

OPANA Fall BOARD MEETING-2018

Seigel Center-Mt. Carmel East

Columbus, Ohio

October 5, 2016

Sally Swartzlander: President

Teri Siroki: Immediate Past President/Facilitator/ Timekeeper

Attendance: Sally Swartzlander (NEOPANA), Beth Cooper (NEOPANA), Teri Siroki (NEOPANA), Iris Marcentile (COPANA), Jane Booth (CAPANA), Nancy McGushin (COPANA), Sue Guertin (COPANA), Jean Kaminski (NEOPANA), Debby Niehaus (CAPANA), Sharon Gallagher (CAPANA), Alabelle Zghoul (COPANA), Debbie Wolff (NEOPANA), Kate Horner (GCPANA), Debbie Wilson (NOPANA), Brandy Mather (DAPANA).

Absent: Tina Harvey (DAPANA), Nancy McGushin (COPANA)

Slate of Officers-2017-2018:

Sally Swartzlander-President

Beth Cooper-Vice President/President Elect

Teri Siroki-Immediate Past President/Nominating

Iris Marcentile-Secretary

Bonita Woodin-Treasurer

Secretary Report: (Iris Marcentile):

Motion to accept minutes with corrections: Page 1-Absent-added Kate Horner; Treasurer report Corrected Income-\$7,028.87 and Expenses-\$8,173.20. Page 4 under bullet 5-added Allen to name of Anne-added Past President; under same bullet added Breathline-ASPAN 1st Core Curriculum editor to paragraph. Page 10-removed Fundraising since already in minutes on page 8. Page 13-added **Nancy McGushin** made motion that OPANA would purchase 150 40th anniversary OPANA Ruby pens for the spring seminar and whatever is left over will be used for the fall seminar. 2nd by **Debbie Wolff**. Motion to approve Secretary Report by: **Debbie Wilson**; 2nd by **Sue Guertin**. Motion carried.

Treasurer: (Bonita Woodin): Bonita did not have correct report for board meeting will send via email when gets report corrected. Corrected report was sent via email on October 22, 2018 @ 8:44pm.

August 1, 2018-September 30, 2018:

Beginning Balance: \$10,907.23

Expenses: \$3,789.87

Income: \$9,618.17

Ending Balance: \$16, 753.53

This does not include the majority of the fall conference income and expenses as they happened after the Friday night board meeting.

Motion to approve Treasurer Report: **Iris Marcentile**; 2nd by **Beth Cooper**.

Membership: (Bonita Woodin): Total Membership: No report made available. Bonita does not have an accurate count at this time. Will have for the Winter Board meeting.

District Member Numbers:

CAPANA:	GCPANA:
COPANA:	NEOPANA:
DAPANA:	NOPANA:

President's Report: (Sally Swartzlander):

CDI- September 14-16, 2018 in St. Louis, MO. Beth and Brandy represented OPANA.

ASPAN Update-Check out the September/October Breathline. Regina Hoefner-Notz, MS, RN, CPANA, CPN, FASPAN (ASPAN President 2018-2019) continued her theme: "Leading with Knowledge-Serving with Heart". Willingness to Participate forms are due 10/31/18. Start planning to showcase your accomplishments with abstracts and posters for the 2019 National Conference in Nashville! The deadline for both is 10/31/2018. The Excellence in Clinical Practice Award and Award for Outstanding Achievement is due by 11/30/18. Visit the APSAN web site for information on how to nominate a deserving colleague for a 2019 Above and Beyond Service award. The deadline to do so is January 10, 2019. Don't forget to take advantage of the free CE opportunity: Recognizing Residual Paralysis and Improving Patient Outcomes in Patients Receiving Neuromuscular Blocking Agents (1.5 CH). The newest edition of ASPAN's Perianesthesia Standards, Practice Recommendations and Interpretive Statements will be available on the ASPAN website by December 2018. ASPAN collaborates with the Council on Surgical and Perioperative Safety. Their mission is to bring all members of the surgical team together to promote excellence in patient safety during their perioperative experience. They have recently created a DNR/DNAR/DNI checklist (based on ASPAN's position statement). It is now available at <http://www.csp-stream.org>. ASPAN is also working on the 2019 Competency Based Orientation Manual for the Adult Patient. It will tentatively be available for release in mid to late 2019.

