

OPANA SPRING BOARD MEETING-2016

Hope Hotel and Conference Center
Wright Patterson Air Force Base
Fairborn Ohio
May 13, 2016
Timekeeper/facilitator: Rose Durning

Called to Order: 8:05pm

Attendance: Teri Siroki (NEOPANA), Sally Swartzlander (NEOPANA), Rose Durning (DAPANA), Carol Zacharias (NOPANA), Iris Marcentile (COPANA), Tina Harvey (DAPANA), Jane Booth (CAPANA), Debby Niehaus (CAPANA), Sharon Gallagher (CAPANA), Beth Cooper (NEOPANA), Debbie Wolff (NEOPANA), Patty Molder (GCPANA), Brandy Mather (DAPANA).

Absent: Alabelle Zghoul (COPANA), Nancy McGushin (COPANA), Sue Guertin (COPANA), Debbie Wilson (NOPANA), and Jean Kaminski (NEOPANA).

Slate of Officers 2016-2017:

President: Teri Siroki
Vice President/ President Elect: Sally Swartzlander
Immediate Past President: Rose Durning
Treasurer: Carol Zacharias
Secretary: Iris Marcentile
ASPAN Rep: Sally Swartzlander

Secretary Report: (Iris Marcentile):

No changes or corrections to the Winter Board Meeting. Motion to accept minutes:

Debby Niehaus; 2nd by **Jane Booth.**

Treasurer Report: (Carol Zacharias):

Beginning balance: \$13,717.61
Expenses: \$5,308.85
Income: \$6,537.75
Ending balance: \$14,946.51

Membership: (Carol Zacharias): Total Membership 593

District Member Numbers:

CAPANA: 128	GCPANA: 160
COPANA: 119	NEOPANA: 70
DAPANA: 76	NOPANA: 40

President's Report: (Teri Siroki)

1. NDASH-was held on March 2, 2016. OPANA was a registered sponsor. OPANA had a nice showing with at least 10 members attending. We heard presentations

- by many state legislators and learned of issues facing nurses in the state of Ohio. NDASH will be held on March 22, 2017.
2. Fall seminar will be October 21 & 22, 2016. We will again be using Country Inn and Suites and have the seminar at Mount Carmel Siegel Center. It was mentioned that there is a cost for the Siegel Center-it was thought that \$400.00 was the cost last year for renting meeting room and for AV system. Other board members stated they thought the reason we were using the Siegel Center was because we obtained it for free. Teri Siroki is going to contact Sue Guertin about this and if this case may have to find another venue for fall conference. Sally Swartzlander has spoken with Lois Schick about being our speaker for the day. Sally will present that information. It was also noted that Alabelle had someone lined up to speak along with Iris Marcentile having someone lined up. These speakers are being put on hold and maybe we can get them to speak at next year's fall seminar.
 3. National Convention: Eight of our officers attended. We several people from across the state and encouraged them to become involved with their local districts. Donations were made to "Hail, Honor, Salute" in memory of Joyce Dufford. Auction items were provided by Sally & Rose.
 4. We won the Shining Star Award! Congratulations! Thank you Beth for your hard work on this.
 5. We had a 50/50 raffle and collected \$268. Half (\$134) went to Liz Martin and the other half was given to Carol for deposit to our account. Liz Martin is one of 5 people who have attended all 35 ASPAN Conventions. She was very excited to be our winner.
 6. LDI this year will be in Cincinnati. OPANA will send 3 people. Teri Siroki and Rose Durning will be unable to attend this year due to other commitments. Who would like to go? LDI is September 16-18 at Marriott Cincinnati at Riverside. Cost is \$85.00 maybe since it is local more people would like to attend. It was suggested that for the ones who would be interested in going to LDI, OPANA would pay for 2 people transportation (mileage), hotel and registration fee. **Sally Swartzlander** made a motion toward this suggestion and 2nd by: **Rose Durning**. Board voted and motion passed.
 7. Changes to standards. ASPAN working on an air quality standard for PACU. It will be voted on this month and added to the new standards. Teri Siroki attended RA for the 1st time and learned about the new standards coming out on medical gases, Alzheimer's, etc.

