

OPANA Fall BOARD MEETING-2016

Country Inn & Suites
Columbus, Ohio
October 21, 2016
Teri Siroki: President
Rose Durning: Immediate Past President/Facilitator/ Timekeeper

Called to Order:

Welcome/Attendance: Introduce new members and guests: No new members or guests present. Teri thanked everyone for being here and for all the work people contributed to the fall conference in putting the conference together.

Attendance: Teri Siroki (NEOPANA), Sally Swartzlander (NEOPANA), Rose Durning (DAPANA), Iris Marcentile (COPANA), Jane Booth (CAPANA), Jean Kaminski (NEOPANA), Sharon Gallagher (CAPANA), Alabelle Zghoul (COPANA), ElizaBeth Cooper (NEOPANA), Debbie Wolff (NEOPANA), Debbie Wilson (NOPANA), Brandy Mather (DAPANA).

Absent:

Tina Harvey (DAPANA), Sue Guertin (COPANA), Diane Smith (CAPANA)

Slate of Officers 2016-2017:

President: Teri Siroki
Vice President/President Elect: SallySwartzlander
Immediate Past President: Rose Durning
Treasurer: Bonita Woodin
Secretary: Iris Marcentile
ASPAN Rep: Sally Swartzlander

Secretary Report: (Iris Marcentile):

Minutes from the August 20 Board meeting reviewed with no corrections made to minutes.
Motion to approve Secretary Report by: **Nancy McGushin** 2nd by **Debby Niehaus**.

Treasurer Report: (Bonita Woodin):

Beginning Balance: \$16, 400.70
Expenses: \$4, 108.29
Income: \$7,960.00
Ending Balance: \$20, 252.41

All of accounts have been transferred to 5th/3rd bank. Business account needs someone else on account. Discussion on who should be on account-besides Treasurer, the President (Teri Siroki), Vice President/President Elect (Sally Swartzlander) should be added to the account. **Nancy McGushin** made a motion to add these two people to account, 2nd by **Beth Cooper**. Board votes and passed. Motion carried.

Bonita informed the board that there is a debit bank card linked to the checking account.

Motion to approve Treasurer's Report by: **Debby Niehaus**, 2nd by **Alabelle Aghoul**.

Bonita announced to the Board that she was asked who the Certification Coaches was, she provided a list of Certification Coaches:

- Denise Martel
- Lisa Mayell ircc2112@wowway.com (GCPANA)
- Catherine Prince cathyprince@gmail.com (GCPANA)
- Teresa Salley teresa.salley@ketteringhealth.org (DAPANA)
- Debbie Wilson deb.wilson@promedica.org (NOPANA)
- Alabelle Zghoul alabelle.zghoul@osumc.edu (COPANA)

Membership: (Bonita Woodin): Total Membership: 632-not all members current

District Member Numbers:

CAPANA: 136	GCPANA: 175
COPANA: 125	NEOPANA: 70
DAPANA: 80	NOPANA: 46

President's Report: (Teri Siroki):

1. Thank you all for your efforts towards the fall seminar. We are expecting a good turn out with a number of non-ASPAN members. I appreciate all that you have done in making, not only the conference, but OPANA successful.
2. NDASH-March 22, 2017-I received an email that plans are underway. Do we want to serve as a sponsor again this year? **Iris Marcentile** made motion to sponsor NDASH again this year and to pay up to \$200.00 for sponsorship. 2nd by: **Rose Durning**. Board voted and passed. Motion carried. I am not sure when the date to send in paperwork/payment will be. It may be after our meeting. Anyone interested in attending this year?
Addendum to NDASH motion: Teri Siroki received information from NDASH that the co-sponsorship fee this year will be \$225.00, so she called for a motion to increase sponsorship fee from \$200.00 to \$225.00 from members of board. Via email discussion per board members about the fee increase was discussed and Nancy McGushin made motion to pay the increase fee of \$225.00; 2nd by Brandy Mather. Via email members were asked to vote on this motion, motion passed and carried. Teri will submit sponsorship fee of \$225.00 for NDASH.
3. CPAN/CAPA testing is happening now (oct3-Nov 25). Please let us know when anyone in your district gets certified so that we can recognize them. Any ideas for recognition by the Component? Teri Shine will be here to represent ABPANC and will give a brief talk at the membership meeting.
4. There have been several cyber threats/email scams directed at ASPAN. If you receive any correspondence asking for money please verify with the person via telephone. This was discussed at LDI (?).
5. Sue Guertin is not able to attend the conference tomorrow. She is asking for a volunteer to be in charge of the food arrival and set up. Sue ordered 121 boxed lunches and also hired a server to clean up after breakfast, set up for lunch and to do clean up after lunch so OPANA members could enjoy the conference without having to worry about clean up duty. Tickets will be given out to people who paid for conference in advance to ensure that they get meals before walk-ins. Several OPANA board members offered to give up their meals and buy their lunch at Tim Horton's
6. University Hospital of Cleveland is sponsoring a Certification Review Course on March 4, 2017. The presenter will be Linda Wilson. Please share with your districts.

