

## OPANA FALL BOARD MEETING-2014

Country Inn and Suites  
East Board St. Col. Oh.  
October 17, 2014  
Rose Durning: President  
Nancy McGushin: VP/Facilitator/Timekeeper

Several members of Board met at 7:15pm to help put goodie bags and folders together for conference in AM.

**Called to Order:** 8:00pm

**Attendance:** Rose Durning (DAPANA), Teri Siroki (NEOPANA), Iris Marcentile (COPANA), Nancy McGushin (COPANA), Sharon Gallagher (CAPANA), Tina Harvey (DAPANA), Sue Guertin (COPANA), Debby Niehaus (CAPANA), Teri Topp (DAPANA), Patty Molder (GCPANA), Jean Kaminski (NEOPANA), Debbie Wilson (NOPANA), Alabelle Zghoul (COPANA), Carol Zacharias (NOPANA), Debbie Wolff (NEOPANA), Guest: Jackie Crosson (ASPAN President), Jill Sharwarkl (GCPANA President), Linda Martin (NEOPANA), Tammy Menke (NEOPANA).

**Absent:** Sally Morgan (COPANA), Teri Shine (GCPANA), Jane Booth (CAPANA), Pat Dempsey (GCPANA), Nancy Post (GCPANA).

### **Slate of Officers 2014-2015:**

President: Rose Durning  
Vice President/President Elect: Teri Siroki  
Immediate Past President-Nancy McGushin  
Treasurer-Sharon Gallagher-**Will continue as treasurer and mentor to Carol Zacharias (NOPANA) till 2015**  
Secretary-Iris Marcentile  
ASAPN Rep-Debbie Wolff

### **Secretary Report:** (Iris Marcentile)

Minutes from the August 16, 2014 Board meeting reviewed with no corrections;  
Motion to approve Secretary Report by: **Teri Siroki**; 2<sup>nd</sup> by **Deb Wilson**

### **Treasurer Report:** (Sharon Gallagher)

1. Transitioning Carol Zacharias into place...How is this being done? Sharon has been giving and showing Carol what she does. Sharon has given Carol a lot of information.
  - a. Need for a checklist to provide for smooth transition? Put together a checklist.

Beginning Balance:

Income:

Expenses:

Ending Balance:

**Membership:** (Sharon Gallagher): Total Members: 812

**District Member Numbers:**

CAPANA: 113	GCPANA: 405
COPANA: 97	NEOPANA: 64
DAPANA: 86	NOPANA: 47

**President's Report:** (Rose Durning)

1. LDI (Leadership Development Institute) September 5-7, 2014 Nashville, TN
  - a. Brief overview; each to give 1 positive item learned from seminar. Rose-gave an overview on LDI and her experience. She focused on the Mentoring program and wants people to show their mentoring abilities to new members and nurses. Debby-took time to look at new articles-Deb did pre homework and met with new people at ASPAN-had a lot of fun. Jean-stated speakers were excellent and they gave some particular advice. At the end of seminars plans were made for next time.
  - b. Each will put in state's journal SNOOZE news article on their experience.
2. Recognizing OPANA members; Special Awards, new degrees; encourage to place In newsletter for December 2014
3. Discussion of website; MNDKSPAN-bring up on computer to review
4. Immediate Past President additional duties; as time keeper and facilitator. Motion was made by **Iris Marcentile** for Past President to resume rule of Facilitator/Timekeeper; 2<sup>nd</sup> by **Sue Guertin**. Voted on and motion carried.
5. ASPAN has the only available research network; *JoAnna Briggs Institute*; excellent source on the ASPAN website. At present looking for a Research Librarian to assist.
6. Rose also commented on Region 3 Kentucky website and then thanked Debby for putting rotation of pictures from different cities on OPANA website.
7. 2015-2017; need to decide if we want to increase the \$30.00 fee. Rose and Teri Siroki thought we should leave alone and not increase fee. **Sue Guertin** mad a motion to not increase the \$30.00 fee; 2<sup>nd</sup> by **Alabelle Zghoul**. Voted on and motion carried.
8. Rose asked for ideas to put on website and what catches your eye. Deb Wilson suggested history of OPANA. Teri Siroki suggested we obtain bids from other sites and what the cost of doing website for example from Reynolds design. Teri looked into cost and was \$2975.00-\$20.00/month to keep up website. At present we pay \$300.00 for 2 years and Debby Niehaus does not charge OPANA for doing website. Tabled for now.