Vice President/President Elect Report: (Sally Swartzlander):

Several OPANA members attended ASPAN's 35th National Convention "Renew Perianesthesia Passion Inspire Excellence" in Philadelphia, PA. Teri and I attended the Presidential Luncheon on Sunday with other Component leaders. The conference kicked off Sunday evening with Component Night. We dressed in patriotic attire. The OPANA table was decorated in a red, white, and blue/American Bandstand theme. We gave out buckeyes and had a 50/50 raffle.

On Monday, the opening ceremonies keynote speaker, Rich Bluni RN, gave a heartfelt "Inspired Nurse: talk. We had several CPAN and CAPA certified OPANA members that

attended the CPAN/CAPA Celebration Luncheon. We heard a great talk “Who Hijacked My Fairytale-Hanging on to Humor When Life Doesn’t Go the Way you Planned.” OPANA won one of the ABPANC Shining Star, which Beth Cooper RN accepted for us. Thanks Beth for all of your hard work with the with the Shining Star and Gold Leaf applications.

There were many great lectures to choose from on Tuesday and Wednesday. One of the lectures that a few of the OPANA members attended on Tuesday was “Update on Uses and Abuses of Medical Marijuana” by Lois Schick. On Tuesday evening, 10 OPANA members and friends went to dinner at McGillin’s Old Ale House (the oldest Tavern in Philadelphia). We advertised this on the communication board at the conference for all OPANA members as a networking opportunity.

Our OPANA members met before the President’s Reception this year for our annual group photo.

We met 3 new conference attendees from the Columbus area that stopped by for the picture and joined us at the President’s Reception.

On Thursday, the conference closed with breakfast and an excellent session, “Celebrate Nursing: Human by Birth-Hero by choice” by Renee Thompson RN.

This year’s conference provided many great memories, inspiring/celebrating nursing and excellent educational opportunities. When the conference was over there was also time to sightsee with fellow OPANA members while in Philadelphia.

Another great aspect of attending the ASPAN National Conference is the networking opportunities. After attending Lois Schick’s lecture, I was able to talk to her before another session. I told her that we would be interested in having her come to speak at the OPANA fall seminar. She told me to email her, which I did. She is willing to come do the whole seminar and is willing to work with us on the financial aspects. She told me at the conference that she usually asks for the current ASPAN speaker rate (approximately \$825), airfare, hotel, and transportation to the airport. I explained that we usually pay the speaker a \$100 per 60 min. honorarium for the lectures, economy airfare and \$35 per night per diem. I also explained that the hotel may be covered if approved by the board. I believe that the hotel has a shuttle, but we may have to provide a ride back to the airport for her. Lois sent me a list of topics with objectives that Teri and I will look through and pick some options for the fall seminar. Lois is committed to coming to our fall seminar and will work with our fee! After hearing this **Beth** made a motion to increase the per diem from \$35 to \$50 per diem from 6 nights to 5 nights, 2nd by **Iris Marcentile**, board voted and motion passed, these was 2 separate motions.

Immediate Past President/Nominating: (Rose Durning):

Rose told the board that Carol Zacharias would be inducted during membership meeting into Treasurer’s seat. At that point Carol informed Rose and board that she would not be continuing with the Treasurer position due to leaving her job and moving out of state. Carol also told board that she had talk with Deb Wolff and Deb agreed to take position over and become the new Treasurer. Rose stated that we should ask membership during membership meeting if anyone else would like to be nominated for this position. Board members agree with this decision. Nominations will be asked for during membership meeting.

Historical/Assembly Rep: (Deb Wolff):

Deb asked board members if they had any pictures to send for the Historical book.

