

OPANA SUMMER BOARD MEETING-2019

Brio's at Polaris Mall
Columbus, Ohio
August 10, 2019
President: Beth Cooper
Time Keeper: Sally Swartzlander

Called to Order: 11:10am

Attendance: Beth Cooper (NEOPANA), Amy Berardinelli (GCPANA), Sally Swartzlander (NEOPANA), Iris Marcentile (COPANA), Debby Niehaus (CAPANA), Sharon Gallagher (CAPANA), Bonita Woodin (DAPANA), Alabelle Zghoul (COPANA), Tina Zito (GCPANA), Sue Guertin (COPANA), Tina Harvey (DAPANA), Debbie Wilson (NOPANA), Kim Place (COPANA), Laurie Latz (COPANA).

Absent: Jane Booth (CAPANA), Nancy McGushin (COPANA), and Debbie Wolff (NEOPANA).

Current Board for 2019-2020:

President-Beth Cooper
Vice President/President Elect-Amy Berardinelli
Secretary-Iris Marcentile
Treasurer-Bonita Woodin
Immediate Past President/Nominating-Sally Swartzlander

Current Committee Chairs:

Standard Operations-Nancy McGushin
Fund Raising-Sharon Gallagher-for one more year
Scholarship-Jane Booth
Governmental Affairs- Jean Kaminski
Education: Alabelle Zghoul; also welcome to Kim Place* in her new role helping Alabelle with Education. She signed Willingness to Participate form.
Convention: Sue Guertin
Historian: Deb Wolff
Awards: Deb Wilson
Webmaster: Debby Niehaus
Snooze News: Sally Swartzlander
Gold Leaf/Shining Star: Toni Zito*

OPANA Representatives:

CAPANA-Sharon Gallagher
COPANA-Kim Place*
DAPANA-Tina Harvey*
GCPANA-Cheryl Andreas-Alter*
NEOPANA-Debbie Wolff
NOPANA-Debbie Wilson

Welcome to new members of the board and committees to your new roles.

Secretary's Report: (Iris Marcentile):

Motion to approve Spring Board minutes with corrections was made by: **Debby Niehaus**, 2nd by **Bonita Woodin**. Motion passed.

Motion to approve Spring State Membership minutes with corrections was made by **Debby Niehaus**, 2nd by **Sharon Gallagher**. Motion passed.

Treasurer's Report: (Bonita Woodin):

Beginning Balance: \$14,223.68

Income: \$2,742.25

Expenses: \$4,250.50

Ending Balance: \$12, 715.43

Motion to approve Treasurer Report was made by **Iris Marcentile**, 2nd by **Debby Niehaus**. Motion carried.

Membership: (Bonita Woodin): **Total Membership:**

District Membership Numbers:

CAPANA: 92-60 inactive

GCPANA: 112-68 inactive

COPANA: 92-49 inactive

NEOPANA: 47-23 inactive

DAPANA: 55-36 inactive

NOPANA: 35-20 inactive

Sue Guertin introduced speaker from Freedom Ala Cart to tell us about their mission and business. Speaker brought samples of breakfast food and lunch boxes that we can order for fall seminar. She also talked with the board members about what items the organization could use for women of human trafficking that they help on continuous basis.

Presidents Report: (Beth Cooper): Hello All! Thank you for attending today's meeting!

At some point Deb Moengen-Region 3 Director will be calling to say hello.

We have a speaker from Freedom Ala Cart at 11:30.

Our last board meeting was held on May 17 at the Marriott Fairfield Hotel. NEOPANA hosted the spring seminar at the Wellness Center in Bath. Nancy Strzyewski was the speaker for the conference. She was interesting and presented a nice variety of subjects. The seminar was well attended. Thank you NEOPANA! We had a nice food selection. ABPANC representative Teresa Smalley brought an amethyst bracelet for raffle and was won by a newly duo-certified nurse.

Debby Niehaus shared the 40 year history of OPANA through a detailed visual display. Debby shared she got to go to the White House when she was ASPAN's President and met Barbara Bush. This has been the only time an ASPAN president was invited. Past OPANA Presidents present at the conference were given a rose, Thank you Debby.

