



Greater Cleveland Peri Anesthesia Nurses Association Newsletter

OCTOBER 2010

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Message from the President:

It has been quite a year for GCPANA. We have had many successful events such as the first time meeting at UH Geauga Medical Center with our own Rita Hall as speaker, the shop and learn bus trip to Grove City Outlets, a grand celebration at Cleveland Clinic for PeriAnesthesia Nurse Awareness week with over 50 attendees and another informative event at UH Richmond with 46 attendees.



Core purpose of GCPANA: "To advance the unique specialty of perianesthesia nursing"

Mission of GCPANA: "GCPANA advances nursing practice through education, research, and standards."

Core values of GCPANA: "Building integrity, modeling, respect, honoring diversity, promoting stewardship, providing mentorship, cultivation passion, supporting community."



Our first meeting was held on September 19th with an ASPAN national speaker, Dr. Kim Noble. She presented Perianesthesia Nursing: A Systems Review of Pathophysiology at Lake Health-West. It was well attended and a great success. Certified perianesthesia nurses were also recognized at this event. Many thanks to Terri Butera and Amy Hanna for their contributions to the seminar.

GCPANA will be providing more great events for the 2010-2011 year. Please see the current list of upcoming meetings found in this newsletter and look at the OPANA website for more GCPANA information.

I hope to see you at future meetings and please contact me at any time at tshine2141@aol.com

Teri Shine, BA RN CAPA



GOLD LEAF CORNER: Success. OPANA was the recipient of the Gold Leaf Award at the National Conference in New Orleans this past April. It was amazing to hear our component announced as the winner by Membership and Marketing Chairperson, Jane Lind. The award was accepted by OPANA President, Nancy McGushin. GCPANA has the great honor of holding the plaque until the next OPANA meeting. This award recognizes excellence in component leadership and member development, communication, education services and community relations. As the current winner, OPANA will not be able to apply for the award for another 3 years, but that will not stop us from continuing our quest for another award. OPANA will continue to look for more ways to grow and improve our component. As the Gold Leaf Chair for OPANA, I will still need your help with this award. Please forward any photos and/or documentation of any events celebrating your practice. Examples are PANAW celebrations at your facility, donations of money, items or services sponsored by nurses representing GCPANA.



Jane Lind & Teri Shine



CERTIFICATION CORNER

The ABPANC Shining Star Award was awarded to OPANA at the 2010 National Conference CPAN/CAPA Celebration Breakfast. The Shining Star Award publically recognizes Components for supporting and encouraging CPAN and CAPA certification at the local level.

I would like to personally thank all OPANA's CPAN and CAPA nurses who helped us achieve this goal. Please share this newsletter with non-members who are certified. I would appreciate their input and would like any suggestions on what ASPAN can do to persuade them to be a member.

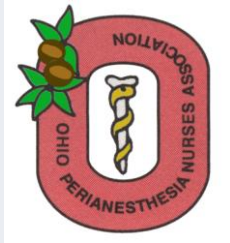
ABPANC has created a new Online Recertification System. Now you can track your contact hours in the new electronic filing cabinet, update your contact information, receive emails with information you need, and complete your recertification process.

Create your user account by visiting www.cpancapa.org. Click the Recertification link and follow the prompts. It's easy—do it NOW.

For complete information about the new Online Recertification System and other updates about the recertification program, read the Recertification Handbook, found online at www.cpancapa.org.

Spring 2011

Registration Window - Online	January 24 - March 7
Registration Deadline - Online	March 7 by 11:59 p.m. ET
Time Period for Scheduling Examination Appt. with Prometric	Upon receipt of your ATT letter through May 12
Examination Administration Window	April 4 - May 14
Deadline for Cancelling Appt	3 business days before scheduled test date
Postmark deadline for requesting Withdrawal, refund, rollover from PES	On or before last day of examination administration window



OPANA NEWS:

Snooze News is back in circulation. It is available at the OPANA Website. Contact Renee Garbark at garbarks@sbcglobal.net if you would like to place an article in the newsletter.