7. An OPANA member from Cleveland, Heidi Filer, volunteered to serve in the ASPAN Emerging Leaders Program. Debby Niehaus has been in touch with her.

Vice President: (Sally Swartzlander):

2016 OPANA Fall Seminar Speaker-Lois Schick

Lois sent her PowerPoint's to Sally and they were sent on to Alabelle to be printed.

Lois has booked her flights, she arrives on Friday, October 21, 2016 at 1244 on UA flight 1787 and returns to Denver on Sunday, October 23, 2016 at 6am. Lois will take the hotel shuttle when she arrives, she will either take a taxi back to the airport on Sunday or someone that is staying over on Saturday evening will take her to the airport.

Expenses-Flight: \$299.20. Friday hotel room: \$92.00+ tax. Saturday hotel room: we were able to extend the OPANA rate or \$92.00 + tax. Lecture (^CE): \$600.00. Per Diem: \$50.00 per day=\$100. Approximate cost: \$1183.20 + hotel tax. Lois is to bring her receipt for the flight. Hopefully, we will be able to get an estimated receipt for the hotel room.

Thank you gift for Lois.

Advertising-Flyers mailed to approximately 99 hospital PACUs throughout the state by Teri & Sally. Posted on OPANA website. Emailed out to membership by each District Rep. Looks like this was a great recruitment tool based on the number of people that have registered and the variety of hospitals that they are from.

CE, flyer, folders-Alabelle, Susan also gave the AV details to Alabelle.

Conference Room & Lunch-Susan; Rose was given all of the details regarding the food. The caterer will drop off morning food, set up and leave. The server will arrive with lunch do set up and clean up. We will also have two screens, one in front and one in back for viewing, and 2 mics, one for speaker and one for audience questions. Both sides of room have been saved and can hold 175 people so we will have plenty of extra room in the back for tables. There will be a mix of round and rectangular tables. Sally had bought some plastic Halloween themed tablecloths to place on the auction tables, Ronald McDonald House table, registration tables, food, RADA, and district tables. Sally is also bringing some decorations for the tables. There may be some easels available for posters or we are allowed to take the posters to the wall.

Goody bags-we are planning on making 115 goody bags. Sally brought the bags and pens, Halloween candy and Patty is bringing chocolate candy. Between Brandy and Deb Wolff, we will have enough tissue packets for each bag. Nancy is going to Costco and picking up a bag of regular lifesavers and mint lifesavers. Deb Wilson is getting granola bars for the bags. Teri was able to get individual chip packets for each bag. Brandy is bringing pretzel flips. Nancy is also checking with her hospital for items. Jean and Teri were able to obtain Purell. Sharon is bringing bottles of water. Iris bringing chap sticks. Rose is bringing something for the goody bags. We are going to try to keep bags consistent. It sounds like we are for sure going to need 105 bags. We are going to make 10 extra.

