

OPANA BOARD MEETING MINUTES-FALL 2013

Friday-OCTOBER 11, 2013

COUNTRY INN AND SUITES

COLUMBUS, OHIO

MEETING CALLED TO ORDER AT: 8:08pm

ATTENDEES: **Rose Durning**-President/DAPANA, **Teri Siroki**-Vice President/President Elect/NEOPANA, **Jeanne Guess**-Immediate Past President/Nominating/NOPANA, **Iris Marcentile**-Secretary/COPANA, **Sharon Gallagher**-Treasurer/CAPANA, **Debby Niehaus**-WebMaster/CAPANA, **Nancy Post**-Fund Raising/District Rep/WYPANA, **Debbie Wolff**-Historical/ASPAN Rep/NEOPANA, **Alabelle Zghoul**-Awards/Education/COPANA, **Jane Booth**-Scholarship/CAPANA, **Teri Shine**-District Rep/NOPANA, **Jean Kaminski**/NEOPANA, Nancy McGushin/COPANA. **Guest:** Debbie Wilson/NOPANA.

ABSENT: Renee' Garbark-Snooze News Editor/DAPANA, Sally Morgan-Govt. Affairs/COPANA, Sue Guertin-Convention Chair/COPANA, Pat Dempsey-Standard Operations/GCPANA, Gayle Jordan/DAPANA.

Slate of Officers for 2012-2013

Rose Durning- President

Teri Siroki-Vice President/President Elect

Jeanne Guess- Immediate Past President/Nominations

Sharon Gallagher-Treasurer

Iris Marcentile-Secretary

Debbie Wolff-Assembly Rep

Secretary's Report/Meeting Minutes (Iris Marcentile): Minutes from the August 17, 2013 Board Meeting reviewed with any corrections: No corrections were made to the minutes. Motion to approve the minutes by Jane Booth, 2nd by Deb Niehaus. Motion carried.

Treasure (Sharon Gallagher): Beginning Balance: \$16,604.22

Income: \$8,119.00

Expenses: \$12,794.01

Ending Balance: \$11,929.21

There was a motion per D. Niehaus to Audit the books, Iris Marcentile 2nd the motion. Board voted and motion passed.

Motion to Approve Treasures Report: 1st Debby Niehaus, 2nd Iris Marcentile

Membership (Sharon Gallagher): No numbers available for membership due to Sharon losing information when reconfiguring her computer.

Membership Total: No numbers available due to losing information when Sharon upgrading her computer. She will send out information at later date after reconfiguring her computer.

CAPANA:
COPANA:
DAPANA:

GCPANA:
NEOPANA:
NOPANA:

WYPANA:

President (Rose Durning):

1. OPANA fall conference, Columbus Ohio October 12. 2013.
 - a. Mt. Carmel East-time to set up on Saturday? Sharon Gallagher and Alabelle Zghoul to take of set up.
 - b. Registration desk?-Sharon Gallagher and Alabelle Zghoul.
 1. Those that join ASPAN on Saturday will receive a \$10.00 rebate to be used for Another seminar within the year. Participant will send in their certificate to Sharon Gallagher who will then reimburse with \$10.00 Check. People can sign up at the conference tomorrow or next 30 days to get the rebate. Teri came up with certificate-motion to accept certificate and paying for rebate by Sharon Gallagher, 2nd by Jane Booth.
 2. Hoping for students with poster presentation-would like student nurses or newly Graduate nurses who presented posters for their schools to bring and present their Posters to OPANA districts for possible presentation at the spring conference.
 3. Help in the am to set up any posters on tables provided along with tape: Teri Siroki and Nancy McGushin will be responsible for this.
 4. Folders-Alabelle and Sharon: Members of the board stayed after meeting and help Alabelle put information and packets in folders for conference in am.
 - c. Who will do the 50/50 raffle-Jane Booth
 - d. Need help with raffle items-raffle items supplied by COPANA, DAPANA, CAPANA, GCPANA, NOPANA.
 - e. Goodie bags by Gayle-assist with stuffing bags prior to end of meeting tonight- Members of the board stayed after meeting and helped Alabelle put information in folders for the conference in am.
2. Report from LDI 2013 in Kansas City Sept 5th -8th-Rose Durning and Teri Siroki attended meeting.
3. **REMINDER:** National Conference April 27th-May 1st 2014, Las Vegas, Nevada.
 - a. Early hotel registration until January 17, 2014; \$84.00 for double accommodations at the Las Vegas Hotel & Casino.
 - b. Theme: Elvis; Viva Las Vegas
 1. ASPAN Rep to coordinate Deb Wolff; contact with Beth Cooper from Willingness to Participate form.
4. **REMINDER:** Spring Conference May 17, 2014, Toledo Ohio-Report from NOPANA-still working on speakers, etc., more information will follow at a later date.
 - a. location: St. Luke's hospital Maumee, Ohio
 - b. Hotel
 - c. Flyer; registration

Vice President/President Elect (Teri Siroki): Talked a little on attending LDI and what it was like and the information they gained knowledge on. More nurses are using the Joanna Briggs website, nurses need to learn how to use site and is pushing for more research. The foundation is trying to make a little more user friendly. Learned at LDI that social networking is important to get information out to members and new members.

