selection problem has occurred, and the product purchased by the sicker consumers is destined for a turbulent ride as premiums skyrocket and only the sickest of the sick continue to pay them. This is the ominous "death spiral" we so often hear about. Put in this context, it's easy to see why the Cruz amendment to the healthcare bill presents an adverse selection problem. The Cruz amendment, as you know, will allow insurers to sell non-compliant health insurance plans alongside compliant plans. These skimpier non-compliant plans will cover fewer maladies, have higher deductibles and co-pays, will be exempt from requirements to provide preventative care at no out of pocket cost, and will undoubtedly be much cheaper than compliant health insurance plans. Those who are not yet sick will flock to these plans, and the sick will stick to those that actually provide coverage. But without the benefit of a healthy mix of consumers in the compliant plans, they will be in for a turbulent ride. If you're healthy, this may seem like a great deal, the only change you'll notice at first will be an increase in the number of go-fund me pages you see on Facebook for those who purchased non-compliant plans and made the mistake of getting sick, having a heart attack, or coming down with cancer. But sooner or later, we will make the change from healthy to sick, from subsidizer to subsidize-that's life, and that's health insurance. And when we do, we'll all be a lot better off if we don't fall for the Cruz amendment to the healthcare bill.

Historical: (Debbie Wolff): With the advent of technology, we are not receiving pictures as we once did. Therefore, I propose that pictures sent to the Webmaster be formatted in some acceptable way as to maintain them for prosperity.

Standard Operations: (Nancy McGushin): Dates of revision and adoption for both Policy & Bylaws were corrected and corrected copy of both documents sent to ASPAN. The question was asked if the Districts should also send their Bylaws to ASPAN. The answer is no, but they should still keep them and update as needed, following the ASPAN and OPANA models.

Fundraising: (Sharon Gallagher): RADA Knives sale at spring conference netted \$145.00. Two OPANA pins were sold for \$20.00. No OPANA ink pens were sold. Sharon has a RADA book and packet for each district today. She has provided pictures of some of the more popular items to show actual sizes. She will provide delivery bags to use for the orders. We need to have orders to her by October 31, for delivery by Thanksgiving.

Scholarship :(Jane Booth): (Absent): Report sent to Iris via email. She awarded 2 scholarships for the fall seminar for a total of \$150.00, and 25 spring conference scholarships for a total of \$1,690.00.

Convention: (Sue Guertin): Preston catering provided the lunch for our meeting today. We can have them do a box lunch for the fall seminar for a little less than \$18.00 per person. Breakfast for conference will be fruit and pastries.

Hotel conference room for BOD meeting is not available now due to a change in ownership of hotel and some remodeling taking place. Siegel center is willing to allow us to meet there. We have the room from 6-10 pm. We are planning on whoever is available to meet at 6pm to set up before the board meeting. The hotel is honoring our contract for our block of rooms at \$92.00 per night.

Kate has a contact that can make the OPANA logo cookies that she brought samples of today. Discussed getting these for the fall seminar to sell. Heart-shaped cookies are \$1.75 each or \$21.00 per dozen. She also suggested having OPANA magnets made again for giveaways. **Motion made per Bonita Woodin to purchase 5 dozen cookies and sell at seminar for \$2.50 each and to purchase magnets as suggested. Profits from cookies to go to Hope Hollow. 2nd per Debbie Wolff. Motion carried.**

Awards: (Deb Wilson): Changing Outstanding Achievement Award to Excellence in Clinical Practice to focus on the bedside nurse and to more closely align with ASPAN awards program. A new application form was sent, but some amendments need to be made. New form reviewed. **Motion to accept new form made from committee. Motion carried.** We need nominations for the new award with a deadline of October 1st. The winner will be announced at the OPANA fall seminar.

Spring Award is for Recruiter of the year. Award is based on ASPAN membership recruiting members for the Jan. to Dec. of the preceding year. Presented at the spring conference in May. 2016 Award was a tie for first place. The award was presented to Alabelle Zghoul and Marsha Artis-Smith. Current 4 people tied with 2 new members credited each.

Outstanding Achievement Award was presented at the fall conference. The nominee was forwarded to ASPAN for the ASPAN Outstanding Achievement Award.