Fundraising-we are having a 50/50 with proceeds for OPANA. The Chinese auction profit will also go to OPANA. We are also going to have a silent auction with the proceeds going to Ronald McDonald house. Donations received from NOPANA, CAPANA, COPANA, DAPANA, and GCPANA. Sally was planning

on splitting up the items between the auctions unless otherwise specified. Sally has obtained several items that she is donating for NEOPANA (the 31 bags, handmade pottery piece, and several ASPAN items that I picked up at the ASPAN store in Philadelphia, some wine sets, breast cancer throw/travel pillow). Also 2 vendors (that could not attend) have donated items that are going to be placed in the Chinese auction, an exergen thermometer and a Catzuro shoe's gift certificate/pair of size 6.5/7 shoes. We also have the 2 donated copies of the core curriculum that we are going to ask Lois to sign, thinking of placing one book in each auction.

Door Prizes-Sally has received word about some door prize donations from board members. Sally also has some other door prizes that she picked up at the ASPAN store in Philadelphia. Was going to place them on a table and when we draw the tickets, the person can come up and pick an item.

Vendors-ABPANC-Teri Shine; 5 medical vendors-Dawn Ruccella (The Medicines Company), Judy Jarrett (BD), Manek Welborn & Dean Gumban (Pacira), Andy Paskell (Mallinckrodt Pharmaceuticals), & Ryan Conway (Xodus); Shoe vendor (Calzuro)-couldn't attend but sent 2 raffle items, info, and coupons; and Exergen couldn't attend but sent a thermometer for our raffle. Beth also obtained to core curriculum books.

Tables-RADA knife cash & carry table/fundraising table, poster presentations, table for each district, ABPANC, silent auction, Chinese auction, Ronald McDonald House service project table.

Service Project/Fundraiser-Ronald McDonald House Charities of Central Ohio (www.rmhc-centralohio.org). We will be collecting items for their wish list including 55 gallon/tall kitchen trash bags, gift cards for Target, Kroger, Walmart, Giant Eagle, Petco, Etc., disinfecting wipes/spray, HE laundry pods, foil/Lg foil roasting pans, scrubbing bubbles (bathtub), hand soap, sandwich Ziploc bags, full sized white flat/deep pocket fitted sheets, white wash cloths/hand towels, postage stamps, and gas cards. We will also be accepting monetary donations to give them.

Government Affairs: (Jean Kaminski):

Nurses Day at the State House (NDASH) March 22, 2017-Registration will open up in November. It is a great day with many legislators present.

ANA center for Ethics and human rights advisory board-was calling for review and revision of ANA position statement: [Non-punitive Treatment of Pregnant and Breast-feeding Women with Substance Use Disorder](#).

HB 523 Medical Marijuana Legalization took effect September 6, 2016.

November 18, 2016-ONA will hold a class for members interested in Legislative Advocacy. Anyone interested can contact Lisa Walker @ lwalker@ohnurses.org.

Immediate Past President/Nominating: (Rose Durning):

My report is that we are still looking for candidates for VP. If anyone has someone they would like me to approach, please let me know. This will be for May 2017. Also secretary. Iris has offered to continue in this position.

Standard Operations: (Nancy McGushin):

My only report for Standard Operations is that we are doing the work group for the biannual review of Bylaws and Policy & Procedure as I emailed to everyone earlier this evening. The results will be reported at the Winter BOD meeting. Any changes that need a vote will be presented to the Board, then distributed to the membership per Bylaws rules for ratification at the spring meeting.

Fundraising: (Sharon Gallagher):

No monetary activity since last meeting for any fund raising. I did distribute 30 OPANA pens each to COPANA and DAPANA to sell.

Also, at the August Board meeting the RADA KNIVES fall sales materials were distributed to all districts. Sale to close October 31st with orders submitted by November 5th to me. Orders will be mailed from RADA to each district representative to distribute.

I attached the ongoing flow sheets of Fund Raising and RADA activity for record.

Scholarship: (Jane Booth):

We've awarded 10 for \$725. The report I gave for Summer Board meeting wasn't complete.

Jane made a motion to allow retired CPAN/CAPA's to continue to use those points on the Scholarship Form; 2nd by **Rose Durning**. Board voted-passed. Motion carried

Convention: (Sue Guertin): No report sent per Sue-see President's report on page one.

Awards: (Deb Wilson):

The next award presented at the fall conference is Outstanding Achievement Award. Nomination forms are available on the web site. This nominee is forwarded to ASPAN for the ASPAN Outstanding Achievement Award. Application form is being revised for the website to better match the ASPAN requirements for Excellence in Clinical Practice Award as discussed at August Board Meeting. There are 3 nominations for the OPANA Outstanding Achievement Award.

