

## OPANA Fall BOARD MEETING-2015

Country Inn & Suites  
Columbus, Ohio  
October 23, 2015  
Teri Siroki: President  
Rose Durning: Immediate Past President/Facilitator/ Timekeeper

**Called to Order:** 8:06pm

**Attendance:** Teri Siroki (NEOPANA), Sally Swartzlander (NEOPANA), Rose Durning (DAPANA), Carol Zacharias (NOPANA), Iris Marcentile (COPANA), Tina Harvey (DAPANA), Jane Booth (CAPANA), Jean Kaminski (NEOPANA), Sharon Gallagher (CAPANA), Alabelle Zghoul (COPANA), ElizaBeth Cooper (NEOPANA), Debbie Wolff (NEOPANA), Debbie Wilson (NOPANA), Brandy Mather (DAPANA), Guest: Sylvia Baker (Region 3 Director).

**Absent:** Nancy McGushin (COPANA), Sue Guertin (COPANA), Debbie Niehaus (CAPANA), and Patty Molder (GCPANA).

### **Slate of Officers 2015-2016:**

President: Teri Siroki  
Vice President/President Elect: SallySwartzlander  
Immediate Past President: Rose Durning  
Treasurer: Carol Zacharias  
Secretary: Iris Marcentile  
ASPAN Rep: Debbie Wolff

### **Secretary Report:** (Iris Marcentile):

Minutes from the August 15 Board meeting and Membership meeting reviewed with no corrections made to minutes. Motion to approve Secretary Report by: **Rose Durning**, 2<sup>nd</sup> by **Carol Zacharias**.

### **Treasurer Report:** (Carol Zacharias)

Beginning Balance: \$13, 810.62

Income: \$5,223.00

Expenses: \$4,473.69

Ending Balance: \$19,782.93

Treasure report was sent to each Board Member per Carol with complete explanation of Expenses and Income, and Scholarships Awarded for 2015.

Motion to accept Treasurer Report by: **Deb Wolff**: 2<sup>nd</sup> by **Debbie Wilson**.

**Membership:** (Carol Zacharias): Total Membership 572

**District Member Numbers:**

|             |             |
|-------------|-------------|
| CAPANA: 92  | GCPANA: 168 |
| COPANA: 118 | NEOPANA: 73 |
| DAPANA: 76  | NOPANA: 45  |

**President's Report:** (Teri Siroki):

1. LDI was attended by 4 OPANA members. We spent time in training and networking with others from around the country. We came up with many good ideas that we hope to use in the future. Thank you for the opportunity to represent our component.
2. We met Sylvia Baker, the new Region 3 Director, at LDI and invited her to attend the meeting on October 23, 2015. She will be joining us when she arrives this evening. Could I have a motion/vote to pay for her room? **Deb Wolff** made the motion to pay for Sylvia's room, **2<sup>nd</sup> by Beth Cooper**. Board voted and approved motion.
3. All board positions have been filled. Thanks to our new officers!
4. Our ABPANA rep has changed. It is now Bonnie Niebuhr. Bonnie had planned to be with us today (Oct. 24), but instead has sent materials.
5. Joyce Dufford is now at home. She has recovered from her recent illness. She was presented with an Honorary Life Membership Certificate on August 16, 2015.
6. Attendance is down for the fall seminar (51 registrations). Any suggestions for increasing attendance?

**Vice President/ President Elect Report:** (Sally Swartzlander)

I would like to start my fall report with a thank you to OPANA for the wonderful opportunity to attend LDI. Here is my report from LDI:

ASPAN'S Leadership Development Institute "Renew Perianesthesia Passion: Inspire Excellence" was held at the Sheraton Clayton Plaza Hotel in Clayton, MO on September 18-20, 2015. OPANA was represented by Teri Siroki, Beth Cooper, Sally Swartzlander and Rose Durning. We had a great time networking with fellow ASPAN members and leadership. On Friday evening, we played Component Jeopardy comprised of the 5 Regional teams then had regional meetings/networking. On Saturday morning, Katrina Bickerstaff gave a great opening session entitled "Finding the Passion: Inspiring Professionalism in the New Generation". There were breakout sessions on Budget Planning, Gold Leaf application, navigating the ANCC approver application for contract hours, firing up the keyboard, clinical practice hot topics & standards, and effective board meetings/strategic plan. On Sunday, we shared best component practices and heard a wonderful closing session "Aspire to Inspire Excellence" by Armi Holcomb. After the wonderful weekend at LDI, we had lots of new ideas (both for OPANA and NEOPANA) to discuss on our flight back to Akron, Ohio. While in St. Louis, Teri, Beth, and I were able to sightsee before and after LDI. On Friday, we rode the Metro from Clayton to downtown St. Louis. We visited the Gateway Arch and the Old Courthouse. The view of St. Louis from the top of the arch was amazing. On Sunday, we took the Metro to downtown St. Louis again and took a trolley tour of St. Louis. We also enjoyed some great meals while in the St. Louis area. I sent this report and pictures to Tina for the

newsletter, I also emailed some pictures to Debby for the OPANA website and I shared some on the OPANA Facebook page.

2015 OPANA fall seminar speakers-Lori Chovanak, Daniel Kirkpatrick, Phyllis Mesko, Eric Kramer, and Annette Powers. All the CE paperwork was completed by Alabelle, as well as the flyer and the folders. One exception is that Lori Chovanak is bringing her own CE. All speakers to receive an honorarium except Lori Chovank who stated that she was donating it back to us. Carol will provide checks at the fall seminar.

Goodie bags-donations from officers/districts, including candy, tissues, Purell, Stickers, pens, granola bars, lotion, water, emery boards, etc.

50/50 raffle-tickets

Chinese Raffle-donations from officers/districts, NEOPANA donated \$50 worth of local NE Ohio items. Sally Swartzlander donated some additional items. Anyone else? We have different color tickets for this raffle.

Door Prizes?

Invited ABPANC rep. to set up table. Angela Henry is no longer with ABPANC. We heard back from Bonnie Niebuhr that she would be attending. She later backed out of attending after finding out that attendance was only around 20 when she asked. She was to send Teri a box of ABPANC literature.

Medical vendors-we have one committed drug representative, Dean with Ionized Fentanyl. I contacted 6 other medical vendors and none were able to attend. We had one other interested vendor that contacted Teri through the OPANA website. I sent an email to Jeremy Brooks for Principal Financial Group. I attached our vendor form and he emailed me back that he was interested but he hasn't registered yet. I emailed him again.

Sylvia Baker, MSN, RN, CPAN (ASPAN Region 3 Director) will be attending our fall seminar. We met with her at LDI and invited her to attend our seminar. A room was booked at the hotel by Teri. We were told by Sylvia that the component takes care of the room cost while ASPAN covers the cost of her travel. Vote on OPANA covering room cost? (See President's report).

ASPAN materials provided by the National Office per the request of Sylvia Baker.

RADA knife cash & carry table-Nancy Post.

Poster presentations were requested on the flyer.

Location (Siegel Center), hotel (Country Inn & Suites), food-Sue Guertin.

Service Project/Fundraiser-Eric Kramer CRNA.

OPANA committed to donating \$250.00.

NEOPANA donated \$150.00.

A can will be placed in the back of the room for individual donations to Eric.

Thank you to each district and individual that donated towards goodie bags, Chinese raffle, and service project. Thank you to everyone that invested their time and effort into making this a successful fall seminar!

**Immediate Past President/Nominating:** (Rose Durning):

Nothing new to report. Rose did mention that in 2017 the Vice President/President Elect and Secretary position will be up for nominations. Commented on the ASPAN Rep position being terminated and will be taken over by the Vice President/ President Elect after Debbie Wolff's term is over.

**Historical/Assembly Rep:** (Debbie Wolff):

ASPAN Rep position will be eliminated at the end of this term. Duties will fall to the VP/President Elect.