ASPAN Representative Report:

The Nineteenth ASPAN National Assembly was convened @ The Philadelphia Marriott Downtown Hotel on Sunday, April 10, 2016, @0900 by ASPAN President Armi Holcomb. All Past Presidents of ASPAN in attendance were introduced & recognized, including our own Debby Niehaus, ASPAN President 1990-1991. The Officers and roll call were next on the agenda. All components were represented for a total of 93 members of the RA. The candidates for National office were presented and questioned on their qualifications and desires for their respective positions. ASPAN Parliamentarian-David Wharton-then reviewed the Parliamentary Rules with us. We addressed the agenda items- Position Statement 15-A Position Statement on Air Quality and Occupational Hazard Exposure Prevention was tabled to reply to all for feedback/changes for 30 days-we will then evote. Deborah Bickford- ASPAN Treasurer gave a brief financial report. Income consisted of 38% Membership and 36% National Conference. Total Income \$3, 196.349. Expenses included 29% National Conference, 22% Education, and 19% Publications. Total Expenses-\$2, 817.954. Thus the net revenue of ASPAN is \$378.395.

Armi Holcomb, ASPAN President 2015-2016, gave her State of the Society Report. As of March 2016, ASPAN consists of 15, 186 members! Denise O'Brien & Terry Clifford, both prior ASPAN Presidents, were appointed PeriAnesthesia Certification Chairs. Our values were redefined with PRIDE. Clinical Practice questions fro the website were again greater than 100 questions-57% from members-43% from non-members. Future 2hr web casts will be available on Saturdays so that al members have greater access to them. There were 13 Gold Leaf applications this year.

We had a lunch break to allow for the Component President's Luncheon, Teri Siroki, OPANA President and Sally Swartzlander, OPANA VP attended. After reconvening from lunch, we had elections of officers for 2016-2017. President Elect Susan Russell, Secretary Valerie Watkins, Regional Director, Region 2 Jennifer Kilgore, Regional Director, Region 4 Amy Dooley, Director for Clinical Practice-Diane Swintek. Nominating Committee members elected were- Mary Baird, Susan Knowles, Nickole Price, Arlene Reinhart, and Margaret Farr Young.

We also, by unanimous vote, approved the ASPAN Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements for 2017-2018, Resolution 2016-03-Approval of Revisions to ASPAN's Standard Procedures of the Representative Assembly was approved by a clear majority.

Kim Kraft, previous ASPAN President and Regional Director for our region 3, was appointed National Conference SWT Coordinator for 2017 National Conference in Indianapolis. Additional information-Newly Inducted President Katrina Bickerstaff appointed our Rose Durning to be Chair of Membership & Marketing.

Government Affairs: (Jean Kaminski): **(Absent):** Report sent via email.

Nurses Day at the Statehouse (NDASH) was held March 2, 2016 and attended by many nurses throughout the state including about 10 OPANA members. We were encouraged to get involved and to make changes that would improve patient care and give nurses a voice. Our lobbyists advocate for nurses and health care on the state and national level. Several members of the Ohio legislature were in attendance and at lunch attendees were able to meet with their local legislator and discuss local issues.

Updated law on licensure renewal date for RNs and LPNs: An application for renewal will be due by September 15 of the renewal year. A license will lapse if not renewed or classified as inactive by November 1 of the renewal year.

Publications/Snooze News: (Tina Harvey):

The deadline for the summer edition of Snooze News has been moved to April 28th instead of April 15th due to the ASPAN Conference. I would like to encourage any articles or pictures you may have from the conference to be sent as the final newsletter is projected to be completed by June 1st. An idea by Beth to highlight Debby Niehaus in this next newsletter was suggested. This will be ASPAN's 35th year and Debby has attended every conference and is a past president! We would love hear her prospective on nursing in this time frame. Details of how to construct the article are in the works.

October 15th is deadline for next Snooze News.

Standard Operations: (Nancy McGushin): **(Absent):** Report sent via email.

Please see the below statement regarding our proposed change to the Bylaws deleting the ASPAN Representative position. District Reps need to copy/paste this message and send to their membership. We have had 2 notices already (last summer minutes and an email from me last fall), but I thought we would want to remind membership that are attending that the vote is scheduled for this spring seminar and membership meeting.

Unfortunately, I am unable to attend as I am going out of town tomorrow.