Email: deb.wilson@promedica.org or Dlwilson19@aol.com

Spring award is for Recruiter of the Year—plenty of time left in year—keep on asking peers to join the organization. Award is based on ASPAN membership members for the January to December preceding the spring conference. As of October there is currently a tie between Rose Durning, Alabelle Zghoul and Sharon Gallagher.

Education: (Alabelle Zghoul):

No report sent for minutes.

Gold Leaf/ Shining Star Award: (Beth Cooper):

I have started preparing our Gold Leaf Application for 2016 which is ahead of schedule from where I was last year. I attended LDI in September; it was good to spend time with Brandy Mather, Tina Harvey and Debby Niehaus. I also got to meet Antoinette “Toni” Zito, (GCPANA), who once worked at the hospital I work at and knew some of my co-workers.

Since our meeting in August, I have learned that Toni Zito and Phyllis Mesko (NEOPANA) have research projects that can be included in our report for 2016.

I'm glad I attended LDI, there wasn't a specific lecture on the Gold Leaf Application as there was in 2016. I did get to see the Kentucky Application and author. I also got to network and talk with other members who write their respective component application. The National Board is looking into having a runner-up as well as winner. The runner-up would still be eligible to apply for the next year award. The Friday ice breaker lecture was group interpretations of Florence Nightingale Quotes. The relevance of the topics that continue in the 21st Century was enlightening.

The last lecture on Saturday was about making the most of a BOD meeting. It was a good **refresher**. Brandy, Tina and I were at this lecture, we collectively thought it would be good to share **some reminders**:

1. **The President is the leader:** If you go over your allotted speaking time, ask the President to allot you more time.
2. The meeting needs to **stay on topic**. Sideline talking should be minimal and related to the topic. Also, there should be no behaviors going that distract the meeting.
3. There should be **NO** surprise discussions at the board meetings. An example would be: if a member plans to resign-it should be announced beforehand in the pre-report.
4. Any meeting going over 2 hours should have a 15 minute break.

The handouts from LDI are still available on the ASPAN website.

Please apply or re-apply for SWT position, (ASPAN), or Certification Coach (ABPANC). These roles require yearly applications. The deadline for WTP=Willingness to Participate is October 21, 2016.

Webmaster: (Debby Niehaus):

The website is an opportunity for you to communicate to all your district members. Everyone should be promoting ohiopana.org as their one stop shopping for information local, state, and national. I encourage you to have your district members use the site for updates on monthly meetings and contact information. Using our site helps us to keep track of GOLD LEAF (GL) activities and be easily accessible for ASPAN's GL reviewers next spring.

Please share that members and your prospective members can access the site from any computer or table with Wi-Fi and on their smart phone. We need to continue promoting the site as a recruiting and retention tool for state and district members.

I have not received from some of you and really **need** your information about the board and district updates that can include but not limited to:

1. Meeting notices, district minutes, activity participation in community, scholarship forms, and or flyers.
2. Updates on Elected Leaders and their pictures at installation if possible. If you do not want all officers then send President of District for site.
3. Pictures to share (**Please send accompanying email** that you have permission from the people in the picture that we can publish on site).
4. If you have a district logo that I do not have, please send.

5. I still need Officer and Board Bios and any changes you wish on Board Page. And we will make sure to have updated P and P and Bylaws on page soon.
6. Suggestions for any new pages for the web.

Thank you for all your contributions. This is your site so let's make it great!!

SnoozeNooze: (Tina Harvey):

As far as my report, the deadline for snooze news submission is Nov 1st . Still in search of articles ☐!

Historical: (Deb Wolff): Nothing to report at this time.

District Reports:

CAPANA:

We have had 2 meetings this year; September was on Super Bugs, by a Trihealth, Infectionist, and Beck Williams, well received by all. October was joint meeting with AORN, topic being TAVR. We have started working on our Spring Workshop for OPANA with several good speakers already booked. May 20th at Bethesda North Hospital, Golder Rooms 1& 2. It looks like we might have a tough act to follow!!!!

