

Snooze News

The official newsletter of The Ohio PeriAnesthesia Nurses Association

National Conference

Special points of interest:

- Presidents Message
- National Conference
- PANAW
- Governmental Affairs



OH-IO PeriAnesthesia Nurses are pictured above at Indianapolis prior to the Presidents Reception

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ASPAN Region 3 Directors Message

Spring is always a busy time! We get geared up for changes in the weather. We get geared up to clean cobwebs from corners and our minds after slowing down over the long winter months.

ASPAN has gotten geared up too. National Conference was a resounding success (again!). Many components completed

Gold Leaf Applications. Several members were acknowledged for going "Above and Beyond" as well as those applying for "Excellence in Clinical Practice" and "Award for Outstanding Achievement" awards.

Component Night was fun as old friendships and acquaintances were renewed and other relationships initiated. It was a

busy week! Make sure to complete your evaluation and claim your Certificate. .

If you were not able to join us in Indianapolis this year, make plans to attend next year in Anaheim, CA.

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AWARDS

Congratulations to OPANA for receiving the ABPANC Shining Star Award at the National Conference in Indianapolis. OPANA also received a certificate for 35 years in ASPAN.

Brandy Mather and Tina Harvey received the Hail, Honor, Salute recognition. The contribution was made in their honor for going the extra mile and making a difference in the lives of others. In addition to

recognizing their work, the contribution helps ensure the continuation of ASPAN's work by providing the latest in education, research, standards, advocacy, scholarships and awards. This ASPAN award is a great way to recognize a colleague while at the same time making a charitable gift to ASPAN. This year OPANA will be donating \$350 to Hail, Honor, Salute. Forms are available at ASPAN.org.

2017 OPANA Recruiter of the year goes to Alabelle Zghoul from COPANA!

Outstanding Achievement Award will be presented at the 2017 fall conference so please consider a nurse who gives excellent PeriAnesthesia care and deserves to be recognized. The award provides public recognition, a plaque and monetary award and will be forwarded to ASPAN! Visit OhioPanana.org for a form.



Beth Cooper accepting the 2017 ABPANC Shining Star Award at National Conference

“The real opportunity for success lies within the person and not in the job”

Zig Ziglar

Upcoming Event Dates

Leadership Development Institute September 15-17th in Kansas City, MO.

OPANA Fall Seminar October 13-14th Mt Carmel East, Siegel Center Columbus

OPANA next board meeting August 5th, at 11 am at Hope Hollow in Columbus.

www.hopehollow.com

NEOPANA summer board meeting August 8.

NOPANA next board meeting September. Date to follow

GCPANA next board meeting December 14. Date to follow

DAPANA next board meeting to be held in August. Date to follow

4th International Conference for PeriAnesthesia Nurses in Australia November 1st- 4th

For additional information go to ohiopana.org to locate your districts information. Each district has listed your board members as well as upcoming meetings, educational offerings and pictures.



OPANA's Mission and Vision

Our Core Purpose

is to advance the unique specialty of
PeriAnesthesia Nursing.

Our Vision

is to be Ohio's recognized nursing association for providing
and promoting PeriAnesthesia education, nursing practice,

ASPAN standards and research

District 3 message continued

ASPAN will be busy updating Standards and Policies throughout this upcoming year to keep us vibrant, geared up and growing (professionally and in membership).

Over my two years as Region 3 Director, I have visited each of my Components and have grown professionally through my interactions with each PeriAnesthesia Nurse I have had the honor to meet. Because of the enthusiasm and support I have received from you, I decided to run again. I look forward to

the next two years so we can help ASPAN/ILSPAN grow and we grow too! I will be attending one of your meetings soon so you will have a connection to ASPAN.

One of the latest initiatives the RDs have undertaken is to develop presentations to provide Components during their meetings. I am happy to present at your meeting; your President/VP have information on this.

Please let me know what I can do to

promote you, your involvement and understanding of ASPAN. I am here for YOU!

Respectfully,

Sylvia Baker, MSN, RN, CPAN

ASPAN Regional Director: Region 3
ASPAN Clinical Practice Committee Team Leader
ASPAN S&G SWT Team Leader

Governmental Affairs by Jean Kaminski

Beginning the week of May 15th, the Ohio Board of Nursing is sending renewal notification reminders by postal mail. The mailings are staggered by zip codes (not alphabetically), so RNs and APRNs will receive letters through June. The letter includes your Security Code that is needed to register in the system. Ending Mandatory Overtime May 24, 2017, Nurses Lobby

Day at the Statehouse will take place to bring an end to mandatory overtime. Eighteen other states have already passed this legislation.