I ask you all to take a look at your role as written in our policy on the website.

We have been contacted by Jacqueline Knauff that Portsmouth Ohio would like to start a regional group! I referred our policy about starting a new group. Debby Niehaus will act

has liaison. I also have asked Debby Niehaus and Nancy McGushin to serve as mentors as they have been involved in OPANA and give advice through their experience. We need to receive a letter of intent. Jackie is unable to attend meeting today.

Component Development Institute (CDI) will be held in Cincinnati September 13-15. Attending thus far will be Beth Cooper and Amy Berardinelli. Amy has a prospective GCPANA member she would like to attend. I have 2 room reserved at present with the hope someone else would like to come. It is our own home state. Discussion on paying for two people to attend CDI, with a motion made by Amy Berardinelli for OPANA to pay for two people to attend CDI; 2nd by Iris Marcentile. Motion carried.

Our fall seminar will be held October 5 at the Mount Carmel East Siegel Center. We have multiple topics:

1. Dr. Soural: Update on Renal Disease
2. CNS: News about Transplants
3. Toni Zito: The Opioid Crisis in Ohio: Some Good News.
4. Paula Haines: Violence against Women. Will have a victim with her.
5. Dr. Eiferman: The Second Victim Phenomenon. Dr. from OSU will speak.
6. Debby Niehaus will speak about OPANA History. This is our 40th year and we will display what Debby brought before. We will have our open membership meeting during lunch. Teresa Smalley is aware of our date to bring ABPANC information.

Freedom Ala Cart will be catering our conference. We will have a speaker here today to tell us about their mission and how we can help them. One perk will be that the caterer is a survivor and will receive the profits of our food order.

Holiday Inn Express is holding rooms until September 13, 2019 at a rate of \$92.00. We will meet at the Siegel Center Friday evening. The room is open to us at 6pm to set up. We will have our board meeting at 8pm at the Siegel Center.

I need to contact vendors and welcome assistance. I will have a folder count; I would like to continue the 40 year anniversary theme. I believe I have enough paper bags, tablecloths and stuff for decorations. I also want to ask our members who submitted posters to conference to bring them; I would like to acknowledge them at our conference.

ASPAN newsletter Breathline is out. President Amy Dooley's 2020 theme is "Celebrate Strengths". Reminders in the newsletter include: Deadline October 15, 2019:

1. Applications for Celebrating Successful Practices and Research/EBP/QI abstracts.

Deadline October 31, 2019: Willingness to Serve form for 2021 ASPAN committees. There were 272 volunteers who served on the various teams and committees in 2019.

Vice President/President Elect Report: (Amy Berardinelli):

Thank you for attending today's meeting, especially for those who have traveled far on this beautiful day. I am extremely excited to be a member of OPANA, as well as the Vice

President/President Elect. As you know, I have a lot to learn and will be reaching out to many of you for support, input as well as needed items to assist in our future ventures. Some of my responsibilities include:

1. Any duties assigned by our President
2. Fall conference: 50/50 raffle, gift bag raffle, and silent auction (please let me know who can donate and what you are able to donate)
 - a. District reps-please donate a basket that is reflective of your region-for the Silent auction
 - b. Donation items for the gift bag raffle
 - c. Donations for goodie bags are greatly appreciated, I will need help with:
 1. Friday-Table set-up
 2. Saturday-helpers to sell raffle tickets and deliver winning items
 3. Saturday-end of conference clean-up
3. Chair the OPANA Component Night Committee to plan ASPAN Component Night activities. This year we are headed to Denver. Here are some facts about Denver that may spark some ideas:
 - Denver currently has more marijuana dispensaries than Starbucks stores
 - Denver's nickname the Mile High City because it sits at an elevation of exactly one mile, or 5280 feet.
 - Louis Ballast, who operated the Humpty Dumpty Barrel Drive-on in Denver, was the first person trademark the cheeseburger.
 - The first permanent structure in Denver was not a hospital, bank or house-it was a saloon.
 - Denver brews more beer than any other city in the nation, with over 200 different beers brewed daily.
 - Because of Denver's air and altitude, it's also easier to get drunk. Alcoholic drinks can sometimes feel 1.5 to 3 times more potent.
 - Famed music group Led Zeppelin played their first show in America at the Denver Auditorium Arena on December 26, 1968.
 - Denver was rated as the healthiest city in the country for pets by Purina, ranking high in categories like veterinarian to pet ratio and low number of fleas.
 - Denver collects more money for the arts per capita than any other US city.
 - The Denver Performing Art Complex is the 2nd largest performing arts center in the world.
 - Denver was home to the very first Chipotle Mexican Grill.
 - The Denver mint is the single largest producer of coins in the world. You can tell if a coin is made in Denver by a D mark.
 - Denver has 300 days of sunshine a year.
 - Denver is cultural city with the second highest educated population in America.
 - Famous people from Denver:
 - a. Tim Allen
 - b. Roseanne Barr
 - c. Don Cheadle
 - d. Duane "Dog" Chapman the bounty hunter
 - e. Mamie Eisenhower-36th 1st Lady