ASPAN National Conference Scholarship Winners from OPANA-Congratulations to Sharon Gallagher RN, CAPA; Jean Kaminski BSN, RN CPAN; and Tanya Nellis BSN, RN, CAPA.

Fall seminar 2018-Saturday, October 6, 2018 Mount Carmel East Seigel Center. Speaker-I want to thank Meg for being our speaker this year! She sent her power point and bio to Alabelle. The 5 topics are: Caring for Patients with PTSD/PTSS in the Ambulatory Setting, Tiptoes through the Orthopedic Garden of Ankle and Foot Surgeries, Orthopedic Complications, Skin is In-Slow the Glow: Uncovering the Bare Truth About Skin Cancer, and Nursing Care of Patients with Regional Block. We were approved for 6.5 CE.

Caterer is the same. Sue has ordered the Gold Leaf Celebration Cake and Graeter's ice cream as our special treat for winning the Gold Leaf Award.

Service Project-Hope Hollow founders, Jane and Kevin, will be coming on Saturday. We will allow them to have a few minutes to share during the lunch meeting. Donation container will be placed on the Hope Hollow table for the donation of gift cards and money. 25% of all the proceeds from the 50/50 raffle, silent auction, and Chinese auction will be donated to Hope Hollow.

Hotel: Holiday Inn Express; block of rooms for OPANA was expanded due to high demand. May need to look at that for next year. There are several new hotels in general area that could look at for block of rooms-Home 2, Comfort Inn & Suites. Sue Guertin will check into these and get back with board members for their input.

Fall board meeting location-Siegel Center at 8 pm; meet at 6pm to start setting up for Saturday.

Donations-Thank you to all the board members, districts, and OPANA members that donated items for door prizes, goody bags, silent auction, and Chinese auction.

Gold Leaf Table/Award Table-featuring this year's accomplishments of OPANA and its' members including the Gold Leaf Award, ABPANC Shining Star Award, and Newsletter of the Year Award. Also, the book of OPANA's choice that ASPAN awarded as part of the Gold Leaf Award will be at this table. We will have a separate drawing for any of the attendees to participate in. The book is the Certification Review for Perianesthesia Nursing (published 2017).

Vice President/President Elect: (Beth Cooper):

We are ready to have our Fall Conference tomorrow. Meg Beturne is a cheerful lady and speaks with enthusiasm! Her energy is inspiring!

We will make goody bags tonight with donated items from the board. The meeting area will have a fall theme. Thanks for your donations. We have donated items for our silent auction and "Chinese auction".

I understand the need to be thinking ahead. We know the dates of National Conference until 2021. I hope we can set dates for fall conference 2019 and 2020 on our calendar. Thank you Sue for your work! I am thinking the 3rd weekend in October for both years. I am not sure how to get OSU football schedules this far ahead-or if it's possible. I welcome your input in setting the dates. We can get the conference room in Mt Carmel on October 26,27in 2019. I have also asked Sue to reserve 2 hotel nights if we need to meet on Sunday again.

Alabelle has added a question on the feedback form asking attendees what they want next year for topics and speakers. I hope this will help us make decisions for next year's conference.

We will be electing a new Region 3 Director at Representative Assembly before National Conference in Nashville 2019. It is really helpful for members to "give feedback" when it's available on the ASPAN website. Sally and I voted utilizing the results from 23 OPANA members who gave their feedback last year.

I saw this quote and want to share,

"The secret of change is to focus all of your energy, not on fighting the old but building the new."