Debbie said the theme for the upcoming ASPAN National Conference in Philadelphia, PA has not been announced yet, she will let us know at a later date the theme. Theme "Honor the 1<sup>st</sup> ladies" for component night was suggested by Sally Swartzlander. Rose said she would get the buckeyes again and take with her. Cost of buckeyes from Cosco for 250 was \$9.00 a box.

**Government Affairs:** (Jean Kaminski):

NDASH (Nurses Day at the State House)-March 2, 2016. **Jean Kaminski** made motion to sponsor NDASH again; 2<sup>nd</sup> by: **Debbie Wilson**. Voted by board members and motion approved.

Issue 3-ONA is encouraging a NO vote as this could increase problems of marijuana related health emergencies in children as seen with 250% increase in Colorado after legalization.

**Ohio HB 216**-To Revise the Governing Advanced Practice Registered Nurses. This would modernize laws to allow APRN's to practice to the full extent of their education, training and certification. This bill includes the removal of the mandated written practice agreement with the physician (that can be very expensive), removal of physician supervision for CRNA's, modernization of the CRNA's prescriptive authority and removal of confusing and unnecessary drug formulary.

**SB 110-APRN Delegation**-This passed and is effective as of 10/15/15. It allows APRN's holding a certificate to prescribe to delegate medication administration to non-nurses as long as the route of administration is not intravenous and is not a controlled substance. The APRN must be physically present at the location where the drug will be administered and the APRN will ensure that unlicensed personnel has the knowledge, skills and ability to administer the medication. This cannot occur on an inpatient unit of a hospital, freestanding or emergency department.

**TeleHealth**-Requested to have psychological APRN's included in rules that allow for physicians and Psychologists to be reimbursed by Medicaid. Director McCarthy wants to wait until mid 2016 to see how the budget would be affected before considering adding APRN's.

**Contracting Language for Hospital for School Nurse Language:** This states that local boards of education can enter into a contract with a hospital, licensed healthcare provider, or health district to provide nursing services for students rather than having a school nurse in the building. If a contract is entered for the services, there is no requirement for the employee of the hospital or other provider to obtain a school nurse or wellness coordinator license. However, the employee must have credentials equivalent to a registered nurse or licensed practical nurse.

**Publications/Snooze News:** (Tina Harvey):

As always I am looking for articles covering research, evidence based practice, nursing history, event happenings and photos.

The deadline for the winter edition is October 15<sup>th</sup>.

Despite many attempts, I have not heard yet from our new CRNA contributor Brian Garrett, Director of the Otterbein School of Anesthesia in Columbus. But, I was able to get Susan Haines, CRNA, at Sycamore Hospital in Dayton to agree to submit an article for the upcoming newsletter!

Finally, I am still looking to spotlight the COPANA District Rep. I believe this is the only district that has not been showcased in Snooze News so far. Just a short bio and photo would be great. Although, I believe Debby Niehaus is also asking for the same info for the web page so it would serve as dual purpose.

Any suggestions or comments are appreciated. Thanks to all who help make our Newsletter possible!

**Standard Operations:** (Nancy McGushin):

At the 2015 Summer OPANA Board of Directors (BOD) meeting, it was suggested that we eliminate the position of ASPAN Representative. This position was put in place several years ago to assist new presidents and others new to the organization in transitioning to the responsibilities of their respective offices. At that time, there were few experienced members to help guide new officers. As our organization has grown and increased in membership and leadership, that is not the case now. Board of Directors voted on the recommended changes on OPANA Bylaws as presented by Standard Operations Committee and then will send these Board approved recommendation on bylaw revision changes to the membership for approval at the spring conference membership meeting. Board recommended bylaws changes will be read at least 2 times at (may be placed in email or newsletter of district) district meetings fall 2015 and spring 2016 and final vote taken to accept the Bylaw revisions at the 2016 spring meeting. The Bylaws are attached with corrections. This is first notice for the membership. An additional notice will be sent before the spring meeting to address any questions or concerns about this change. A vote to approve or disapprove the changes will be held at the spring membership meeting. If approved, the OPANA Policy & Procedure manual will be amended accordingly, and reviewed/approved by the OPANA BOD.