Changes to Bylaws include:

Eliminate ASPAN Rep position and have Vice-President/President Elect be the APAN Rep when current term is up. We will vote to accept/not accept changes at spring conference membership meeting in May. Majority of membership has to vote to eliminate the current reading of Bylaws regarding the ASPAN Rep, and majority of membership has to vote yeas to approve new Bylaws reading. The subject on ASPAN Rep can be revisited in the future if situation arises to where no one is nominated or runs for Vice President/President Elect.

Fund Raising: (Sharon Gallagher):

I have attached a financial report for fund-raising which, I'm sure, Carol has included in her treasurer's report. I have expanded the RADA Knives Cash and Carry inventory. I feel more variety of items will boost sales. I am willing to travel to other districts for their workshops to have a cash and carry booth. Of course, I need some advance notice. I did really well at CAPANA's Cash and carry booth. Please let me know when you would like me for your district's workshop.

OPANA Fund Raising Activities: 2016

Income Expenses

RADA Knives

2/26/2016 C&C stock-\$318.20

3/20/2016 C&C stock-\$116.45

4/1/2016 C&C stock-\$22.25

3/12/2016 CAPANA C&C-\$231.75

OPANA PENS:

3/12/2016-\$36.00

Scholarship: (Jane Booth):

Scholarship report for 2016 is 1 scholarship for \$75.00.

Convention: (Sue Guertin): **(Absent):**

Report given in President's Report. See 2nd page of minutes.

Awards: (Debbie Wilson): **(Absent):** Report sent via email.

OPANA 2016 Award for Membership Recruiter of the Year will be presented to Alabelle Zghoul. Next award is in the fall for the 2016 Member of the year. Nominations forms are available on the website. This nomination is forwarded to ASPAN for the Outstanding Achievement Award.

Education: (Alabelle Zghoul): **(Absent):** Report sent via email.

I have 2 potential speakers for the fall seminar. One for sure is Linda Warino who will talk on Nurse's Fatigue. Another speaker is Terry Foster, who talked at the Nurses Day at the Statehouse, I have not contacted him yet, and I don't know how much he will charge. If I can get from you guys the rest of the speakers before the August's Board meeting, I can make the flyer and distribute them at the time. Also, how long do you want the seminar to last? Then I will know how many speakers we need and how many contact hours to apply for.

Gold Leaf/Shining Star: (Beth Cooper)

I am pleased to report we received a Shining Star award at ASPAN conference! Twenty five Shining Star awards were awarded this year. Our component membership is 78% certified. The criterion for application is 25%. That's awesome! Any certified nurse can apply to be a coach. This is an annual application. You must apply every year though. I want to be able to acknowledge you in next year's report. ABPANC is going to have another award offer to nursing unites with 75% of staff certified. I have not reviewed the criteria enough to say more on this. There are 40 components in ASPAN, 25 of the 40 components won a Shining Star, 21 components won last year, last year 17 components applied for the Gold Leaf. This year 13 components sent an application. The Gold Leaf is a competitive award. I ask the District Reps to forward me CEU certificates of Presentations offered. I compile the data

and write the applications-but you give me the materials and do the actual work. I thank you and applaud you all!!

Webmaster: (Debby Niehaus):

The Website continues to grow in pages and content and has really evolved thanks to all of you sending me your districts updates, reports, minutes, meeting notices, and pictures. I received many compliments on our website from members at the ASPAN Conference who had reviewed the site for the newsletter contest, Gold Leaf award and to get ideas for those creating changes to their site.

I get reports on activity and we have lots of visitors to our site and to the district on monthly meetings and contact information from work or from home and many just use their phone. When we were at National Conference, I pulled up the Policy and Procedures for info on my phone about a specific Policy to share with Vice President Sally. You can reach our site info from any computer or phone.

What I continue to need is your information about the board and district updates:

1. Meeting notices, minutes, activity participation and or flyers
2. Updates on New Elected Leaders and Pictures at instillation if possible
3. Pictures to share (**please send accompanying email** that you have permission from the people in the picture that we can publish on website. This is needed. Include names if you want them on the picture on site)
4. Suggestions for any new pages for the web.

Thank you for all your contributions.