This was written by Socrates.

I enjoy attending LDI/CDI. The accumulation of 4 years attendance is invaluable in leadership planning. Many of the 130 attendees were NOT component board members or officers. I believe I saw 30-40 hands raise when this question was asked.

Immediate Past President/Nominating: (Teri Siroki):

This year we need to elect a Vice President/President Elect. If anyone is interested in serving in this role please let me know.

We also elect a Treasurer in the odd numbered years. Bonita has expressed her willingness to continue for another term.

Government Affairs: (Jean Kaminski):

The Comprehensive Addiction and Recovery Act of 2016 (CARA), included a provision that allowed NPs and Physician Assistants (Pas) to take 24 hours of training to prescribe medication-assisted treatments (MAT) for opioid-addicted patients. This prescribing authority is set to expire in 2021.

The advanced practice registered nurses (APRNs) have been lobbying for years to make permanent the authority for nurse practitioners (NP) to prescribe medication-assisted treatments (MAT) for opioid-addicted patients and to extend the authority to the other three APRN specialties. The latest Senate package does not include this policy.

H.R. 6 U.S.

House of Representatives passed the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act, or the “Support for Patients and Communities Act.” A section of the bill permanently extends the MAT prescribing authority for NPs and Pas and allows the other three APRN specialties the authority for five years. It also instructs the Department of Health and Human Services to conduct a study on the efficacy of prescribing MAT, and possible associated narcotics diversion issues, on all providers, including physicians. Having data showing how important it is to have more access points for patients and that APRNs are just as qualified to treat opioid substance use disorder would show the value APRNs.

Both the House and the Senate need to pass identical legislation before this is signed into law. There is a large bipartisan group of legislators in the House and Senate who all agree that this is good policy. The current disagreement is over how to offset the projected cost estimated by the Congressional Budget Office (CBO).

Ohio H.B. 302

Would allow pregnant minors to consent to their maternal healthcare. At present an adult parent or guardian must give permission for invasive treatment i.e. of an epidural or c-section but some are estranged from families.

Ohio H.B. 501

ONA provided comment and gave opponent testimony recently to the House Agriculture and Rural Development Committee about House Bill 501-a bill that wants to change the title Veterinary Technician to Veterinary Nurse. ONA argued that the term nurse is legally defined as caring for humans, and that no other person or profession may insinuate they practice as a nurse. The chair and committee was educated on why we cannot allow other professions to adopt “nurse.” Out title of ‘nurse’ is in danger of being diluted. There has been no recent action.

Historical: (Debbie Wolff):

Debbie stated she is working on a list of Past Presidents, other than that she had nothing to report.

Standard Operations: (Nancy McGushin):

The recent changes to reimbursement policies has been completed and revised document sent to OPANA Board members to file and to the Webmaster to place on the OPANA website. Those with OPANA jump drives should save the new version to them to keep standards current.

A new expense form was created as a separate document for easy printing and emailed to the board. All board members should discard the old forms and replace with the new one.

The biannual Bylaws and Policies & Procedures review will take place this weekend. Any needed changes identified will be brought forward at the Winter OPANA Board of Directors meeting for approval to bring to the membership for notification and voting for Bylaws, or for discussion and final approval from the board for changes to the Policies & Procedures. Once revisions are finalized, Nancy will send the new versions to ASPAN.

Thanks to all who volunteered to review our Standards!

Fundraising: (Sharon Gallagher):

Hopefully the RADA Knives Sale in each of your districts is going well. I haven’t heard of any issues so I’m expecting great sales! If you are finished with your sales and want to bring orders and money to the meeting next week, that is OK with me.

I will have C&C RADA Knives, pens, nail files, magnets, and OPANA pins at the conference.

I also will have the National Pen catalog and a few samples of pens to look at for ordering 40th anniversary pens of that’s what the board wants to do.

Scholarship: (Jane Booth):

I have no additional scholarships to report since the summer Bd Mtg.