**Vice President/President Elect Report:** (Teri Siroki)

1. Conference-Everything is ready. Despite a few issues along the way, it looks to be a good conference. Thanks to everyone who helped to put it together.
2. I have several speakers in mind for next year including presentations on the electronic record and Jehovah Witnesses and bloodless surgery. Hopefully we will be able to get a speaker on EBOLA.

3. Property Agreement-Received:  
Pat Dempsey-Jump Drive, By-laws, Policy & Procedure Book  
Rosemary Durning-Flash Drive, 2 OPANA Banners, 1 Ohio Shaped basket  
Nancy McGushin-1 Shining Star Award Trophy, 1 Gold Leaf Award Plaque  
Debra Wolff-Archives-3 books, Jump drive  
Teri Siroki-flash drive, Policy & Procedure Book
4. CPAN Review Course at AGMC-ACMC is in the planning stages of holding a CPAN Review Course. We need to have a minimum number committed to attend in order for this to happen. I will let you know via email if/when we are able to get this set up.
5. Reverse Raffle Tickets-Many of you have expressed an interest in our Reverse Raffle, which is coming up this year on Monday, October 27. I have brought a couple of tickets today if anyone is interested in attending. The tickets are \$125 which includes hors d'oeuvres, dinner and open bar. Cash prize is \$4,000. One of our long time NEOPANA members, Marilyn Lowe, has offered her home to anyone who would like to attend in lieu of a hotel. If you would like to buy a ticket, but aren't able to attend, the cost is \$100.00. If interested, see me after the meeting.

**Historical/Assembly Rep:** (Deb Wolff):

Nothing new for Historical- Still have books for achieve which are safe and water proof. For next years National Conference the theme is Western so Deb suggested western cowboy hats, boots, and develop some kind of scarf for component night. Let Deb know if you have any ideas for next National Conference.

**Government Affairs:** (Sally Morgan): **Absent**-Report sent via email

Joining the State organization/attending meetings at Ohio Statehouse; sponsor \$175.00, allows members at \$40.00. Nurse's Day at the State House February 2015, sign up early, limited registrations.

**Government Affairs Update**

Signed bills in the past year:

**[H.B 314-Minor Prescriptions](#)**

Sponsored by Representative Nan Baker (R-Westlake)

Requires a prescriber (physicians, Pas, APRNs, optometrists, dentists and podiatrists) to obtain written informed consent from a minor's parent, guardian, or other person responsible for the minor before issuing a controlled substance prescription to the minor and establishes sanctions for a prescriber's failure to comply with this requirement.

**Signed by Governor on June 17, 2014; effective in 90 days**

**\*\*\*Please note, this includes minors receiving opioids postoperatively.**

**[H.B. 139-Hospital Admissions](#)**

Sponsored by Representative Anne Gonzales (R-Westerville)

Permits certain advanced practice registered nurses and physician assistants to admit patients to hospitals.

**Signed by Governor on February 18, 2014; effective in 90 days**

**[H.B. 315-Hospital Reporting](#)**

Sponsored by Representative Lynn Wachtmann (R-Napoleon)

Requires hospital reporting of neonatal abstinence syndrome.  
**Signed by Governor on April 10, 2014; effective in 90 days**

**HB 341 Schedule II drugs/opioids-no prescription-unless review of patient information**

[http://www.legislature.state.oh.us/bills.cfm?ID=130\\_HB\\_341](http://www.legislature.state.oh.us/bills.cfm?ID=130_HB_341)

ALL PRESCRIBERS of Opioids and Benzodiazepines must check OAARD before prescribing with limited exceptions.

**Signed by Governor on June 2, 2014; effective September 16, 2014**

**H.B. 366-Controlled Substances**

Sponsored by Representative Robert Sprague (R-Findlay)

Requires a licensed hospice care program that provides hospice care and services in a patient's home to establish written policy and adopt certain practices for preventing the diversion of controlled substances containing opioids.

