

OPANA SPRING BOARD MEETING-MAY 2021

President Beth Cooper

Timekeeper: Past President-Sally Swartzlander

May 7, 2021

Called to Order: 7:01pm

Attendance: Beth Cooper (NEOPANA), Amy Berardinelli (GCPANA), Sally Swartzlander (NEOPANA), Debby Niehaus (CAPANA), Tina Harvey (DAPANA), Bonita Woodin (DAPANA), Debbie Wilson (NOPANA), Monica Eutsey (COPANA), Kim Place (COPANA), Jane Booth (CAPANA), Debbie Wolfe (NEOPANA), Sue Guertin (COPANA), Cheryl Andreas-Altier (GCPANA), Toni Zito (GCPANA).

Absent: Iris Marcentile (COPANA), Jean Kaminski (NEOPANA), Sharon Gallagher (CAPANA), Alabelle Zghoul (COPANA).

Secretary Report: (Iris Marcentile): Due to changing computer systems and computer erased of all material without my knowledge, minutes for winter board meeting unavailable at this time to be approved. I will be working on minutes to redo and will either send out via email for approval or will have ready to approve at summer board meeting along with springboard minutes. Also, I have a concern that since I was not able to be on zoom conference calls and unable to obtain any recordings from meetings, not all information is not getting in the minutes before going out to board members.

Treasurer Report: (Bonita Woodin):

Beginning Balance: \$18,468.56

Expenses: \$3,357.99

Income: \$4950.00

Ending Balance: \$20,060.57

Net Cash Increase (Decrease): \$1,592.01

Motion to accept Treasurer Report made by **Debby Niehaus**; 2nd by **Jane Booth**

Membership: (Bonita Woodin): **Total:** Active: 363; Inactive 284

CAPANA: 73 GCPANA: 93

COPANA: 82 NEOPANA: 36

DAPANA: 48

NOPANA: 31

President Report: (Beth Cooper): Our last board member meeting was held in January 2021.

OPANA made a presence at National Conference:

1. Clinical Excellence winner: Captain
2. The Snooze News won Editor's choice for the page category entered. Congratulations Sally Swartzlander, Editor.
3. Debby Niehaus was honored for attending the 40th conference with her other "Fab 5" colleagues.
4. Posters presented by OPANA members were Dr. Amy Berardinelli (2), Jacqueline Knauff: "Care of the Transgender Patient"
5. 12 speakers from OPANA/Ohio
 - Amy Berardinelli
 - Colleen Cummins
 - Christopher DiMichele
 - Rachel Ditomaso
 - Linda Garner
 - Lisa Joestlein
 - Kaitlin Kelley
 - Sharon Knauss
 - Cynthia Plato
 - Teresa Salley
 - Kristen Vargo
 - Antoinette Zito

ASPAN's first virtual National Conference was well done. I do not know how many people registered. The next National Conference is planned for a Thursday-Sunday span April 7-10th, 2022 in Philadelphia.

I have noticed that Elizabeth Card shared her activity while she was president and I thought this is the right time to share what I did while president. Here is a recap:

May 2019: Installed at OPANA spring conference. I was asked to be part of the Innovation SWT created by Elizabeth Card.

August 2019: Board meeting

October 2019: Fall conference held at Seigel Center, Columbus, Ohio.

January 2020: Board meeting via conference call.

February 2020: Attended DAPANA seminar.

March 2020: Covid precautions halted many events.

April 2020: National conference cancelled. Meetings held in the districts via zoom.

May 2020: OPANA spring conference cancelled. NOPANA offers to host in 2021.

July 2020: Attended the first SWT Innovation committee meeting.

August 2020: Zoom meeting.

October 2020: OPANA purchases a zoom account for component and district use. Amy Berardinelli is “Manager”. There can be 7 other members that can manage the account. OPANA hosts first virtual fall conference. Speakers include ASPAN President Elizabeth Card, Regional Director 3 Deborah Moengen, Teresa Salley ABPANC representative and Dr. Daniel Asher. This is the first time a national president has spoken at 2 component seminars in one day. Dr. Asher asks to be an advisor to OPANA.

November 7, 2020: Beth and Amy represent OPANA at LDI virtual meeting. The attendance was 454. This was the largest attendance at this type of conference.

January 2021: OPANA board meeting via zoom.

March 2021: OPANA purchases an ad in the Ohio Nurse newsletter that will run during May 2021 Nurse’ week.