Convention: (Sue Guertin):

Sue will look into locating a new hotel for next year seminar. Would like to take picture with cake at first break. Breakfast will start at 6:45am and lunch @ 11:00. Sue ordered box lunches once again.

Awards: (Deb Wilson):

Board meeting May 2018-Awards changed to certificates, pins, and monetary award.

Spring award is for Recruiter of the Year. Award is based on ASPAN membership recruiting members for the Jan. to Dec. of the preceding year. Presented at the spring conference in May. Award presented at spring 2018 meeting was to Shirley Jean Raymond. As of October 2018 there are numerous people who have recruited one new member.

Excellence in Clinical Practice Award application form is available on the web. Point grid for award determination in completed. Award presented at the fall 2017 meeting to Penny Risher. Next award to be presented at October meeting. Open for nominations at current time. As of 10-2-18 there is one nomination for the award.

Education: (Alabelle Zghoul):

76 nurses have registered for the fall conference. Was approved for 6.5 CE. Alabelle ask if we should continue to have one speaker at the fall conference, she stated attendance is up with one speaker, having one speaker is easier for Alabelle. There was discussion at the board meeting and agreed that having one speaker at fall conference is a great way to go.

Gold Leaf/Shining Star: (Beth Cooper):

It was humbling to attend CDI with Brandy Mather on September 14-16 in St. Louis, Missouri. The lecture handouts from CDI are still available to view. The Gold Leaf presentation by Lori Silva, MMT Coordinator cited many OPANA accomplishments. There is also the photo of us being presented the award! Ronald McDonald House activities from our OPANA web page were also shown.

The ASPAN website will be getting a new look. Meantime I learned how to access more information on the award.

I got a better understanding of the difference in our website and newsletter documentation. The Newsletter is archived and a permanent ‘image’ of activities for time. Our Website is a changing media noting activities in progress.

ABPANC is also making changes in the amount of work hours needed for recertification. In closing this report, Amy Dooley talked about capitalizing on our strengths. I encourage you to think about your own personal strengths. How are you using them in your life?

Webmaster: (Debby Niehaus):

I want to thank each of you in advance for keeping the information current on your web pages. Though we will not be applying for Gold Leaf Award next year, we still need to keep our pages up to date. Other components will be looking at our site as they do their application for Gold Leaf 2018, so we need to look good and be current. I’m sure Beth has shared that much of our info can be found on web pages.

Representatives, please keep your district page up to date. Send me your next meeting notices, current officers, and other recently completed or upcoming event information. Posting on your district pages keep your members up to date and is also a way to share ideas with other districts for educational programs. We keep track of activities throughout the year and the webpage info shows if we are **on track with our current strategic plan**. We will be reviewing our plan this fall.

Please email: meeting notices, district minutes, community activity participation, scholarship forms, and/or flyers. **If you have had a meeting in the past two-three months or are planning a workshop or meeting with presentations then send me a flyer, note, and/or meeting minutes to have district information current.**

Send pictures because members enjoy seeing your activities throughout the state. Photos show OPANA is active. Pictures to share (**Please send me an accompanying email**) and that you have permission from the people in the picture that we can publish on website.

This is needed. (Include preferred names of individuals, if you want listed along with the picture).

If you have suggestion for new pages for the web, please share? We last added a Service Project page for Ronald McDonald and other service projects. **I can always add additional pages that you suggest.**

Thank you for all your contributions to our website. Please either call 513-641-6849 or email to: debbyniehaus@zoomtown.com your pictures and or articles.

Snooze News: (Tina Harvey):

I hope everyone had the opportunity to read out most recent newsletter.

As you may know at the last board meeting, I had asked if anyone would be interested in taking over the newsletter. I since have received interest from Amy Berardinelli from Cleveland. Amy and I are in the process of working the transition out. I have suggested to both Sally and Beth about me possible staying on as co-editor. It has been my experience the newsletter in quite involved. When I took over, I had no idea or mentor to help me navigate such a role. I would like to be involved with Amy so that we can work together in her new role. I believe Sally was going to discuss co-editor role at the next board meeting.