**Signed by Governor on June 17, 2014; effective September 17, 2014**

**H.B. 301-Drug Administration**

Sponsored by Representative Dorothy Pelanda (R-Marysville)

Authorizes a person not otherwise authorized to do so to administer certain drugs pursuant to delegation by an advanced practice registered nurse who holds a certificate to prescribe.

**Chronology**

**October 16, 2013**\_Introduced in the House

**October 16, 2013**\_Referred to Health & Aging Committee

**May 21, 2014**\_Reported out of committee

**H.B. 412-Physician Assistants**

Sponsored by Representative Anne Gonzales (R-Westerville)

Revises the law governing the practice of physician assistants.

**Chronology**

**January 21, 2014**\_Introduced in the House

**January 28, 2014** Referred to Health & Aging Committee

**April 2, 2014** Reported out of committee

**May 14, 2014** Passed in House 87-1

**May 21, 2014** Moved to Senate and referred to Medicaid, Health & Human Services Committee

**H.B. 378-Opioid Addiction Treatments**

Sponsored by Representative Ryan Smith (R-Bidwell)

Prohibits a physician from prescribing or personally furnishing certain drugs to treat opioid dependence or addiction unless the patient is receiving appropriate behavioral counseling or treatment.

**Chronology**

**December 5, 2013** Introduced in the House

**December 7, 2013** Referred to Health & Aging Committee

The informed consent requirements has three components: assessing the minor's mental health and substance abuse history; discussing with the minor and the minor's parent, guardian, or another authorized adult certain risks and danger associated with taking controlled substances containing opioids; and obtaining the signature of the parent, guardian, or authorized adult on a consent form. Additionally, the new law limits to not more than a 72-hour supply the quantity of

a controlled substance containing an opioid that a prescriber may prescribe to a minor when another adult authorized by the minor's parent or guardian gives the required consent.

**H.B. 588-Life Sustaining Treatment**

Sponsored by Senator Peggy Lehner (R-Kettering)

Establishes procedures for the use of medical orders for life-sustaining treatment and makes changes to the laws governing DNR identification and orders.

**Chronology**

**June 19, 2014** Introduced in the Senate

The Nursing, Medical, and Pharmacy Boards originally issued a joint policy regulatory statement in April 2013 endorsing the prescription of naloxone (Narcan\*\*\*) to those individuals at high-risk for opioid drug overdose. The purpose of the statement is to promote wider utilization of naloxone for high-risk individuals by educating prescribers on the proper use of naloxone.

The Boards updated their joint policy statement in September 2014 to reflect changes in House Bill 170, effective March 11, 2014. Ohio law now permits authorized prescribers, including APRN prescribers, to "personally furnish" or issue a prescription for naloxone to a friend, family member, or other individual in a position to provide assistance to an individual at risk of experiencing an opioid-related overdose. In addition, the law grants a health care professional who in good faith personally furnishes or issues a prescription for naloxone, immunity from criminal or civil liability or professional disciplinary action for the actions or omissions of the individual to whom the drug is furnished or prescription is issued. To learn more about the benefits of naloxone and its proper use, the statement has been attached and can also be downloaded from the Board's website <http://www.nursing.ohio.gov/>.

**OBN\*News 08/01/2014-Tramadol and Products Containing Tramadol Classified as Schedule IV Controlled Substance Effective August 18, 2014**

Effective August 18, 2014, tramadol and products containing tramadol will be classified as Schedule IV controlled substances in the state of Ohio pursuant to a rule adopted by the United States Drug Enforcement Agency (DEA).

APRNs with prescriptive authority (CTP holders) will continue to be able to prescribe tramadol and products containing tramadol, in accordance with the Formulary. However, APRNs with prescriptive authority need to be aware of the requirements specified in the Ohio State Board of Pharmacy's guidance document in preparation for the change in the drug classification. For example, because tramadol and products containing tramadol will be classified as controlled substances, APRNs prescribing these products will need to obtain a DEA number, if they do not have one already.

This is an important year for Ohio voters. In addition to the gubernatorial and state races, voters will be electing house members in ALL 99 Ohio Districts. Seventeen seats will be determined in the Ohio Senate.