ONA's staff and nurses have been hard at work over the past year formulating a plan to transform staffing in Ohio. ONA has been advocating for staffing improvements since the early 2000's, ultimately passing

the first version of legislation in 2008.

Since that time, the health care landscape has changed dramatically, including an aging patient population and more patients entering the system. In 2015, Ohio nurses conveyed their ongoing concern through a statewide survey on staffing, and ONA members set staffing as a priority.

***Nurses Lobby
Day at the
Statehouse to
bring an end to
mandatory
Overtime!***



PeriAnesthesia Nurses Week took place the week of February 6 –12, 2017.

PANAW is an opportunity to educate nursing colleagues and the community about the professional and passionate care that is delivered by PeriAnesthesia nurses everyday.

PANAW is when the ASPAN

YouTube video, "We Are PeriAnesthesia Nurses," was introduced with great success. If you haven't had a chance to view please do.

Many of our districts took the time to celebrate PeriAnesthesia Nurses Week by offering educational lectures, passing out gifts and providing lunch as well as beautifully decorated cakes. The

NEOPANA district also had a student nurse from Hiram College of Nursing attend their celebration and lecture.

To see pictures and learn more on how our nurses celebrated, visit our webpage at www.ohiopana.org



NEOPANA celebration cake for PANAW week. Picture submitted by Sally Swartzlander.

Presidents Message

Submitted by Teri Siroki, BSN, RN

It has been an honor to serve as your OPANA President these past 2 years. As my term comes to an end, I want to thank each one of you for your support. The OPANA Board Members are a valuable asset to ASPAN as well as the state of Ohio. It requires a great deal of teamwork to keep this organization moving forward and we have a great team! I also want to thank the membership for your commitment to our specialty of PeriAnesthesia Nursing.

At National Conference, I had the opportunity to meet many new Ohio members. I participated in the Representative Assembly, helping to elect the new ASPAN Board and learn of the current trends facing our specialty. I attended the Regional Meeting with our Region 3 Director Sylvia Baker, and networked with other nurses from our region. I attended a Strategic Work Team Meeting (SWT) on Membership & Marketing. I still found time to volunteer a bit in addition to attending the classes, component night and president's evening. It was a very busy week!

I am proud to announce that OPANA won the Shining Star Award from ABPANC. This award recognizes components who promote certification. Among the requirements are that 25% of the component be certified, that we have certification coaches, that we provide scholarships and that we recognize our certified members. Congratulations on receiving this award!

ABPANC has developed a Retirement Status Program for retired CPAN/CAPA nurses who wish to remain engaged with ABPANC but no longer meet the eligibility requirements for recertification. Details can be found at <http://cpancapa.org/retirement/>.

I look forward to continuing to serve as your Immediate Past President. I hope to have the opportunity to meet many more of you in the future. Have a safe and happy summer!



Fall 2017

Exam dates

Online registration window
July 10- Sept 25th

Exam administration window Oct 2- Nov 20th

For more information go to **cpancapa.org** where you will find study tools and additional information about becoming certified.

OPANA congratulates the newly certified CPAN and CAPA nurses from the Fall 2017 for Ohio. There were 11 CPAN and 13 CAPA certifications! To see the names of these individuals and our certification coaches go to **ohiopana.org**



Letter from the Editor

Submitted by

Tina Harvey, BSN, RN, CAPA, CPAN

I hope you enjoy the new look of this edition of Snooze News! Readers will continue receiving current and upcoming events but in a lighter format. That means less of a newspaper look and more of a newsletter style.

As you may already know, OPANA has a very informative webpage that is maintained by our amazing webmaster Debby Niehaus. **Ohiopana.org** reaches readers much quicker than the newsletter can which prompted the changes for the newsletters format. Both the webpage and newsletter will work in concert to give readers what is needed to stay current in our professional organization. I continue to encourage you to send pictures and

information to both Debby at debbynichaus@zoomtown.com and myself at tharvey3@woh.rr.com.

Snooze News will remain coming out electronically three times a year instead of twice. The future issues will be in March, July and November. EBP articles as well as future educational offerings are highly encouraged.

If you have any feedback or suggestions please feel free to contact me at my email address.

Next deadline for submissions will be October 25th. I look forward from hearing from you!