District Reports:

CAPANA:

We have had a successful year with great speakers from various hospitals. Our Spring Workshop, I held March 12th, was a great success with 40 people attending and positive feedback, not to mention a financial success. One more meeting in May “Turning Lemons into Lemonade” by Bethesda North’s patient representative; should be very informative.

CAPANA hosts the OPANA workshop next year; we have a date of May 20, 2017 with the workshop to be held at Bethesda North Hospital. We are reserving a block of room at the Crowne Plaza for out of town attendees. It is within 2 or 3 miles of hospital. More information to follow.

COPANA:

COPANA board members met Sunday May 1st at the home of Marybeth Ryan for a planning meeting for upcoming quarterly meetings for rest of year. Members in attendance were Nancy McGushin, Alabelle Zghoul, Annelle Garcia, Billie Tender and Iris Marcentile. After lunch Nancy told members that we were going to need nominations next year for Vice President/President Elect, Secretary, and Membership chair. Also need someone for corresponding secretary.

COPANA next quarterly meeting will be on July 16th at Fairfield Medical Center with time and speaker to be announced at a later date. Nancy will send out flyers when organized. The Board voted and approved paying Vice President and Billie Tender registration, hotel and travel expenses (what OPANA did not reimburse) for spring seminar in Dayton and would increase monetary amount for National Conference and Vice President would be paid along with President to attend National Conference as long as the funds were there. This will have to be reviewed on a yearly basis to see where the funds are available.

DAPANA:

DAPANA met on February 6, 2016 at the Maxon Parlor of Miami Valley Hospital. We enjoyed a continental breakfast, fellowship, and networking with our colleagues. We learned cutting edge technology in the field of interventional Pulmonology from Dr. Ehab Hussein, DO. We also had a great review of AV fistulas and grafts including the differences, creation, accessing, and care from Dr. Julie Gilkeson, MD. Several of our members shared process improvement poster presentations: One and Done-Improving IV Skills and Patient Satisfaction by Tina Harvey and Carolyn Charles. Anesthetic Reversal Agents by Gayle Martin and Fran Miller. Anesthesia for the Patient on Suboxone by Brandy Mather. We celebrated PAWNAW week and our president, Bonita Woodin gave each member a gift and recognized certified members with a special gift.

Tina Harvey and Brandy Mather enjoyed the opportunity to attend the 35th annual ASPAN National Convention in Philadelphia, PA. We were able to attend interesting educational sessions, renew our passion for our profession, and become involved at a national level. We met new friends and were able to discuss our challenges and successes and found common themes throughout the nation. We are thankful for these new relationships that are sure to continue for years. We would like to express our appreciation to the members and the board of DAPANA for providing scholarship monies for airfare to Philadelphia.

The DAPANA events committee has been actively meeting and planning for the upcoming OPANA spring conference to be held on May 14, 2016 at the Hope Hotel on Wright-Patterson Air force Base in Dayton, Ohio. We look forward to seeing everyone there. We have an exciting line-up of interesting speakers scheduled. We are sponsoring a fundraising drive for the Fisher-Nightingale House, a non-profit organization that houses family members of military personnel receiving medical treatment at Wright Patterson Medical Center. We will be raising funds for scholarships with a silent auction of donated items. We will also be collecting non-perishable food items for the Good Neighbor House, and organization that provides health, nutrition, and education services to underserved individuals in the Dayton area. We have a day of great fun and learning planned that will include goodie bags and fabulous door prizes.

Our next meeting is yet to be determined.

GCPANA:

GCPANA celebrated PANAW with a free dinner and lecture for the thirty-two in attendance on February 3, 2016. Ambulatory, PACU, OR, Pain Management, GI and Med-Surg nurses along with ancillary staff shared in the celebration. Twenty-five dollar gift cards were raffled and won by 4 lucky winners. The lecture presented was Blurred Lines: Nursing and Social Media. The lecture was presented by Carol Moskowitz RN, JD, CPHRM. Attendees received one contact hour.

