

# PACU PARAGRAPHS

CAPANA

January 2011

Editor: Chris Stone

*CINCINNATI AREA PERIANESTHESIA NURSE'S ASSOCIATION*

## PRESEDENTS MESSAGE:



By now I hope everyone is recouping from the holiday season. I know we are starting to settle back in at home. I am excited about the coming months in CAPANA. We have exciting programs scheduled.

In January, we have the TAP block presentation by Dr. Doug Stewart at Evendale. I am excited that in February two of my colleagues will be presenting their research project on Music therapy. We did not schedule a program in March due to the early timing of the ASPAN National Conference, which is April 3-7<sup>th</sup> in Seattle, Washington. I hope some of you are planning to attend.

The theme this year is “*Reinvest In Your Potential*”.

It should prove to be a fantastic conference.

There will be several positions needed to be filled for the 2011-2012 CAPANA year. **President-elect and treasurer** are two of the big ones, so think about your special talents and how you can support your organization next year. I look forward to seeing you at the January program.

Shirley

## **REMINDERS:**

### **CAPANA Meetings**

**Third Wed. of the month**

**6:30 – 7 PM**

**Social time**

**7:00 – 8:00 PM**

**Educational program**

**Free to members**

**Non-members WELCOME - \$5.00 for Educational program**

## **IMPORTANT DATES:**

**April 3-7, 2011 National ASPAN convention:  
Seattle, Washington**

**May 7. OPANA/CAPANA Spring Meeting and  
Workshop, to be held on at Bethesda North**

**Nominations needed for the following positions**

**2011-2012 year**

- President – Elect.**
- Treasurer.....**
- Flyer/Newsletter.**

## 2010-2011 CAPANA BOARD MEMBERS

<u>OFFICE</u>		<u>HOME</u>	<u>WORK</u>	<u>FAX</u>
<b>President</b>	Shirley Raymond Christ Hospital PACU	513-662-3205	513-585-2341 <a href="mailto:Shirley.Raymond@thechristhospital.com">Shirley.Raymond@thechristhospital.com</a>	513-585-3842
<b>President-elect</b>	Joyce Burke Christ Hospital PACU		513-585-0528 <a href="mailto:joyce.burke@thechristhospital.com">joyce.burke@thechristhospital.com</a>	513-585-3842
<b>Secretary</b>	Joan Vater Christ Hospital SDS	513-231-0494	513-585-2575 <a href="mailto:joan.vater@thechristhospital.com">joan.vater@thechristhospital.com</a>	513-585-1273
<b>Treasurer</b>	Sue Tiemeier Jewish Hospital	513-941-3175	513-686-3245 <a href="mailto:smtiemeier@aol.com">smtiemeier@aol.com</a>	
<b>Flyer/Newsletter</b>	Chris Stone Bethesda North PACU	513-932-7374	513-865-1193 <a href="mailto:chris_stone@trihealth.com">chris_stone@trihealth.com</a>	
<b>Scholarship</b>	Marianne Zinnecker Bethesda NASC	513-831-1065	513-865-4602 <a href="mailto:mz@cinci.rr.com">mz@cinci.rr.com</a>	513-865-4601
<b>Membership</b>	Terri Schulte Shriners Burn Inst. PACU	859-341-1702	513-872-6270 <a href="mailto:teresa.schulte@insightbb.com">teresa.schulte@insightbb.com</a>	513-872-6145
<b>Nominations</b>	Janet Fricker Christ Hospital SDS	513-708-7357	513-585-4293 <a href="mailto:janet.fricker@thechristhospital.com">janet.fricker@thechristhospital.com</a>	513-585-1273
<b>Workshop Chair</b>	Debby Niehaus patient look like this?" Bethesda NASC	513-474-0960	513-8654602 <a href="mailto:debbyniehaus@zoomtown.com">debbyniehaus@zoomtown.com</a>	Why does my 513-865-4601
<b>Awards/Recognition</b>	Sharon Hay Christ Hospital SDS		513-585-2575 <a href="mailto:Sharon.hay@thechristhospital.com">Sharon.hay@thechristhospital.com</a>	513-585-1273