**Past President/Nominating:** (Nancy McGushin)

Nominations for VP/President Elect and Secretary for May 2015. Encouraged people to run for offices, and if you know of someone who would like to run for office but is not sure of what to do let Nancy know and she will talk with that person. Needs Nominee's by January meeting. Iris has agreed to run again for Secretary.

**Standard Operations:** (Pat Dempsey) **Absent**

Report by Rose-nothing has changed-policies needs going over next year. Deb Wolff ask Jackie APSAN President about the theme for Component night in San Antonio for National Conference next year. Jackie informed the board the theme is “6 Flags of Texas”

**Historical/Assembly Rep:** (Deb Wolff):

Nothing new for Historical- Still has books for achieve which are safe and water proof. For next years National Conference the theme is Western so Deb suggested western cowboy hats, boots, and develop some kind of scarf for component night. Let Deb know if you have any ideas for next National Conference.

**Fund Raising:** (Nancy Post) **Absent**-Report sent via email

Nancy will be unable to attend the fall conference but Deb Wilson is bringing cash & carry RADA, someone will need to man the table. Can anyone volunteer? I will be sending the RADA fall fundraiser catalogs for distribution to District Reps. We will sell until November 18, 2014 with a delivery date of first week of December. Also OPANA pins will be sent to Deb Wilson to have with RADA.

**Scholarship:** (Jane Booth) **Absent:** Report sent via email

No new report; couldn't find anything to bring on Wounded Warriors Project.

**Convention:** (Sue Straits Guertin); Sue stated that she could not be at conference on Saturday, but Debby Niehaus was in charge of making sure things was set up for continental breakfast, beverages were refreshed and that lunch would be taken care of. Alabelle is in charge of the AV system.

**Awards/Education Committee/Contact Hour Chair:** (Alabelle Zghoul)

Alabelle stated that the fall conference was awarded 6.7 credit hours. Would like suggestions for speakers for next year's conference and would like to have one speaker only instead of two or multiple speakers which would make it easier.

Fall Conference we need Candidate for Achievement Award. Recruiter of Year Award-if anyone recruits new members please let Alabelle know. The Recruiter of the Year for spring conference is Sharon Gallagher who has recruited 6 people at this time.

**Gold Leaf:** (Teri Shine)

Please to continue to submit all your activities to Tina Harvey for the OPANA Snooze News. I will use this information towards the Gold Leaf Application. If you cannot get it to her, please forward to me or Rose.

Items that always required documentation are:

- Goals/strategic plan
- Orientation program
- Policies/procedures
- Welcome materials
- Non-renewing member materials

- Newsletter
- Sample email blasts
- Certificate for contact hours for each offering
- Financial verification
- Advertising materials and/or scholarship application
- ASPAN volunteer positions documentation-need to find out how she wants it listed-check with National office about volunteers.
- Community or ed program participation documentation
- Nursing school/student support documentation-need contract between nurse and student.
- Published articles
- Education for members on EBP/Research

My biggest concern is answering the following question. I need someone to give me this information; otherwise, we receive zero points.

**Does your Component assure its financial health annually?**

Samples MUST be attached; for example: verification of audit/or board of directors insurance, non-profit status, tax I.D., tax filing form.

(Tip: a copy of your budget is a great assistance to reviewers. How does your Component guarantee your financial health? Do you have an annual independent audit? Do you have liability and/or bonding insurance for the board of directors? Is your Component a tax-exempt organization? Do you have an annual budget and do you meet it?)

**Webmaster:** (Debby Niehaus)

Nothing to add except would like to have bio's from district officers and OPANA board members. Would like pictures to go along with bios.

**Publications/Snooze News:** (Tina Harvey)

CAPANA-Martha Clark-write up for award-May 2014. Would like to have District Rep page. Next Snooze news is due out in December and deadline for articles, or anything else is due by November 1<sup>st</sup>.

**District Reports:**

**CAPANA:**

President: Sharon Gallagher

Vice President/ President Elect: Debby Niehaus

CAPANA has 113 members and we have 7 monthly meetings with speakers along with a ½ day workshop to be held in March.