**Fund Raising:** (Sharon Gallagher): Nancy Post is continuing with the Fund Raising until end of year and will be taking care of the Rada Orders that is due in on November 6, 2015. Please check with your districts and remind them that orders will be turned into Nancy Post. Sharon Gallagher will take over Fund Raising at beginning of 2016.

**Scholarship:** (Jane Booth):

The Scholarship report is 13 scholarships awarded for a total of \$920.00. I sent the break down to Carol Zacharais Treasurer. At the meeting I would like to discuss the instruction part of the form. At the board meeting it was discussed about the time line to turn in the scholarship forms for reimbursement. On the form it is stated that one has only 6 weeks after the fall or spring seminar to turn in forms. Jane stated that she was receiving forms a year later for reimbursement. After some discussion at the board meeting it was decided by the board that forms for fall seminar needs to be submitted by spring conference and spring seminar forms needs to be submitted by fall conference.

**Convention:** (Sue Guertin): **(Absent)**

Sue has everything arranged for the Siegel Center, food delivery for lunch and continental breakfast. Sue will not be at the conference so she has someone from Nationwide Children's who will overlook the food table for lunch and breakfast. She has Alabelle for the AV system.

**Awards:** (Debbie Wilson):

Debbie will be giving out one award at membership meeting for Outstanding Achievement, that award will go to Teri Shine who has gone above and beyond that past year with the Gold Leaf and Shining Star. Teri will receive a Certificate and cash award at the membership meeting on Saturday October 24, 2015.

**Education:** (Alabelle Zghoul):

Alabelle will continue obtaining CE hours for fall and spring seminars. Needs suggestions on speakers and reminded board members that when a speaker is scheduled to speak to get their paperwork in ASAP for approval. It was also suggested that more speakers on direct care due to upcoming certification for CPAN and CAPA for new re-certifications.

**Gold Leaf/Shining Star:** (Beth Cooper):

I was able to attend LDI held in St. Louis, MO with Teri and Sally. I went specifically to hear the Gold Leaf award lecture by Diane Swinek. I encourage you all to look at TAPAN's Gold Leaf report which is available on the ASPAN website. It is well written and shows a very active component. As I get ready to prepare our application, I am doing it with an open mind that it will be a learning lesson this time. The presentations were geared at looking at our present workforce and values. Since accepting this role, I have wondered why there is just one winner and why there are not honorable mentions. There is not just one "Magnet Hospital" or just one accredited JACHO hospital. I truly believe there should be criteria for all components to get "gold" or "silver" status and an overall winner. I was motivated at the conference to voice my opinion. I talked to Diane Swinek and Sylvia Baker about the award only rewarding one component and not acknowledging the close finalists. I also talked to Katrina Bickerstaff. Katrina suggested I write a letter to Sylvia asking the Board to consider acknowledging the top five finalists as well as the winner. Sylvia will be presenting this at the ASPAN Board Meeting. So possible change could occur in 2017. I would like to add that I am very appreciative that I got to attend LDI. I hope it would be something our Board will continue to approve to let someone else go besides the president and vice-president/president elect.

**Webmaster:** (Debby Niehaus): **(Absent):** report sent via email

Please send home any info you want on the web with Sharon or please have District reps email me their District updates. We have very little new info on the web and we need info for District Meetings, District Officer, OPANA Officer Bios, pictures, etc. Thank you to those members who have sent pictures and or reports but district reps need to send me MORE info. Please copy me on your report you send to Iris.

I am going to revamp the Ohiopana web and add pages and hopefully some new info in November. District pages will be changing to be bigger and hopefully more interesting and easily navigated. I need info so the pages look complete and if you have a district logo please send it to me. District officer Bios, programs or spotlight on board members can be added. Pictures Yes. Identify people in picture and make sure you have permission to publish from them?? This is VERY IMPORTANT!!!