Education: (Alabelle Zghoul): Shared a draft of the flyer for the fall seminar. Dr. Essig is off the agenda due to a conflict. She increased the minutes for the other speakers as they needed more time, so contact hours and time of program will not change. Total of 6 contact hours.

Gold Leaf/Shining Star: (Beth Cooper): Debby Niehaus and I are participating in the revision/policy update on the Gold Leaf Application. It is reviewed every three years. The subgroup we are in are reviewing each question and clarifying what data is wanted. Also the reviewers of the Gold Leaf Application will be given clearer guidelines to explain a low score. I believe the plan is to have the application available by LDI in September. I'm glad to be participating. Please send me copies of your CEU certificate so I can include them in the Gold Leaf Application. I cited these items in my May report:
***I need follow up information on how we are reaching out to non-renewing members
***I need to document 5 email blasts. So far-what would meet the criteria is-

1. Tina announcing Snooze News ready and asking reps to distribute
2. A request from Pres Sally to the Reps to notify members of –Happy PANAW, Happy Nurses Week, etc. I will also need to show a rep's email to her district of the request.

I read Debby's Webmaster report for this meeting and concur with her. I am expected to cite "evidence" data on the Gold Leaf Report... What better place than the OPANA website? It archives our newsletters too. Hurray's for new certified nurses! I am going to write ASPAN and see how to get the names of OPANA members/Ohio nurses that had posters in the convention. If that doesn't work-will ask reps for help.

Webmaster: (Debby Niehaus): Please promote our ohiopana.org website to members at your district meetings, in your newsletters, and any notices, as their site for perianesthesia information local, state, and national. Encourage your members to use the site for updates from YOU or YOUR monthly meetings and contact information. You do need to keep up to date.

Posting information on our site helps to keep track of GOLD LEAF (GL) activities and then is easy for our Gold Leaf Award Application Committee to track district information. Beth really appreciates postings on site as well as sending her GL information anytime.

Members and prospective members can access the site from any computer or tablet with Wi-Fi and their smart phones. We need to promote the site as a recruiting/retention tool and as a way to reach the tech savvy **millennial** who stay informed and connected electronically. It is to your advantage to promote using ohiopana.org.

I really do need your information about the board and district updates that can include but not limited to:

1. Meeting notices, district minutes, community activity participation, scholarship forms, and/or flyers. If you have had a meeting in the past two-three months sends me a note or meeting minutes to have information current on your site.
2. **Updates on Elected Leaders and their Pictures at installation if possible.** If you do not want all officers, then send Pic of President of District. Many districts are having change of officers over past few months. Please keep your district site current.
3. Pictures to share **Please send an accompanying email** that you have permission from the people in the picture that we can publish on website. **This is needed.** (Include preferred names if you want them on the picture on the site)
4. I still need Officer and Board Bios and any changes you wish on Board Page and we will make sure to have updated P and P and Bylaws on page soon. Beth, please send bio for me to post. See the bio page for what others have written.
5. Suggestions for any new pages for the web??

Thank you for all your contributions. This is your site, so let's make it great!!

Publications/Snooze News: (Tina Harvey): Changes discussed at last meeting include 3 Snooze News published per year-March, July and November with less pages and focus on upcoming/future events and articles. Deadline is 10/25/ 17 for next edition.

Districts Reports:

CAPANA: (Sharon Gallagher): We had our last meeting in June. It was a dinner meeting with installation of officers. It was poorly attended. CAPANA needs to assess/boost attendance at our monthly meetings!

Our new president is Diane Smith. Debby Niehaus is treasurer, Nila Siebert is secretary and we have no vice president. Sharon Gallagher is past president. Our board is meeting mid August to firm up our agendas for 2017-2018. we have interesting speakers planned. Our spring ½-day workshop is March 17, 2018.

We have been sharing our CE offerings with AORN. They have been contributing ½ the cost of the CE. It seems to work for both organizations.

Forgot to mention how successful OPANA's spring conference sponsored by CAPANA was! 69 attended with a net profit of \$2952.40. CAPANA to give OPANA a check for \$295.24.

COPANA: (Iris Marcentile): Nancy McGushin reported that COPANA now has a National Conference scholarship for its members. She will send application form to Debby Niehaus to post on OPANA website. If anyone wants a copy to use as a template for their districts, let her know.