A combined meeting with AORN as the host held October 14, 2014 at Christ Hospital presented by Dr. Stuart Donovan on the “**Enhanced Recovery Protocol**” **What is it? Why Use It?** This diet with the “impact” liquid supplements is used for patient undergoing major abdominal and gynecological surgeries. Using the ERP eliminate the need for a long NPO and bowel preps pre-op and has patient eating and back on solids much earlier post-op.

Our November meeting will be hosted by Bethesda North Hospital with Dr. James Molnar presenting anesthesiologist who makes education enjoyable and always entertaining to listen to. We will not meet in December and then in 2015 resume meetings with “Pseudocholinesterase Reaction in OR/PACU”; A Case Study will be at Evendale Surgery Center with Dr. Lydia Chantilas who is a Pediatric Anesthesiologist as the speaker in January.

### COPANA:

COPANA continues to host meetings quarterly. Our summer meeting was cancelled by the hosting hospital for lack of registration. They assumed responsibility for hosting the fall meeting on September 13, 2014. The speaker was Dr. Yakov, pediatric gastroenterologist. Our next meeting will be that annual joint seminar with Central Ohio AORN and the Ohio State University Wexner Medical Center in January. Planning is under way. Topics so far include: Food allergies and Celiac Disease, MDRO, Understanding CMS and TJC Standards, and Nursing Law (Category A requirement). This year will be a shorter day per request of many of last year's attendees-0800-1400. Continental breakfast and lunch will still be provided. The COPANA Board of Directors are planning a meeting soon to discuss next year's agenda and review options for replacing vacant board positions.

### DAPANA:

There is nothing new to report since the August Board meeting for DAPANA. Please refer to the August Board Meeting Minutes.

### GCPANA:

GCPANA board meeting was held August 20, 2014. Topics for the fall district meeting were discussed. Next district meeting will be November 11, 2014. The meeting host is Euclid Hospital. The speaker and topic to be confirmed. Next Board meeting, October 22, 2014. The Historical chair position is open.

### NEOPANA:

We meet the second Tuesday of the month, alternating meetings between Akron and Canton. We had a business meeting September 9, 2014, and unfortunately our speaker cancelled at the last minute. We did have a business meeting and speaker on October 14, 2014. The topic was "Preop Considerations for Jehovah Witness Surgical Patients." We also will be holding our Annual Reverse Raffle on Monday, October 27. This is a great fun and social event.

We are donating \$250 to Lady Liberty, a home for female veterans in Portage County. Some of our members also spent the day September 9 at the Akron Stand Down for veterans. We assisted in serving over 400 veterans in obtaining medical help, clothing, food, haircuts and whatever assistance the needed. This is a one on one program. We were called "shepards" and walked each veteran to the different stations and got to know them and talk with them for 45-60 minutes. Then we would help another veteran through the whole process. It was a very rewarding experience.

### NOPANA:

NOPANA has four meetings a year and the final meeting will be on Saturday November 8<sup>th</sup>. It is at 10am at Flower Hospital in one of their conference rooms. A continental breakfast will be provided along with 1 CEU. No topic for this meeting has been decided on at this time.

### New Business:

1. ASPAN National Conference in San Antonio, Texas; April 26-30, 2015 at the Hyatt Regency.
2. National Conference for April 10-14, 2016; Philadelphia, PA.
3. Next spring meeting; is sponsored by COPANA in Columbus, date and site to be determined.
4. January 2015 board meeting; invite a member to mentor
5. Next fall seminar 2015; October 24<sup>th</sup> at the Seigel Center, Mt. Carmel East.

6. Conference member work team; please stay 10 minutes on Saturday to review evaluations; what worked well and what did not.

**Next Board Meeting:**

January 24<sup>th</sup>, 2015 at Polaris Mall Brio's Restaurant: Time 11:00am

**Meeting Adjournment:** Motion to adjourn by **Debby Niehaus**, 2<sup>nd</sup> by **Nancy McGushin**

**Time:** 9:45pm

Respectively submitted;  
Iris Marcentile, OPANA Secretary

[imarcentile@gmail.com](mailto:imarcentile@gmail.com)

[iris.marcentile@ccmh.com](mailto:iris.marcentile@ccmh.com)

740-622-9437 (H)

740-502-0678 ©

740-623-4235 (W)

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