There is great deal of room to grow. If any district has a new picture for their page of officers or a new picture for the running banner of their city, celebrations, PLEASE send to me. Teri please share this with the Board at the meeting as my report and anyone can call me on my cell or home number.

### **District Reports:**

#### **CAPANA:**

CAPANA had our 1<sup>st</sup> meeting September 16<sup>th</sup> with a great turn out! Topic was “Mindfulness”. Our next meeting is October 21<sup>st</sup> with topic “Update on Breast Surgery”. This is our combined meeting with AORN. We are planning our spring workshop with a tentative date of March 12, 2016. We had positive feedback regarding our earlier start time for the meeting. Also hoping to get more interest by having hospital representatives to post information about meetings, etc.  
FYI: Debby Niehaus retired September 30<sup>th</sup>. Good for her; we wish her well.

#### **COPANA:**

COPANA held it workshop meeting and membership meeting on September 19, 2015 with speaker Dean Gumban from Precedex who presented the topic on “IONSYS” the new ionized Fentanyl PCA device. Because this was presented by a sales rep that provided breakfast, no contact hours were provided. Suggestions were made to try to have an additional speaker who would be able to speak about pain control and provide contact hours.

Nancy will check with AORN for a January date for the COPANA/AORN collaborative meeting. Tentatively January 23, 2016 at the Wasserstrom Auditorium in Columbus Ohio with a focus on Gastrointestinal. Mary Beth Ryan will ask Drs. Narula, Husain and El-Dika to speak at either the January meeting or in April.

The suggested dates for COPANAs 2016 meetings are:

April 23, 2016

July 16, 2016 (Lancaster)

Nancy is working on COPANA bylaws and will email to Board members for approval.

#### **DAPANA:**

I am excited to be given the opportunity to represent ASPAN at the local and state level through DAPANA and OPANA. My name is Brandy Mather; I am currently working at Sycamore Medical Center in the PPO/PACU. Sycamore is part of the Kettering Health Network in the Dayton area.

DAPANA has upcoming meetings scheduled with informative speakers that will enhance the care of our patients through increased knowledge and skill. We encourage our members to bring friends and co-workers to build relationships and increase DAPANA membership through shared professional interests. DAPANA will host two speakers for the fall meeting on November 7, 2015 at 0800 in Miami Valley Hospital’s Maxon Parlor. Dr. Julie Gilkeson is invited to speak on the topic of AV fistulas and Cecelia Marrow, CNP will speak on anti-hypertensive, physiology and pharmacology. A continental breakfast will be served.

DAPANA has been actively working on the sales of Rada knives to support nursing scholarships. Planning will continue for the OPANA 2016 spring conference on May 21, 2016, and board meeting hosted by DAPANA.

The first meeting for 2016 is scheduled for February 9, 2016 at Miami Valley Hospital Maxon Parlor from 0800-1200. Speakers to be announced.

Any questions, please contact Bonita Wooding, DAPANA President at [bonita.woodin@khnetwork.org](mailto:bonita.woodin@khnetwork.org).

### GCPANA:

GCPANA held its board meeting on August 20, 2015. The program for the fall fling was finalized. Program to be held on Saturday October 10, 2015, at the Pine Ridge Country Club in Wickliffe, Ohio. There will be two speakers: Denise Click MN, BSN, RN will be presenting "Silence is Lethal: It is Time to Speak Up". Deforia Lane PhD, MT-BC and Diane Mayo MSN, CRNA will be presenting "Music Therapy in the Surgical Arena: A Randomized Clinical Trial." Two contact hours have been applied for through ASPAN. We will be collecting toothbrushes (adult and children), toothpaste or a monetary donation. Items collected will be donated to a local woman's shelter.

GCPANA has nominated Theresa Shine BA, RN, CAPA for the OPANA Outstanding Achievement Award. Teri commitment to Perianesthesia nursing is exemplified in her activities.