April 2021: Participated in RA with Amy Berardinelli. Attended ASPAN National Conference via zoom. Met with Amy and Kim to discuss strategic plan and review of their roles.

Ongoing: Posted updates in OPANA Facebook Page. Contributed to Snooze News.

I believe there are no accidents in life. It has been an honor to serve in the President role. I had hopes of attending at least one district meeting.

Some topics I did not get to pursue:

1. Rethinking how the board can best assist the districts in recruitment and retention. There should be assistance coming from ASPAN.
2. I hope the districts will use the zoom account for meetings. It can also be used for committee meetings. It is a great way for others in the state to see what is going on.

Finally, a word about networking: On March 30, I was supposed to attend an Innovation Committee via zoom, this was the day my mom had a TAVR and dissected I jotted a quick note to the committee and asked for prayers. My mom’s surgery was at UH Main where Amy works. Dr. Asher was the anesthesiologist on my mom’s case. Being an ASPAN member was an unexpected helpful benefit of one of the worst days of my life. I am glad for Amy’s support. Also, the follow up emails from the Innovation Committee members were kind and supportive.

I close sharing a quote:

“Dear Lord, we shall have this day only once: before it is gone, help us to do all the good we can, so that today is not a wasted day.” Stephen Grellet.

Vice President/President Elect: (Amy Berardinelli):

As I finally take a breather after a long, busy work week and reflect on the past 2 years as the OPANA VP/President-elect I am overwhelmed by the dedication and camaraderie of this board. We are all volunteers. And I believe that speaks volumes.

Beth Cooper has been an inspiration, as well as become a dear friend. We have a shared-vision that I hope will bring our districts closer, as well as help them feel more supported.

Elizabeth Card did such a fantastic job reviewing all the great work she did throughout her presidency. I hope to capture our success and hard work in a similar manner. Celebrating our successes is what makes our volunteerism so worthwhile.

The ASPAN 40th National Conference was virtual. As much as I missed networking and seeing friends from across the country, I have to say the content was extremely rich and enjoyable. Thank you to all the Ohio RNs who presented and submitted posters! You make us proud!

To everyone ~ Happy Nurses Week.
~ Amy Berardinelli DNP RN NE-BC CPAN

Past President/Nominating: (Sally Swartzlander): On Saturday May 8, 2021, Iris will continue her role as OPANA Secretary and Bonita will continue her role as OPANA Treasurer. Kim will become OPANA VP and Amy will become OPANA President. Beth will be taking over my role as OPANA Past President. Thanks to all of you and the rest of the OPANA Board for all your dedication to OPANA. I want to thank all of you for the encouragement and help that you gave to me over the past 6 years as I served as OPANA VP, President, and Past President. I will treasure all the memories we have shared over the years, and I am looking forward to seeing you all again in person! I have missed all our live meetings! I look forward to continuing to serve OPANA in the role of Snooze News Editor.

Governmental Affairs: (Jean Kaminski):

Ohio HB 163 Prohibit Nurse Mandatory Overtime

In testimony before Ohio House Labor and Commerce Committee Rick Lucas RN stated: "Nurses who work 12.5 hours or more per shift triple the risk of making a medical error. Medical errors are the 3rd leading cause of preventable deaths in this country." Mandatory overtime can lead to poor nurse morale and risks to patient and nurse safety.

Ohio SB 3 Nurse Licensure Compact

This legislation will promote access to nursing care and will create new economic opportunities for Registered Nurses and Licensed Practical Nurses in our state.

There were 34 states that already joined the NLC, including neighboring states to Ohio. This bill goes to the house now.

US HR 1195

The Workplace Violence Prevention for Health Care and Social Service Workers passed April 16. This legislation would require healthcare and social service employers to train workers at risk of violence exposure. This passed the house.

Workforce Change

About 3 in 10 health care workers say they consider leaving the profession and about 6 in 10 say the pandemic has harmed their mental health, according to a poll by the Kaiser Family Foundation.

Millennials are leaving the nursing profession due to the word YOLO, "You Only Live Once." And those 55 or older are looking forward to early retirement. The loss of older nurses, who have strong productivity, low absenteeism and can train and mentor newcomers will be felt in nursing. The loss of many nurses could produce profound shortages.

Historical: (Deb Wolff): None reported.

Fundraising: (Sharon Gallagher): None reported.

Standard Ops/Strategic Plan: (?): Policy and Procedures, Bylaws were updated and finished for now. We need Strategic Plan updated. Amy and Kim to work on OPANA Strategic plan having it revised and ready for vote this fall.