I will be submitting the next newsletter in November. Please send me any articles, projects or pictures by October 17th. Thank you!!

District Reports:

CAPANA: (Sharon Gallagher):

CAPANA had our 1st meeting September 19th on Medical Marijuana at Bethesda North Hospital, it was well attended. Our October meeting is a joint event with AORN at Christ Hospital; the topic is Prostate Cancer and Treatments. Our spring conference will be March 16, 2019.

CAPANA is donating a Cincinnati themed raffle basket.

COPANA: (Nancy McGushin):

Plans for Membership drive in September had to be cancelled for lack of a clinical speaker.

Marion Milan, COPANA Corresponding Secretary will assist Alabelle in contact hour application for COPANA, since Alabelle is now retired from OSUWMC.

The next COPANA meeting will be the COPANA Winter seminar, “Perioperative Safety and Comfort-A Collaborative Endeavor,” in conjunction with CO-AORN, to be held on Saturday, January 26, 2019, at the Wasserstrom Auditorium at OSUWMC. Planning meetings will start soon. Topics yet to be decided.

The COPANA Board of Directors will be meeting soon to plan the rest of the 2019 agenda. We still plan to try for a membership drive!

DAPANA: (Brandy Mather):

Before giving my DAPANA District report I would like to give a report on my experience at the ASPAN Component Development Institute which was held September 14-16, 2018.

I appreciate the opportunity to attend the Component Development Institute in St. Louis. ASPAN leadership made a change to the leadership development to component development for this conference. If we develop a strong component, strong leaders will emerge. The title was “Leading with Knowledge; Serving with Heart-Back to the Future”. Leading begins with getting involved. Begin with attending a board meeting or volunteering at the district or component level. Help to host or moderate at a conference. Contribute to the newsletter. Get other involved by making personal invitations to colleagues for local events or community projects. Use Facebook or other social media to communicate with other nurses in the area. The National office has a lot of resources for components to use to grow membership. ASPAN is actively expanding education and the opportunities for members to grow as perianesthesia nurses. There are live seminars, web casts, education on-demand, JOPAN articles and ASPAN select. All of this under the education tab on the ASPAN website. OPANA was congratulated on the Gold Leaf achievement for the previous year. The requirements were reviewed and components were encouraged to participate to highlight and celebrate the achievements of their members. Communication styles were reviewed with the strategies for effective dialogue and component board meetings. We discussed the importance of component strategic plans, bylaws, and budgets. The ABPANC president was in attendance to discuss the changes to their website and requirements for certification and re-certification. I enjoyed meeting with motivated ASPAN members and leadership, discussing how to grow out component, become more involved and elevate our profession-lead with knowledge and serve with heart.

DAPANA Report:

DAPANA has set the fall conference for November 10, 2018 at 0800 in the Dean Amphitheater at Kettering Medical Center in Kettering, Ohio. A continental breakfast will be served. We will have two speakers: Heather Carroll, BSN, RN will share education titled “7 Steps of Evidence-Based Practice: Review and Application” and Dr. Aqueel Pabaney will discuss “Endoscopic Third Ventriculotomy-Neurosurgical Applications”. There will be two contact hours awarded. The conference is free for ASPAN members and \$10 for nonmembers. There will be door prizes and goodie bags for everyone in attendance.

DAPANA has schedules the winter seminar for February 2, 2019 to kick off PANAW. The spring seminar will be April 13, 2019. All seminars will be held in the Dean Amphitheater at Kettering Medical Center. A continental breakfast will be served. Speakers will be announced at a later date.

GCPANA: (Kate Horner):

Greetings from Cleveland!

I am sorry that I missed out last meeting due to car trouble in route. I am grateful to Toni Zito, GCPANA President for representing our district at this meeting.