Thank you for the opportunity to attend this year's Component Development Institute in Cincinnati.

Immediate Past President/Nominations: (Sally Swartzlander): In 2020, we will be electing secretary-Iris Marcentile has agreed to continue on as secretary, if there are no other nominations. For 2021, we will have Treasurer and Vice President elections once again. Please encourage members of your local district to become involved with local leadership. There are so many great OPANA members out there that I hope we can get involved with the OPANA Board. Let me know if you have any questions or any nominations.

Government Affairs: (Jean Kaminski):

Rubio-Warren “Protecting JOBS Act”

As college graduates continue to struggle with debt from federal student loans, some have been disproportionately harmed by outdated state laws that allow states to deny, suspend, or revoke a borrower’s professional license as a penalty for default. The federal government assumes the risk for losses incurred from federal student loans, including when borrowers default, and the American taxpayers are on the hook when borrowers are suddenly no longer able to work because their professional licenses are revoked or suspended.

The bill will ensure that our graduates have the ability to repay their student loans and that they are not prohibited from working as a trained professional because of debt. This outdated and misguided tactic to revoke professional licenses can make it even more difficult for borrowers to repay their loans. Without their license, they are unable to work to repay their loans.

What the bill does: Beginning two years after enactment, this legislation would prevent states from suspending, revoking or denying state professional licenses solely because borrowers are behind on their federal student loan payments. The bill uses the same statutory structure that requires certain members of the Armed Forces receive in state funds under the Higher Education Act.

1. Prevents states from denying, suspending, or revoking state issued: driver’s licenses; teaching licenses; professional licenses; or a similar form of licensing to lawful employment in a certain field.
2. Gives states two years to comply.
3. Provides borrowers with legal recourse for non-compliance, by allowing them to file for prospective injunctive relief if a state violates the terms of the act.

What the bill does not do: This bill would not change the federal government’s existing methods of student loan collection. This bill only addresses states’ denial, suspension, and revocation of licenses solely because of federal student loans. It does not prevent a state from denying, suspending, or revoking a state issued license for other reasons.

The Workplace Violence Preventions for Health Care and Social Service Workers Act; HR 1309

Congressman Joe Courtney of CT, a senior member of the House Education and Labor Committee, introduced legislation to curb rising rates of workplace violence facing health care and social service employees such as nurses, physicians, emergency responders, medical assistants, and social workers. **HR 1309** would require health care and social service employers to write and implement a workplace violence prevention plan to prevent and protect employees from violent incidents in the workplace.

Nurses are engaged in everyday with co-workers and employers in efforts to prevent WPV. It is, after all, a nurse’s ethical duty to help foster an overall culture of safety and civility for everyone in a care setting. There are many resources to support nurses who want to take a more active role in making their workplace safer.

Yet when a true culture of safety is not achieved, federal oversight may be necessary to prevent WPV. Nurses should file complaints with OSHA about WPV incidents stemming from unsafe situations, as well as other hazards. It's best for complaints to be specific about existing hazards and name the workplace injuries or health impacts that have occurred.