COPANA:

COPANA/CO-AORN is actively working on the Winter Conference scheduled for March 4, 2017. Once again the title of conference will be "Perioperative Patient Safety & Comfort: A Collaborative Endeavor" Topic-Orthopedics. Watch for Flyer and Hotel information on the OPANA Website. It should be an interesting day with several very good speakers: Trauma, Arthroscopy, Joint Replacement, Orthopedic Oncology, Regional Anesthesia, and 1 hour of Nursing Law.

DAPANA:

The Dayton Area Peri-Anesthesia Nurses' Association has been very active in preparing for our Fall Update. We have changed our regular meeting venue to the Kettering Medical Center-Dean Amphitheater. The date is November 5, 2016 from 8-1100. The officers have sent flyers to the local nursing schools and to the area hospitals inviting members and potential new members. A total of 2 contact hours will be awarded on the topics of *Skin Lesions* and *Current Trends in Peripheral Nerve Blocks*. We have set the date for our winter and spring seminars. February 4, 2017 and April 8, 2017 respectively. They will also be held at the Kettering Medical Center, speakers yet to be confirmed.

Tina Harvey, BSN, RN, CAPA and Brandy Mather, BSN, RN, CAPA, CPAN were happy to represent OPANA and attend LDI held in Cincinnati on September 16-18, 2016. I had a great time networking with fellow nurse leaders interested in elevating the profession of peri-anesthesia nursing. We looked at the evolution of nursing from the time of Florence Nightingale through to today, how some of the same principles continue to be relevant. We also talked about the importance of our professional organization, how to increase membership, and how to involve nurses across the generations. I, personally, am grateful for the opportunity to attend, I enjoyed learning from the dynamic leaders in the ASPAN organization.

Several members of DAPAN have been involved in the preceptorship program for area nursing schools. Julie Florence, BSN, RN and Carolyn Charles, BSN, RN from Sycamore Medical Center just completed precepting one student from Kettering College and two students from Sinclair Community College. They reviewed the ASPAN standards of care for patients beginning in preop through to Phase II discharge. The

students gained knowledge of the critical elements included in the recovery and discharge of the surgical patient.

DAPANA members in conjunction with the Sycamore PPO/PACU Unit Council have collected food items for the Community Action Mission Program (CAMP). This program was established to meet the needs of residents locally in the Dayton Area. Each month there is different theme of food items collected. For September, we collected spaghetti and pasta sauce, and for October, we are collecting canned soups and vegetables.

DAPANA members are also involved in several different Process Improvement projects in our facilities. Projects include Multi-modal treatment of PONC/PDNP, The Administration of Ketamine in the PACU, Hand-off Reporting, and Surgical Preparedness for the Inpatient Patient, and the Peri-op Management of Pain Control in the Patient on Suboxone. We are looking forward to learning the outcomes of these various projects, many of which will be shared on poster presentations at the DAPANA conferences.

GCPANA:

GCPANA held its September meeting and lecture on September 27th at Richmond Medical Center, Richmond Heights, Ohio. Twenty-seven nurses were in attendance to hear the presentation by Christine Garrett, MSN, RN-C. The lecture presented was Sepsis: The New Core Measure. One CEU was obtained by attendees.

Children's socks were collected and donated to the Ashtabula Head Start Program. GCPANA will continue to do philanthropic projects instead of fundraisers.

Job descriptions are being reviewed. Bylaws have been updated.

GCPANA has welcomed the following nurses to the board, Katie Horner, Amy Berardinelli, and Toni Zito.

President Elect position is open.

Next Board meeting, to be scheduled.

Next GCPANA meeting and lecture, to be scheduled.

NEOPANA:

Mission Statement: The Northeast Ohio PeriAnesthesia Nurses Association's Mission is to promote the profession of PeriAnesthesia Nursing and to enhance the quality of life for our members and the patients they serve.

On September 13, 2016, we had our first meeting at Mercy Medical Center. Dr. Stern presented "Anesthesia and Sleep Related Breathing Disorder in Adults and Children". On October 11, 2016, our second meeting was held at Summa City Hospital. A panel of 4 healthcare providers including a cardiologist, 2 RN's, and a CRNA presented "What Perianesthesia RNs should know about a TAVR Procedure?"