Next Board meeting, November 18, 2015, GCPANA members will be invited to attend the Board meeting to meet members and learn what the board does. We would like to encourage members that are interested to become active on the board. We will be collecting hats, mittens, and scarf's to donate to a Battered Woman's Shelter. The Vice President/President Elect position is open.

### NEOPANA:

#### NEOPANA 2015-2016 Meeting Schedule:

November 10, 2015 @ 7:30pm Mercy Medical Center (Canton, OH)-Dr. Jeff Blasick will be speaking on "Understanding Anterior Supine Hip Replacements."

January 2016-Date & Time TBA will have our board meeting.

February 9, 2016 @ 7:30pm Akron General Medical Center-PANAW celebration and Dr. Mendiola will be speaking about breast surgery.

March 16, 2016 from 5-7pm Akron/Canton Food bank Service Project.

April 19, 2016 @ 7:30pm Akron General Medical Center.

May 10, 2016 @ 7:00 pm Dinner meeting (location TBA).

Annual Reverse Raffle-Monday October 26, 2015 at Guy's Party Center in Akron. Cocktails will be at 6:30pm, and dinner at 7:30pm. You have the choice of steak, chicken, fish, and vegetarian. Tickets are \$125. Tickets include 2 dinners and 1 ticket in the main drawing. There are only 100 tickets sold. We also sell side board tickets that evening. This is our main fundraiser for the year.

We have been working on collecting orders for the OPANA Rada Knife fundraiser.

We had wonderful speakers for our September and October meetings. In September at Mercy Medical Center, Dr. Stern did a great review of the types of anesthesia and the drugs used by anesthesia providers. In October at Summa Akron City Hospital, Pamela Moore, PharmD, BCPS, CPE spoke about pain satisfaction challenges.

This year, at our October meeting, we collected packages of women's underwear to donate to S.A.N.E for rape victims as a community project. We voted that NEOPANA would buy logo tee-shirts for us to wear to our March service project. We donated \$150 to the OPANA fall seminar service project for Eric Kramer. NEOPANA also donated \$50 of local Ohio items for the Chinese Auction.

We made our yearly \$250 woman's shelter donation to Every Woman's House in Wayne County. During PANAW week, we will be giving away \$50 PANAW bucks X 8. 3 NEOPANA members attended LDI in St. Louis: Sally Swartzlander, Beth Cooper and Teri Siroki.



NOPANA:

Meetings Planned:

September 12, 2015

November 7, 2015

February 2016-date to be determined

May 2016-date to be determined

September 7, 2015 meeting: minutes from May 2015 meeting reviewed and approved. The speaker was Stacy Adams, BSN, who is a current student in the CRA program at Lourdes University. The title of the presentation was "The Role of the Anesthetist in the Enhanced Recover after Surgery (ERAS) setting". Contact hours were awarded for the presentation. Speaker suggestions for the November meeting were discussed.

Congratulations to Carol Zacharias for taking over as the new OPANA Treasurer. An open invitation was issued for members to attend any board meeting. Agenda items included an update of the 2015 ASPAN conference. Overview of how to apply for scholarship money for conference attendance from OPANA and NOPANA was presented. NOPANA awarded 2 scholarships in the last year to members. OPANA fall conference flyers were shared. Fund raisers: Rada knife books for OPANA fund raiser were available for area hospital representatives to take.

Community service project-Holiday gift was discussed, voted and approved to join OPANA and donate to the medical mission speaker at the OPANA fall conference.

**Old Business:** None

**New Business:** Rose is on the Nominating Committee with Jackie Crosson.

Upcoming Dates: ASPAN National Conference-April 10-14 in Philadelphia, PA.

Spring Seminar is being hosted by DAPANA on May 21, 2016 in Dayton, Ohio.

**Next Board Meeting:** January 9, 2016 @ Brio's Bistro starting at 11:00am

**Meeting Adjournment:** Motion to adjourn by: **Jane Booth**; 2<sup>nd</sup> by **Iris Marcentile**.

Meeting adjourned at 10:08pm

Respectfully submitted:

Iris Marcentile

OPANA Secretary

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January 15, 2016