Historical: (Debbie Wolff): No report

Standard Operations: (Nancy McGushin): In the minutes for the spring meeting, Iris mentioned that there was a correction to the winter board of directors meeting regarding the Bylaws revisions, but it does not state what that change was. Please let me know if I need to change anything in the Bylaws and P/P I sent last time. There are no changes pending to the OPANA Bylaws or Policy & Procedure Manual at this time. The next review of the Bylaws and Policy & Procedure Manual will be in the fall of 2020.

Fundraising: (Sharon Gallagher): I have attached the fundraising activity report. We haven't had any activity since spring meeting. I am bringing the catalogs/etc for fall sale to distribute.

Income for fundraising consists of sales from the spring seminar.

5/18/2019 cash and carry-\$74.00

5/18/19-OPANA Pins-\$10.00

5/18/19- OPANA Pens-\$6.25

5/18/19- OPANA Bandanas-\$2.00

Expenses: 5/28/19 C&C-\$147.00

This report was also sent to Bonita Woodin for Treasure Report.

Scholarship: (Jane Booth): (**ABSENT**): Sorry I'm unable to attend the board mtg. I always look forward to seeing everyone. My scholarship report: I approved 13 scholarships for \$975.00. I am not sure how many Bonita has mailed.

Convention: (Sue Guertin): Sue informed the board that Laurie Latz will be helping with the convention committee and introduced Laurie to the board. Welcome to Laurie and thank you for helping with this committee.

Awards: (Debbie Wilson): Award changes effective: Board meeting May 2018-awards changed to certificates, pins, and monetary award for first place.

Spring award: Recruiter of the year. Award is based on ASPAN membership recruiting members for the January to December of the preceding year. Presented at the spring conference in May. Award presented at spring 2019. Award winner: Diane Thompson, BSN, RN, CAPA.

Recruiter of year standings for 2019: 1 person has 3 new members and 4 people have 2 new members each.

Fall award: Excellence in Clinical Practice Award. Application form is available on the web. Award presented at the fall 2018 meeting to Debra Wolff, BSN, RN, CPAN. The nomination was forwarded to ASPAN for the 2019 Clinical Excellence Award. Open for nominations at current time for fall 2019.

Education: (Alabelle Zghoul): 6.25 CE awarded for fall seminar October 5, 2019. Alabelle will be sending out the flyer to district reps.

Discussion by the board to increase the price of fall seminar to \$50.00 for board members (stayed the same); \$75.00 for ASPAN members; \$85.00 for non-members; and Retired-\$25.00 (stayed the same), Motion made by **Bonita Woodin** to increase the cost of fall seminar; 2nd by **Debby Niehaus**.

After motion made it was discussed that since flyers already sent out with current price for conference on it, we could not change the price this year for 2019. Price will remain for this fall seminar. Motion made by **Bonita Woodin** to have new price for fall seminar in 2020; 2nd by **Iris Marcentile**. Motion carried.

Gold Leaf/Shining Star: (Toni Zito): OPANA is not eligible to apply for the Gold Leaf Award at present. We can submit an application in 2021. We will begin to collect data in January of 2020. Beth will mentor Toni on this process as she is a Gold Leaf reviewer, along with Debby Niehaus. We will continue to apply for the Shining Star in 2020. Currently, 79% of our members are certified (25% is minimum eligibility). There is an award to individual nursing units to apply if they have certain percentage of certified staff. Teresa Salley can send us the information so that it is available for fall conference.

Webmaster: (Debby Niehaus): OPANA Officers and Board Members. The time to make some updates to the web is now.

Representatives, please review your district pages: If you are orienting a new District Rep, please share their website responsibility for updates and sharing of news and meetings!!