COPANA had their quarterly meeting on July 22, 2017 with speaker Andy Lee RN, CA, Lac, Dipl.ac (NCCAOM). She spoke on Aromatherapy-making sense of scents. It was a very interesting and informative program. A continental breakfast was served to the attendees who also were given 1 CE.

DAPANA: (Brandy Mather): BOD planning meeting in August to plan for the next year.

GCPANA: (Kate Horner): GCPANA held its board meeting on June 14, 2017. We will be hosting a half-day CEU opportunity on September 23, 2017 at Pine Ridge Country Club in Wickliffe, Ohio. Please save the date. Flyer to follow. We discussed contacting all inactive members about membership renewal. Board members will personally contact those inactive members that they know. Letters will be sent to those that we do not have a personal or professional relationship with.

Certification- Chelsea Wallace, RN recently passed the CPAN exam.

2018 ASPAN National Conference-"Handling PACU Emergencies" proposal was accepted for presentation. The speakers are Colleen Cummins, BSN, RN, CEN, Brian Rann, BSN, RN, EMT-P and Donna Voldan BSN, RN, CAPA.

Board Meeting dates for 2017:

September 23, 2017

December 14, 2017

NEOPANA: (Debbie Wolff): I have nothing new to add at present as our Board meeting to organize for the upcoming year does not occur until August 8, 2017 at 7pm at the Waterloos Restaurant in Akron. The 31st annual NEOPANA Reverse Raffle will be held on Monday October 23, 2017. Updates of current board members and officers as well as picture has been sent to Debby Niehaus for the website.

NOPANA: (Debbie Wilson): NOPANA May 13th meeting was held at ProMedica Flower Hospital, Sylvania, Ohio. The program was Back to Basics: Ohio Nursing law presented by Barbara tassel, MSN, RN, Administrative Director of the ProMedica Center for Nursing Excellence. Contact hours were awarded which will meet the requirement for a nursing law CNE credit.

Short business meeting followed the presentation with a continental breakfast. Discussion included an overview of the ASPAN National conference, recognitions of a newly certified CPAN nurse and new members present, and the upcoming spring and fall conferences. All members were issued an open invitation to attend an OPANA Board meeting. OPANA and NOPANA Scholarship opportunities for members by were reviewed with the application process with forms available at the meeting. ProMedica Flower Hospital Surgical Services is participating in a RN residence program for new graduates. There is currently 2 new graduated in the program. ProMedica Toledo Hospital Preop and PACU is participating in a Youth Summer Employment program where underserved youth are offered an opportunity for employment in the health care filed for 8 weeks this summer. This allows them to see different health care careers available in health care, attend a leadership seminar and earn money. There are 2 youth positions in Preop/PACU and 6 in surgery.

The next meeting will be September 9, 2017 with location and speaker to be announced.

Old Business:

- Possible Ronald McDonald Day as a service project for all the components of OPANA to go to their local Ronald McDonald House as a group to volunteer.
- Ways to acknowledge CPAN/CAPA certified nurses.

New Business: Alabelle announced that this is her last year as Education (Program) Chair. She is retiring from OSU, so we will need another source for CE approval.

Sally talked to Meg Beturne about presenting at the fall seminar for 2018. Not confirmed yet.

Kate asked if ABPANC is planning to offer certification testing more than 2 times per year. Brandy answered that she asked about this and the answer is no, due to the cost of the testing sites.

Discussed donation to Hope Hollow. They were very gracious in hosting us for our meeting and giving us a tour of the facility. **Motion per Debbie Wolff to donate \$300.00 to Hop Hollow today, 2nd by Kate Horner. Motion carried.**

Next Board Meeting: October 13, 2017 at the Siegel Center conference room at Mt. Carmel East Hospital.

Upcoming dates:

Fall seminar October 14, 2017 Mt. Carmel East Siegel Center Columbus, Oh

PANAW-February 5-11, 2018

ASPAN National Conference-Detecting Greatness: The Proof is in Our Practice is April 29-May 3, 2018 in Anaheim, CA.

Meeting Adjournment: Motion to adjourn meeting made by **Debbie Wilson;** 2nd by **Nancy McGushin.** Meeting adjourned at 2:39 p.m.

Respectfully submitted,
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October 11, 2017