Scholarship: (Jane Booth): Scholarships for the free CE OPANA reimbursed \$15.00 as part of PANAW in February totaled \$120.00 for 8 people.

Webmaster: (Debby Niehaus): The website is a communication tool for OPANA officers and board to share not just with Ohio members but also with the ASPAN membership across the country. OPANA is a very recognized Component nationally. **Congratulations to our members and to our component leaders** on the many Ohio awards and recognitions presented and cited during the 2021 ASPAN Virtual National Conference. Many of these recognitions are currently listed on the OhioPANA.org "Home Page."

The OPANA Board meetings have been very productive by engaging in electronic communications through the "Zoom" meeting platform and Zoom Webinar used for both board and state meetings. We will hopefully be meeting in person later this year, but in meantime, we still need to keep current on our website since we may be gathering information to enter the ASPAN Gold Leaf Award next year. We also use information from the website and track our activities on the web pages that support our current OPANA Strategic Plan.

I want you to email your information i.e., Covid 19 story, community service activity participation in making masks or delivering food, and any work or meeting pictures. Let me know District Officer Changes/Updates. If you have had a “Zoom” meeting or planning a workshop/meeting then send me a flyer, and regular or virtual meeting minutes.

You can take a group screenshot during a “Zoom” meeting of the attendees. Just aim your cell phone, try to focus without glare and send to be posted. Again, please ask at the meeting if there is anyone who does not want their name and pic on the website since they show up on zoom screenshot. I can blur individuals if this is needed. Send me other pictures to share and (**Please send me an accompanying email**), that you have permission from the people in the picture that we can publish on website. This is needed. (Include preferred names if you want names listed along with the picture).

As webmaster, I depend on all of your input for keeping the website current for communication to our members and many of you have done a great job. **Thank you, District Representatives,** for sending updates, pictures, reports, and educational notices for your sites. **Thank you, Officers and Board Members,** for sending reports posted on the website.

You can call or text me at 513-641-6849. You can email to: debbyniehaus@zoomtown.com your pictures and/or articles. Thank you for all the information already sent in readiness for this meeting.

Snooze News: (Sally Swartzlander): _We won! OPANA won the 2021 ASPAN Component Newsletter Contest Award for Component Newsletter 9-14 pages! I received the certificate and the \$250 from ASPAN during conference week. I will be sending the check to Bonita soon. I had submitted the December 2020 issue. Thank you to everyone that has contributed to the Snooze News! This award was not possible without all your contributions! The next newsletter will be completed in August 2021. The deadline for submissions is 7/31/21. Please send me your reports, your thoughts on attending the first virtual ASPAN conference, and anything else that you would like to share. Once again, thank you!

District Reports:

CAPANA: (Debby Niehaus for Sharon Gallagher (Absent): CAPANA to have a board meeting in late July or August planning programs. We are seeking a President currently run by Tribunal of Diane, Sharon and Debby. Sharon Gallagher retired after 50 years at TriHealth in Cincinnati.

COPANA: (Monica Eutsey): COPANA had 37 participants for the March 13, 2021 virtual education Perioperative Patient Safety and Comfort. We have developed a new welcome letter and contact information to be mailed to new members. COPANA made a donation to the Ronald McDonald House of Central Ohio in memory of Billie Tender. A few years ago, COPANA combined the Membership and Scholarship duties into one committee. Lee Cooper will be in charge of scholarship and Monica Eutsey will resume the membership role. Tentatively looking at presenting the OPANA Spring conference on May 14, 2022 at the Seigel Center. There will be more information to follow. Working on updating the Policy and Procedure for COPANA. Hoping to hold the next COPANA meeting in person in July and possibly having it in an outdoor venue.

DAPANA: (Tina Harvey): DAPANA had a successful turnout for our April 17th spring meeting with 12 in attendance. Dr. Hardaway DDS spoke on Hip Fractures in the United States: An Overview and Trends and Jana Anderson, BSN, RN and DAPANA treasurer, spoke on Post op Urinary Retention...The Silent Culprit.

We have two new board members that have volunteered for the upcoming term. We would like to thank and welcome the following DAPANA nurses for their willingness to serve our professional organization. They are...Nicole Hudson who will be our Education board member (preparing continuing education) and Lora Struble DAPANA Secretary.

We are thrilled to have them on board and will continue to mentor them into their roles.

The following board members will remain in their current roles:

Helen Morrow-President

Tina Harvey-DAPANA Rep

Jana Anderson-Treasurer

Rose Durning-Liaison/Past President

Plans to discuss future meetings for November, February and April are TBD.