Board meeting was held on April 6, 2016. Plans for the next GCPANA meeting and lecture were finalized. Meeting to be held on May 24, 2016 at Lake West Medical Center. Topic to be presented by Evon Paratore RN, Perioperative Care of the ECT Patient. Lecture has been submitted for continuing education credits.

GCPANA to continue to do philanthropy projects instead of fundraisers. Seventy-six dollars was collected at the February meeting and items were purchased and donated to the Lake County Food Bank.

Bylaws to be updated this year.

Carol Kruse BSN, RN to be sworn in at the May meeting as treasurer.

President Elect position is open. Willingness to serve forms has been available at the meetings to encourage participation on the Board.

NEOPANA:

NEOPANA celebrated PANAW by giving out 8-\$50 NEOPANA Bucks (to be used on an educational opportunity) to randomly selected members at our February 9, 2016 meeting. We also celebrated with a cupcake cake. Our speaker was Dr. Mandiola, who spoke about Breast Cancer: Prevention, Early Detection, and Treatment. We received 1.0 CE for her lecture.

NEOPANA's March 16, 2016 meeting was held at the Akron/Canton food bank. 20 NEOPANA members attended this service project. We packaged 1,500 meals in less than 2 hours. We also wore our NEOPANA logo T-shirts.

The April 19, 2016 meeting was sponsored by the Medicines Company. Shikha Polega, PharmD gave an in-service on Ionsys and Cleviprex. The Medicines Company provided a nice catered dinner for our meeting. We also held our annual election of officers.

The May 10, 2016 NEOPANA dinner meeting will be held at Mulligan's Pub in Canton at 7pm. We will have our installation of officers. The new Vice President/President Elect is Lisa Moyer. New Treasurer is Geneie Chafe. New Board members are Lindsey Grace, Sarah Sanor, & Beth Cooper. The Medicines Company is sponsoring our dinner this year.

It has also been decided that NEOPANA will be changing the meeting times for the upcoming year to 7pm.

NEOPANA had 6 members attend the ASPAN National Conference in Philadelphia, PA. It was a wonderful conference with inspiring speakers, lots of new information, and several networking opportunities.

NEOPANA would to thank Fran Wilson for her many years of service as our NEOPANA Treasurer. Congratulations to Jean Kaminski, Raechel Gill, and Lindsay Grace who recently obtained their CPAN certification. Congrats to Jamie Carbone BSN, RN who is now the Director over SDS, PAT, PACU, Gastroenterology, and Wound Care at Mercy Medical Center in Canton, Ohio. She is currently enrolled in a MSN Program with specialization in leadership and management.

NOPANA:

The NOPANA February 2016 meeting was held on February 7th at ProMedica Flower Hospital, in Sylvania Ohio. The 1.5 contact hour presentation was “Anesthesia considerations of Early Trauma-Induced Coagulopathy” presented by Robert Beyerlein, MSN, CRNA. The program outcome was to define the pathophysiology of ETIC, interpret laboratory values specific to ETIC and discuss fluid management/resuscitation for the surgical trauma ETIC patient.

To celebrate PANAW week a hot buffet breakfast was provided. Raffles and door prizes were awarded to members present. A short business meeting followed the presentation. Information about National Conference and OPANA spring conference were shared. Scholarship opportunities for members were reviewed with the application process.

The next meeting will be in May 2016.

Old Business:

There was no Old Business discussed.

New Business:

Future Dates: LDI September 16-18 at Marriott Cincinnati at Riverside. Cost is \$85. Fall Seminar October 22 at Siegel Center at Mt. Carmel East. National speaker Lois Schick.

ASPAN National Conference Indianapolis April 30-May 4.

Next Board Meeting:

August 20, 2016 @ Brio's at Polaris @ 11:00am.

Meeting Adjournment: **Deb Niehaus** made motion to adjourn meeting; 2nd by **Deb Wolff**. Time 1005.

Respectfully submitted,
Iris Marcentile, BSN, RN, CPAN
OPANA Secretary

imarcentile@gmail.com

Iris.Marcentile@ccmh.com

740-622-9437 (H)

740-502-0678 ©

740-623-4235 (W) ext. 3236

Revised July 11, 2016