Send me your next meeting notices, current officers, pictures, and other recently completed or upcoming event information. Posting on your district pages keep your members up to date and is also a way to share ideas with other districts for educational programs. We keep track of activities throughout the year with the webpage info showing if we are **on track with our current strategic plan. **We will be reviewing this fall for revisions and or additions to our strategic plan 2019-2021.**

- Please email or text me information including: meeting notices, district minutes, community activity participation, scholarship forms, and/or flyers. If you have had a meeting in the past two-three months or are planning a workshop or meeting with presentations then send me a flyer, note, and/or meeting minutes to have district information current. Do not let your webpage get outdated and not useful for your members. I need everyone to assist me. **PLEASE REVIEW THE WEBSITE.**
- Send pictures because members enjoy seeing your activities throughout the state. Photos show OPANA is active. Pictures to share (**Please send me an accompanying email**) and that you have permission from the people in the picture that we can publish on website. **This is needed.** (Include preferred names of individuals, if you want listed along with the picture).
- If you have suggestion for new pages for the web, please share? We have added pages when suggested and I can always add additional pages.

We are not applying for Gold Leaf Award this year, but we still need to keep our pages up to date. **As a past Gold Leaf winner**, other components will be looking at our site as they do their application for

Gold Leaf in 2020, so we need to look good and be current. I'm sure Beth has shared that much of our information used for our Gold Leaf packet was found on our web pages.

I want to thank you in advance for providing information on your web pages. Please either **call or text to 513-641-6849** and you can email to: debbyniehaus@zoomtown.com your pictures and or articles.

Snooze News: (Sally Swartzlander): I am finishing up the August issue of Snooze News. Thank you to all that contributed to this issue. Also, thank you Tina for answering all my questions about the newsletter. I will be sending it out to everyone soon. I plan on having the next newsletter out in November/December. I want to make the submission deadline October 31, 2019. I plan to include highlights from the OPANA fall seminar, CDI, Spring Certified Nurses, etc. Please submit any articles by 10/31/19. If there is anything new and exciting going on at your hospital or in Perianesthesia nursing, I would like to share it with our colleagues! Please let me know what will be going on in your districts for the end of 2019 through winter of 2020 also. Debby Niehaus, I would like you to include an article about the history of OPANA to highlight our 40th Anniversary since I know that you will be sharing at the OPANA fall seminar (Please & Thank you!).

District Reports:

CAPANA: (Sharon Gallagher): We have our 1st meeting September 18th. We will be recognizing newly certified nurses. We have 3 great speakers lined up so far for September, October and November: Dr. Dagan, speaking on anesthesia, pain management, and understanding the anesthesia record. We had him at our spring conference and everyone loved him; Dr. O'Keefe, speaking on the TAVR procedure; and Dr. Deutsch, speaking on ENT procedures on pediatric patients.

We have set a date of March 21, 2020 for our spring conference.

Our board will be meeting soon to brainstorm of how to generate interest in being active in our organization. At present, we have no president or vice-president. Diane Thompson and I are trying to keep it together with the help of Debbie N, treasurer, and Stephanie L, our secretary.

COPANA: (Nancy McGushin): Planning has started for the annual COPANA winter seminar, "Perioperative Safety and Comfort-A Collaborative Endeavor," in conjunction with CO-AORN. Tentative topic for the 2020 seminar is "Organ Donation and Transplantation." The date is Saturday, February 22, 2020 at the Wasserstrom Auditorium at the James (OSU).

The June quarterly meeting was held at Fairfield Medical Center in Lancaster. Topics included "Anesthesia Considerations for the Opioid-Addicted Patient" by Dr. Doug Dearth (FMC Anesthesiologist), and Ohio Nursing Law "Professional Boundaries: Ethical & Legal Responsibilities" by Sally Morgan (former COPANA member and former ONA President). 22 people attended and enjoyed the topics and breakfast.

The next COPANA quarterly meeting is scheduled for Saturday, October 19th at the Columbus Ronald McDonald House at Nationwide Children's Hospital on East Livingston.

COPANA Board of Directors for 2019-2020 will be:

President: Iris Marcentile (continuing in current role)

Vice President/President Elect: Kim Place

Past President: Nancy McGushin (continuing current role)

Secretary: Valerie Tiu

Corresponding Secretary: Marion Milan

Treasurer: Lisa Smith-Philpott

Membership Chair: Monica Eutsy

Education Chair: Alabelle Zghoul

Historian: Billie Tender

This board will assume their roles at the October meeting.