## 2010-2011 CAPANA PROGRAMS

- January 19, 2011      **“Tap to a New Beat – Transverses Abdominis Plane Block”**  
Dr. Doug Stewart MD – Evendale surgery center
- February 16, 2011    **“Music as a therapy- a research presentation”**  
Brenda Johnson RN,CPAN, Judith Goss, RN, BSN –  
Mercy Hospital Anderson
- March 2011            No meeting
- April 3-7, 2011        **ASPAN 30<sup>TH</sup> National Conference – Seattle, Washington**  
**“Reinvest in your Potential”**
- April 20, 2011        **“Holep, A TURP for 21<sup>st</sup> Century”**  
Dr. Dusing MD – St. Elizabeth Medical Center
- May 7, 2011            **CAPANA/OPANA SPRING WORKSHOP**  
Bethesda North Hospital, Golder Rooms A & B
- May 18, 2011          Dinner and Business meeting \*6:30P.M.\*  
Election & installation of 2011-2012 Officers – Double Tree Inn



## REPORTS

### Spring Workshop: Debby Niehaus

Workshop: CAPANA is hosting the Spring State Meeting. "Save the date" for the OPANA State Workshop and Meeting to be held on **May 7, 2011** at Bethesda North Hospital - Golder Room. The topics/speakers are being finalized this week at our workshop committee meeting and we will be working on all other aspects of the workshop. I'm sure you will not want to miss this workshop. We have an excellent program lined up. We will send brochures as soon as it is ready.

- **HELP NEEDED:**

*I am looking for volunteers from different hospitals to help me in my involvement with the **Ovarian Cancer Alliance of Greater Cincinnati**. Our mission is to educate the community and support women living with the diagnosis. Currently I am working on kits for the newly diagnosed patient, planning the budget for literature for the community, doctor's offices and events we participate in. I will also be ordering literature, gift items etc. Our organization meets the 2nd Saturday of each month however it is not necessary for any volunteer to attend. Please let me know if you are interested.*

**Ellen Alexander w-865 4383, h-492 9540**



***I WISH YOU HEALTH  
SO YOU MAY ENJOY EACH DAY IN COMFORT***

***I WISH YOU THE LOVE OF FRIENDS AND FAMILY  
AND PEACE WITHIN YOUR HEART***

***I WISH YOU THE BEAUTY OF NATURE  
THAT YOU MAY ENJOY THE WORK OF GOD***

***I WISH YOU WISDOM TO CHOOSE PRIORITIES  
FOR THOSE THINGS THAT REALLY MATTER IN LIFE***

***I WISH YOU GENEROSITY SO YOU MAY SHARE  
ALL GOOD THINGS THAT COME TO YOU***

***I WISH YOU HAPPINESS AND JOY  
AND BLESSINGS IN THE NEW YEAR***

***I WISH YOU THE BEST OF EVERYTHING  
THAT YOU SO WELL DESERVE***

## PeriAnesthesia Nurse Awareness Week

**February 7-13, 2011**

**What are you doing for PANAW week?**

**Celebrate your specialty in some way. Remember, we are experts in what we do and how we serve our patients. Congratulations to all you wonderful nurses.**

**CAPANA BOARD**

## CAPANA

*TAP TO A DIFFERENT BEAT*

### **TRANSVERSUS ABDOMINUS PLANE BLOCK**

*PRESENTED BY: Dr. Doug Stewart*

**WEDNESDAY JANUARY 19TH 2011**

**EVENDAL SURGERY CENTER**

*SOCIAL TIME: 6:30-7:00PM*

*PRESENTATION: 7:00PM-8:00PM*

**PLEASE PLAN TO ATTEND**