Our 30th Annual Reverse Raffle will be Monday, October 24, 2016 at Guy's Party Center in Akron. Cocktails at 6:30pm and Dinner at 7:30pm. Choice of steak, fish, and vegetarian will be served. Tickets are

\$125 and include 2 dinners & 1 ticket in the main drawing or \$100 if unable to attend but would like a ticket for the drawing. There are only 90 tickets sold. The winning ticket can win \$3, 500.00. We also sell board tickets that evening. This is our main fundraiser for the year.

This year, at our November meeting, we are to bring donations of gently use duffle bags, totes, purses, and full size toiletries to donate to One Eighty (every Women's House). It is a non-profit organization dedicated to the treatment of survivors of interpersonal violence and the prevention of such violence in our community (Wooster, Oh). The shelter constantly needs new and gently use items for clients in the shelter, as well as those who are ready to venture out on their own. Other items graciously accepted: diaper's , baby wipes, personal hygiene products, toilet paper, paper towels, adult & children's clothing, appliances, furniture, and household items. We already had several donations brought in at our October meeting.

We will be donating \$250 to a local woman's shelter this year.

1.0 CE will be offered at our monthly meetings. Students are welcome, for more information; please contact Sally Swartzlander at sls2005rn@gmail.com.

NEOPANA 2016-2017 Meeting Schedule:

Date:	Time:	Location:
11/8/16	7:00pm	Mercy Medical Center (Canton, Oh)
01/10/17	7:00pm	Board Meeting (Location TBA)
02/14/17	7:00pm	Akron General Medical Center
03/15/17	5:00pm	Akron/Canton Food Bank 5-7pm
04/11/17	7:00pm	Akron General Medical Center
05/09/17	7:00pm	Dinner Meeting-Mulligan's Pub in Canton

NOPANA:

The NOPANA September 10, 2016 meeting was held at ProMedica Flower Hospital, Sylvania Ohio. Contact hour program was presented by Mary Jean Ohns, DNP, RN, CPNP, CCRN, PNP, Associate Professor, University of Toledo Nursing Program. The presentations was "Congenital Heart Defects-Implications for Perioperative Nursing" which reviewed the types of congenital heart defects, corrective procedures , patient factors, preop and post-operative patient care needs.

Continental breakfast was provided, a short business meeting followed the presentation. Discussion included overviews of the OPANA Board meeting. Fall OPANA conference with registration flyers available, and 2017 ASPAN National Conference. OPANA RADA Knife fund raiser information available for hospital representatives. Community service project for the year was discussed. Support of fall OPANA conference approved for raffle basket. All members were issued an open invitation to attend an OPANA Board meeting. OPANA and NOPANA Scholarship opportunities for members by were reviewed with the application process with forms available at meeting.

The next meeting will be November 12, 2016 at ProMedica Flower Hospital. The presentation will be Sepsis-Implications for Perioperative Nursing.

May 10, 2016: Topic: PACU Stir Up Regimen and Endovenectomy-Perioperative Nursing Care Priorities.

September 10, 2016: Topic Congenital Heart Defects-implications for Perioperative Nursing.

Old Business: Increasing mileage back up to .54 from current mileage of .25. **Jane** made motion to increase mileage back up to 57.5, 2nd by **Sharon Gallagher.** Motion voted on and passed by board. Mileage will increase to .54.

New Business:

Up Coming Dates:

- PANAW February 6-12, 2017
- NDASH March 22, 2017 State House in Columbus-Registration will open up in November.
- ASPAN National Convention April 30-May 4 Indianapolis
- OPANA Spring Seminar May 20, 2017 Bethesda North, Hotel commendations Crown Plaza Hotel Cincinnati

Next Board Meeting: January 7, 2017 11:00am at Brio's

Meeting Adjournment: Motion to adjourn by: **Debby Niehaus;** 2nd by **Jean Kaminski** 10:00pm

Respectfully submitted:

Iris Marcentile, BSN, RN, CPAN

OPANA Secretary

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Revised January 3, 2017 @ 0850