Social Network Committee: Continue using social network such as emails, Facebook for getting information out to members (new and old). If facebook used emails would not be shared with anyone or sold out of OPANA. Talked about setting up Facebook account by Rose and Rachelle. It would be set up has a professional site.

On membership (Bring back membership committee to board, out of treasurer's responsibilities)- Teri ask if we want to separate membership from Treasurer, is this too much for Sharon to manage- would Sharon like to have it separate to relief pressure off of her duties. Noted that other states have these positions split up. Sharon states "she has no problems continuing with membership along with being treasurer".

In order to recruit new members and interest of nurses to the board who should send out a welcome letter-Sharon or President (Rose). Stated that for one year we would send out welcome letter or postcard from Gold leaf Chairman and re-evaluated next fall if increased interest from these letters/postcard. Welcome email letter will be sent to new members by President Rose. It was suggested that we could appoint somebody to membership committee. Ask Nancy McGushin if she would be willing to head this committee up. Nancy announced that there may be a conflict of interest between her job with PESI and ASPAN, so she denounces her role on the committee. There is a policy where you cannot be on committee, board or volunteer if not working in perianesthesia area. Proceed with investigation and clarification of this policy.

Past President/Nominating (Jeanne Guess): No report

Committee Reports:

Standard Operations (Pat Dempsey): No Report

Strategic Planning & Policy (Terri Shine & Pat Dempsey): Teri to review amendments for approval for membership meeting. The Gold Leaf award committee policy is completed and was added to the OPANA Policy & Procedure book. Approved by the OPANA board of directors August 17, 2013.

Additions to OPANA by Laws: Article VIII committees-Section 8.1-standing committees "Gold Leaf Award committee to prepare and submit the gold leaf component for the year application to ABPANC." Since this was passed by the OPANA board of directors in August will need a vote by the OPANA Membership at the October 12, 2013 during the general meeting.

Fund Raising (Nancy Post): RADA fundraiser fall sale: order by 11/20/13 with delivery by 12/5/13. Books to district reps.

Scholarship (Jane Booth): No new report

Convention (Sue Straits Guertin): Report given by Rose, fall 2014 available dates; October 18 or 25th (OSU plays Rutgers; away). Members of board decided the 18th would be better. Rose will let Sue know the date would be the 18th.

Historical (Debbie Wolff): Received more pictures and certificate to put in book.

Awards/Education Committee/Contact Hour Chair (Alabelle Zghoul): One application was received. Received 6.5 credits for fall conference. Have all folders and handouts. If Alabelle needs any help with this committee she will ask for help. At present time she is doing well and able to handle without help.

Webmaster (Debby Niehaus): Progress of site change-Debby said she could add a research site if we wanted. She continues to encourage districts to send information about up coming meetings, pictures of new board members, etc. Calendar is on the page one. Please look at website-site can be expanded if need be. Can put pictures on web site. Some sites look pretty slim so please send information to Debby to put on web site. If you click on ASPAN button goes directly to ASPAN web site.

Publications/Snooze News (Renee' Garbark): Absent. Report given by Rose:

1. Suggestions for Rick Hoffman, CRNA to write article on research of mandatory beta blockers and pre-op.
2. Need articles by end of December
3. Any research done at districts facilities
4. Lt Asoh at WPAFB med group to write article on PI project on blocks
5. Need to add President Message to the Snooze News

Government Affairs (Sally Morgan): The Governor's Cabinet Opiate Action Team (GCOAT), the nursing board, and a team of professional health care provider's regulatory boards, associations, and individual providers and other key stakeholders have focused their most recent efforts on educating health care professionals and patients. The goal of this educational effort is to help reduce and eliminate the misuse and abuse of opioid drugs.

Prescriptions opioid account for more fatal overdoses than any other prescription or illegal drug, including cocaine, heroin, and hallucinogens combined. The number of Ohio lives lost to intentional drug overdose has risen from 369 lives 1999 to 1,765 in 2011, a 44% increase! Prescription drugs are involved in most of the unintentional drug overdoses and have largely driven the rise in deaths. Prescription pain medication (opioids) and multiple drug use are the largest contributors to the epidemic.

The collaborative has established a website www.opioidprescribing.ohio.gov that features the "Guidelines for Prescribing Opioids for the Treatment of Chronic, non Terminal Pain" adopted by the nursing board in May 2013, a one-hour continuing education video and information and links to an improved OARRS reporting system keyed to this initiative.

Using the recently adopted guidelines in coordination with OARRS reports is a best practice that offers insight into patient's use of opioids and other controlled substances while also alerting prescribers to possibilities of medication conflicts and signs of abuse, addiction or diversion. OARRS reports have recently been enhanced to include a dosage calculator to assist prescribers in determining whether patient are at, near or over the daily 80 MED highlighted in the guidelines.