GCPANA: (Cheryl Andeas-Altier): Cheryl congrats to all those who had posters and presented at ASPAN's National Conference from GCPANA. Cheryl asked if Monica would share her welcome letter.

NEOPANA: (Debbie Wolf): Our meeting April 13th-a zoom meeting after CE presentation by Dr. Tarun Bhalla. 13 members attended. We had usual business the election of officers. Elected were-President Sally Swartzlander, VP Debbie Wolff, Treasurer Genie Chafe, Sec is a 2-year term-re-elect next year. Board members thru 2023-Kim Bryan, Teri Siroki, Marilyn Lowe. Board members thru 2022-Lisa Moyer, Phyllis Mesko, Pam Beard. District representative-Beth Cooper. They will be installed May 11 at Burntwood Tavern in Canton at 7pm.

We discussed scholarship reimbursements. Also started working on Reverse Raffle to be held October 18, 2021.

NOPANA: (Debbie Wilson): Due to current health care conditions no live meetings have been scheduled. The state spring meeting was planned by virtual meetings. Date of the spring meeting: May 8th via Zoom. The presentation is joint provided with ProMedica Health system and 4 CEs were granted.

Continued Growth through Sharing

2021 NOPANA Spring Conference

0755-0800 Welcome

OPANA President, Elizabeth Cooper

- 0800-0900 Can you handle the heat: Malignant hyperthermia
Barbara Grover, DNP, CRNA
Department of Anesthesia, ProMedica PPG
Adjunct Faculty, Lourdes University
- 0900-1000 Fever is our friend: How to help parents not fear fever
Mary Jean Ohns, DNP, APRN, CPNP, CCRN
Pediatric Nurse Practitioner
Emergency Physicians of Northwest Ohio
Assistant Professor, University of Toledo
- 1000-1010 Break
- 1010-1140 Bend me but don't break me..
Amy Ruiz, BSN, RN, CNOR, CSCT
ProMedica Metro Surgical Services Educator
ProMedica Toledo Hospital
Samantha Klear, BSN, RN, ST
ProMedica Metro Surgical Services Educator
ProMedica Flower Hospital
- 1140-1210 OPANA Spring Membership Meeting
OPANA President, Elizabeth Cooper
- 1210-1240 Evaluation Completion

The Victory Center-a local nonprofit that provides support to cancer patients and survivors was chosen to be the Service project for the conference. Raffle tickets are being sold with the prize being an Amazon gift card. 100% of the profits will be given to the organization with NOPANA matching the total amount.

PANAW week was celebrated across the area hospitals in February with food and gifts. There are various celebration for Nurses Week going on across the region with staff t-shirts, food trucks, basket raffles with donations made to local charities, department snack baskets and prizes. Numerous PeriAnesthesia Nurses were nominated for hospital specific Nursing Excellence awards. Currently there are 6 senior nursing students doing practicums across the

regional hospitals in Preop and PACU. An area hospital is exploring the need for a Certification review class offering for those interested in the fall exam.

Planning for in person group meetings to resume in September 2021.

Quarterly Meetings: September, November, February and May.

Old Business: None discussed.

New Business: Beth shared ASPAN President's theme for Jenny Kilgore's year: The Importance of Connection-Power of community. Discussed that we won the Shining Star from ABPANC again and need to have someone enjoy having it rather than keeping in a box, after some discussion it was decided to that the 2021 Shining Star will be given to Alabelle Zghoul, who is retiring as a thank you for her work over the years with OPANA continuing education and the 2020 Shining Star will go to Deb Wolff. All board members present agreed and voted yes.

Debby Niehaus asked, and it was discussed of possibly having a hybrid OPANA fall meeting. Amy and Kim will investigate it and get back at August Meeting.

Save the Dates: Summer Board Meeting-August 14th-Brio's @ 11:00am

Fall Board Meeting-Friday October 1st @ 7:00pm-@ hotel TBA when Sue confirms final contract.

Fall State Meeting-Saturday October 2nd in person @ Siegel Center. Amy and Kim will be in charge of the CE program.

Meeting adjourn motion: Debby Niehaus; 2nd Amy Berardinelli

Meeting adjourned at 8:30 PM

Respectively Submitted,

Iris Marcentile, BSN, RN, CPAN-Secretary

740-294-4805 (C)

740-622-9437 (H)

740-622-6891 (Fax)

July 11, 2021

3:38pm