Debby Niehaus is the web master for the OPANA website. Log in at www.ohiopana.org for important information impacting perianesthesia nurses. Items you will find are contact information, a direct link to ASPAN, flyers, scholarship information and much, much more. Contact Debby at debbyniehaus@zoomtown.com to place information at the website.

GCPANA has a page at the website. Look there for meeting dates, upcoming events, this newsletter and any breaking news items.

The RADA knife fundraiser will begin this month. See your hospital representative for brochures and more information. Delivery is expected before Thanksgiving. This is our one big fundraiser and your support is appreciated.

There are open positions for Vice President and Treasurer for the 2011-2012 year. Consider attending a Board meeting and getting involved.

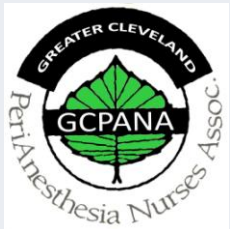
Log in today!

Member Spotlight-Mary Kasavich



Teri Shine, Mary Kasavich, Sue Ryan, Rita Hall

Mary Kasavich graduated in December 2009 from the Ursuline College MSN-Adult Nurse Practitioner Program and received the degree of MSN. She took the Adult NP board exam through the ANCC and passed on April 15, 2010. She has previously received the ASPAN MSN scholarship of \$1000 in 2008 for assistance with tuition. She has been involved in GCPANA since 1987 and has held the following positions of President, President-Elect, and Membership Committee. She is currently the chair of the Scholarship Committee.





The GCPANA Board updated its strategic plan for 2010-2012. It is based on the ASPAN strategic plan. You will find our mission and values listed on page one. Below is Goal #1. Future goals will be provided in upcoming newsletters. Please contact Teri Shine if you would like the entire strategic plan.

Goal 1: GCPANA will be its members' indispensable resource for perianesthesia education and knowledge.

Strategies:

- ❖ Develop and provide innovative educational opportunities for perianesthesia nurses.
- ❖ Provide one GCPANA sponsored conference per year.
- ❖ Provide collaborative educational offerings with AORN.
- ❖ Provide free attendance to student nurse(s) to attend GCPANA district educational offering.
- ❖ Maintain a GCPANA website through OPANA to provide information, including a web portal from the ASPAN website.
- ❖ Provide award programs to recognize the accomplishments of its members.
- ❖ Provide a scholarship program for financial support to those of its members who attend meetings and educational offerings.
- ❖ Provide a scholarship and recognition program to its members who attain and maintain certification.
- ❖ Provide financial viability by maintaining a positive balance sheet.
- ❖ Provide leadership development activities.
- ❖ Maintain GCPANA newsletter electronically to its members and have access to it via the OPANA website

Seattle Hosts ASPAN's 30th National Conference

Experience all that ASPAN and beautiful Seattle, the Emerald City, can offer for the ASPAN 30th National Conference. Enjoy fabulous dining, shopping, museums and galleries, dozens of theaters, the Pike Place Market with flying fish, the Space Needle, Home of Starbuck's coffee and the Original Shop, and Mariner's baseball.

There are incredible tours to wonderful places such as Underground Seattle, the Tulip Festival, ferries across Puget Sound, Native American lands, and cruises on the lakes. Within two hours are mountains to the east and west, the Pacific Ocean, Mt. St. Helens, Canada or Oregon State.

Known for friendly people who recycle **everything**, you will find Seattle a welcome place to **Reinvest in your Potential!**

Pictures from the 2010 National Conference in New Orleans



OPANA Board Members in New Orleans
Nancy McGushin, Deb Niehaus, Deb Wolff, Alabelle Zghoul,
Gayle Jordan, Teri Shine, Rose Durning



Component Night – OPANA table

**The American Society of PeriAnesthesia Nurses (ASPAN)
Announces Appointment of its 2010 – 2011 National President**

Cherry Hill, New Jersey -- The American Society of PeriAnesthesia Nurses (ASPAN) at its 29th National Conference (April 18-22, 2010) in New Orleans, LA, welcomed Kim Kraft into her new role as national president.