The GCPANA held a board meeting on September 17, 2018 at 6 pm at Euclid Hospital. Our next general meeting is scheduled for October 17, 2018. The presentation is titled, “Building Resilience through Gratitude and Positive Connections with our Coworkers”. The speaker is Dr. Robert Smith, Director of the Medical Staff Assistance Program of MetroHealth. Dr. Smith is an Assistant Professor at Case Western Reserve University School of Medicine. We look forward to his presentation.

Certification News: The Cleveland Clinic is offering a one-day CPAN/CAPA Certification Review course on Friday, October 5, 2018. The cost is \$25.00 for Cleveland Clinic Caregivers; \$40.00 for Non-Cleveland Clinic Caregivers. Additionally, the Cleveland Clinic introduced a voucher program which allows qualified RNs to register to take the CPAN/CAPA exam at no out of pocket cost. We hope this initiative will increase the number of CPAN’s and CAPA’s in the enterprise.

The next GCPANA Board meeting is scheduled for 6 pm on December 6, 2018 at Vittorio’s 29664 Euclid Ave., Wickliffe, Ohio 44092.

NEOPANA: (Debbie Wolff):

NEOPANA held it’s meeting on September 11, 2018 with a talk on Interoperative MI. Our reverse raffle is coming fast! It will be held October 22, 2018 at Guy’s Party Center in Akron, Oh. Only 90 tickets to be sold. See a NEOPANA member for more details. We are actively taking orders for the RADA Knife sale sponsored by OPANA. Orders to be received by October meeting. We are actively working on the spring OPANA conference to be held next May. Our service Project for the Akron Food Band will be November 7, 2018 from 5-7pm.

NOPANA: (Debbie Wilson):

NOPANA September 8, 2018 meeting was held at ProMedica Flower Hospital, Sylvania, Ohio. The September speaker was Glenna Frey, MSN, APRN, CNS. Glenna currently works for the ProMedica Hickman Cancer Center but has a special interest in live kidney donation. Glenna's husband is a recipient of a live kidney donation and Glenna is a kidney donor. The topic was: Saving a life: what they didn't teach me in school. Glenna is a founding member of a nonprofit organization titled **Kidney Donor Conversations**; there is a Facebook page, facebook.com/kidney.convos and website www.MyKDC.org. The mission is to increase awareness of living kidney donation. NOPANA made a cash donation to the organization.

The business meeting followed the presentation with a continental breakfast. Discussion included an overview of the ASPAN national conference for 2019. Recognition of a newly certified CPAN/CAPA nurses and new members present was completed. All members were issued an open invitation to attend an OPANA board meeting. The fall conference in Columbus forms were available. OPANA and NOPANA Scholarship opportunities for members were reviewed with the application process with forms available at the meeting. ProMedica Toledo Hospital Preop and PACU is participating in a high school program for MA/NA and offers opportunities for the students to volunteer in surgical services. ProMedica Bay Park Hospital has one RN resident that started in August in Surgical Services.

The next meeting will be in November, 2018 at ProMedica Flower Hospital. The topic is undecided at this time.

Old Business: None

New Business:

- Fall seminar date will be decided after the date of ONA convention is determined. Iris will check on this date and get back with Beth and Sally.
- Kate brought additional fund raising ideas that the board may be interested in, either along with RADA Knife sale or replacing it. Board members looked the item brochures over and was tabled until next meeting.

Upcoming Dates:

- Next Board Meeting-conference call on January 12, 2019 at 11am
- PANAW-February 4-10, 2019
- ASPAN's 38th National Conference in Nashville, TN-May 5-9, 2019
- OPANA spring seminar-May 18, 2019 in Akron, Oh.

Meeting Adjournment: Motion made by **Sue Guertin**; 2nd by **Debby Niehaus**.
Meeting adjourned at 9:33pm

Respectfully submitted:
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