District Reports:

CAPANA: (Sharon Gallagher)-Received no report

COPANA: (Alabelle Zghoul)

Officers for 2013-2014:

President-Alabelle Zghoul

Vice President/President elect: Vacant

Secretary-Nancy Hite

Corresponding Secretary/Newsletter-Nancy McGushin

Treasurer-Annelle Garcia

Membership-Iris Marcentile

Our last meeting was held at Java Central Meeting room in Westerville, OH on September 14, 2013 from 9-11am, Sally Morgan was our speaker, topic was "Understanding MDRO and Antimicrobial Resistance". We gave 2.0 contact hours and free breakfast, there were 12 attendees. Money was collected for Mid Ohio Food Bank which we collect for at every meeting.

Our next meeting will be in January 2014 and it will be a collaborative meeting with Central Ohio AORN. It will be the 2nd Perioperative Patient Safety Seminar. 7 contact hours will be applied for with breakfast, lunch and breaks included. Tentative topics include Deep Brain Stimulator, Update on Bariatric surgery. New guidelines on nausea and vomiting, to name a few. It will be at the Martha Morehouse Auditorium on Kenny Road, Columbus, OH.

We just revised out scholarship form and it will be on the website soon.

DAPANA: (Gayle Jordan) Absent- received via email-DAPANA's first meeting of the year will be November 4, 2013. Dr. Douglas Paul, Director of trauma services at Kettering Hospital, will speak on trauma and pregnancy, and on head trauma in the adult. Two contact hours will be awarded. Breakfast will be served. The drawing for the free ASPAN membership will take place during the business meeting. The bylaws will also be reviewed at that time. The next meeting will be the annual half day seminar February 1, 2014 to kick off PANAW.

GCPANA: (Teri Shine)

Officers for 2013-2014:

President-Teri Shine

Vice President/President elect-Jill Sharwark

Treasurer-Amy Hanna

Secretary-Barb Lavalley

Our next dinner meeting will be held on 11-12-13 at Pine Ridge Country Club in Wickliffe. Speaker is Denise Click RN, MSN & the lecture title is Infection Prevention: Looking Back to Move Forward. Dinner will be free to active and retired members and students.

Our latest dinner meeting was held at Geauga Hospital in September. Topic was Malignant Hyperthermia, which included a mock code. 29 nurses were in attendance and it was one of our best meetings.

We are continuing to make fleece blankets as our service project. The first batch was distributed by a church group who feeds the homeless in Cleveland. There are more blankets completed and ready to distribute. We also have more fabric to complete more blankets.

Carla Bumgarner of Willowick was a recent recipient of an ASPAN scholarship to attend the National Conference in 2014.

Sue Phelps was the winner of a free ASPAN membership.

Recent resignation of Scholarship Chair-Mary Kasavich. She will maintain role until successor is found.

NEOPANA: (Teri Siroki)-We have monthly meetings, the second Tuesday of September and October with speakers and one CEU approved for each meeting. Monthly meetings will continue in November, December, March, April and May. We will hold our annual Reverse Raffle Monday, October 28 at Guy's Party Center in Akron. This helps support our district to provide scholarships and donate to charities. NEOPANA accepted a motion to sponsor a student to attend an OPANA seminar.

NOPANA: (Carol Zacharias)-NOPANA had their 3rd meeting of the year on September 7, 2013. A continental breakfast was provided along with a total of 1 CEU. Chest tube insertion and Solid organ injuries were the topics, each providing a half CEU. Melinda Hendricks-Jones PA C was the speaker.

The next meeting will be November 9th at 10am at the Danberry Realty Office in Maumee, Ohio. Speaker Regina Torti, MSN, RN, CPAN will be discussing the topic "Complications following Carotid Endarterectomy: Reperfusion Syndrome and Cerebral Vascular Accident. She has been accepted to present this at the National Conference in Las Vegas, Nevada next year.

Two different donations have been made this year: one to the Family House for \$100.00 and second to Hospice in honor of past officer's spouse for \$100.00.

Next May 17th the spring state conference will be held at St. Luke's Hospital in Maumee, Ohio, ideas were discussed at the meeting for speakers for the conference.

WYPANA: (Nancy Post)-6 members notified by letter (10-7-13) of decision to disband. Check from Treasury to OPANA for \$5,505.52. Members will be divided between Cleveland and Canton.

Old Business: No old business discussed

New Business: Discuss about ASPAN rep @ January meeting

Next Board Meeting: Winter- **Saturday January 18, 2014** at Brio's Polaris @ 11:00am

Meeting Adjournment:

Motion to adjourn: 1st Iris Marcentile, 2nd Alabelle Zghoul

Respectfully submitted,

Iris Marcentile, BSN, RN, CPAN

OPANA Secretary

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