Ms. Kraft, BSN RN CPAN, will serve a one-year term, and her presidential theme is *Reinvest in Your Potential*. Kraft says, "As the organization for perianesthesia nursing, ASPAN must reach out to all members and provide them with the programs and services needed to support their practice, assist them in reaching their professional potential, and position them as ambassadors for ASPAN's core purpose and values." Her goal involves implementing the operational and strategic plan already in place to guide the ASPAN Board to redefine the organizational infrastructure, thus insuring more robust opportunities for members to become engaged and involved, and maximizing their potential.

Prior to her current office, Ms. Kraft served as Vice President/President-Elect, Regional Director, Chair of the Membership & Marketing Committee, and was a member of numerous committees serving to fill other vital roles throughout ASPAN. In 2007, she was the recipient of ASPAN's Excellence in Clinical Practice Award.

The American Society of PeriAnesthesia Nurses (ASPAN) is the international professional specialty nursing organization representing the interests of over 57,000 nurses practicing in preanesthesia and postanesthesia care, ambulatory surgery, and pain management.

2010-2011 GCPANA Executive Board and Committee Members:

President: Teri Shine, BA, RN, CAPA

Vice President: open position

Immediate Past President: Rene Doubrava, RN, CCRN

Secretary: Eileen Ritko, RN

Treasurer: Amy Hanna, RN, CPAN

Membership: Pat Dempsey, RN and Sue Ryan, BSN, RN, CPAN

Contact Hours: Rita Hall, RN, MSN, CNS

Scholarship: Mary Kasavich, MSN, CPAN

Bylaws: Dorothy Klem, RN and Pat Dempsey, RN

Special Projects: Kathy Piet, RN, CPAN

Historian: Jill Sharwark, BSN, RN

Host Committee: Barb Lavalley, BS, RN and Kathy Piet, RN, CPAN

OPANA Representative: Sue Ryan, BSN, RN, CPAN

Please contact Teri Shine at tshine2141@aol.com for any board members' contact information

GCPANA Meeting Schedule 2010-2011:

Saturday, November 6, 2010 Shop & Learn Bus Trip to Grove City Outlet

Cost: \$40 – members, \$50 – non-members

Included:

- Snacks
- Informative Learning Experience: 2 contact hours (one law requirement)
- Bathroom on bus
- Lunch/Dinner NOT included
- Prime Outlets Grove City, PA is home to 140 brand-name outlet stores (shop tax free on clothing and footwear in Pennsylvania)

Pick-up location:

- Leave @ 8am from Beachwood Place Mall, 26300 Cedar Rd, Beachwood, Oh 44122. Please park at the Saks outer ring (see map). Beachwood Place is not responsible for our vehicles.
- Departure from Grove City @ 4pm.

RSVP:

- Reservation confirmed with check to GCPANA by October 25, 2010. (Cancellation money returned, only by October 25, 2010)
- Capacity 55 people.
- Mail reservation to Kathy Piet: 6486 Inland Shores Drive, Mentor, OH 44060
kpriet@oh.rr.com 440.257.9478 (H) 440.953.6184 (W)

GCPANA General Meetings:

- Peri Anesthesia Nurses Awareness Week-February 7-13. Dinner meeting to be held that week. Site to be determined
- Meeting in May, date and site to be determined

GCPANA Board Meetings:

October 19, 2010

January 4, 2011

More important dates:

OPANA Fall Conference: Saturday, October 16, 2010
at Siegel Center Auditorium, Mt. Carmel East in
Columbus.

Visit the OPANA website for registration information.

OPANA Board Meeting on October 15, 2010 at 8 pm at
Country Inn & Suites, Columbus, Ohio

2011 OPANA Spring Conference hosted by Cincinnati
Area PeriAnesthesia Nurses Association. May 7, 2011
at Bethesda North Hospital.

ASPAN National Conference: April 3-7, 2011, Seattle,
Washington



If you or your facility would like to host a GCPANA meeting, please contact Teri Shine or anyone on the Board. We are looking for new venues for the Cleveland area and would love to help you do it.