The Board of Directors is reviewing new proposed Bylaws and Policy & Procedures.

FYI-Winnie Guthakonda, former COPANA member, is now living near her daughter in Washington, D.C. She is doing some per diem there in a local PACU because she did not like being retired (sound familiar?). She told the PACU staff that she had won the JOPAN photo contest in 2015 and her preceptor convinced her to try again with her. She WON again! She is in the photo this time, which is photo of a Phase 11 patient learning to use a walker. Keep an eye on the January edition...Winnie will be on the cover!

DAPANA:(Tina Harvey): DAPANA's first educational offering of the year will be held on November 16th at the Dean Amphitheater at Kettering Hospital. Our speaker will be Dr. Randall Klotz speaking on "Anesthesia Potpourri: Opioid Free Pain Control". This will be for 1.5 CE.

Our second educational offering will be held Feb. 1, 2020 with Michele Uhl, nurse and LMT, discussing and demonstrating Holistic Nursing Interventions for Dementia. This will be for 3 CE's.

Our next planning meeting is to be held after our speaker on November 16th. We will be discussing speakers for April, fundraising ideas and community service opportunities.

GCPANA: (Amy Berardinelli): GCPANA board meeting was held on Wednesday August 7, 2019 at Night Town 12387 Cedar Rd., Cleveland, Ohio on the patio.

Open issues were discussed by the board members:

- OPANA fall conference Oct 5th-Mount Carmel East Seigel Center
- Deb Moengen is our Region 3 Director
- GCPANA fall conference updates
- Open positions-review of positions
- CDI-is anyone interested in attending? OPANA has set aside 2 rooms

- Snooze News Report-Submission deadline October 31, 2019
- ASPAN Breathline is out- President Amy Dooley's 202 theme is "Celebrate Strengths"
- Reminders: Deadline October 15, 2019-application for Celebrating Successful Practices and Research/EBP/QI abstracts; Deadline October 31, 2019-Willingness to Serve form for 2021 ASPAN committees. There were 272 volunteers who served on the various teams and committees in 2019.

New Business:

- OPANA 2021 open positions-Treasurer and VP
- ASPAN Mosby Orientation to Perianesthesia Nursing course possible presentation
- CAPA/CPAN certification review-Cleveland Clinic to put this on
- Additional Ohio Region-Portsmouth
- Vote to combine the Historian and Educational position

Upcoming Dates:

1. CDI September 13-15th 2019 in Cincinnati
2. OPANA Board meeting October 4th 2019 at 8pm Seigel Center
3. OPANA fall seminar: Saturday October 5, 2019

NEOPANA: (Debbie Wolff): Just wanted to thank all of you wonderful people for attending our spring OPANA conference in May. We thoroughly enjoyed providing it for you. We have our board meeting scheduled for Tuesday August 13, 2019.

NOPANA: (Deb Wilson): NOPANA May 11, 2019 meeting was held at ProMedica Flower Hospital, Sylvania, Ohio. The speaker was Kristi Gallagher, MSN,RN, CEN TCEB EMTP EMSI FAEN., ProMedica Toledo Hospital Emergency Department Educator. The topic was Safety in the work place and was CNE approved. Business meeting followed the presentation. Discussion centered on dates and locations available for the spring 2020 OPANA conference hosted by NOPANA. Regina Torti has agreed to present her ASPAN National Conference presentation at the September meeting. Continental breakfast was provided by NOPANA.

September meeting: September 14th at 10am at ProMedica Flower Hospital.

Spring conference May 9th-tentative Sylvania/Toledo area?

Old Business: None

New Business: Portsmouth request to start region group. Please see President Report concerning this subject.

Upcoming Dates:

1. CDI September 13-15 in Cincinnati
2. Board meeting October 4, 2019 at 8pm Seigel Center
3. OPANA fall seminar: Saturday October 5, 2019

4. Snooze News deadline: October 31, 2019

Motion to adjourn meeting made by **Iris Marcentile**; 2nd by **Debby Niehaus**
Meeting adjourned at: 1328pm

Respectfully submitted:
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September 15. 2019