

DAPANA District Meeting Minutes  
February 1, 2020

**Attendees: 23**

**Educational offering:**

DAPANA kicked off PANAW by offering 3 contact hours at our February meeting. Michele Uhl, BSN, RN, LMT, NC-BC, ADS discussed the current research on dementia and how holistic modalities along with nutrition and exercise are beneficial to reversing this disease process. Attendees were able to participate in the demonstration of CranioSacral Therapy Stillpoint Induction. Special guest, Beth Cooper, OPANA president 2019-2021, came down from the Akron area to support DAPANA and gave some great words of encouragement to our nurses.

A light breakfast was served along with several door prizes and a beautiful cake displaying this year's PANAW logo...*Strength in Knowledge*". We had two Kettering PACU nurses, Nicole Hudson and Jennifer Hutchison, both new members, present their P.I. project. A group picture was taken and posted on OPANA's website in support of PANAW week. Remember programs offered by DAPANA are free to ASPAN members as well as student nurses. For non-members it is \$5 per contact hour. We love to see new faces and are always open to suggestions on future speakers.

**Business meeting:**

**President's report:** The meeting was called to order at 0830 by DAPANA President Helen Morrow. Helen welcomed all members and acknowledged the start of PANAW week. First time attendees and new members were recognized. Nurses from the following hospitals were recognized, Wright Patt Air Force Base, Miami Valley South, Kettering and Dayton VA Medical Center.

The Ronal McDonald service project date of March 14<sup>th</sup>, 2020 was announced and flyers handed out as reminders. Also copies were given of the revised Bylaws of DAPANA which were reviewed by the board January 2020.

**Treasures report: Submitted by Joyce Berchtold and available upon request**

**District Rep report:** Next DAPANA meeting has been changed from April 9<sup>th</sup> to tentatively May 12<sup>th</sup>. We are planning on having a co-meeting with AORN and this is when they usually meet. Please note this is on a Tuesday evening and dinner is provided. We will update you with the details as soon as they are confirmed.

We are happy to report we have had 24 new members this fiscal year, yet DAPANA is struggling with continuing as a district. In the upcoming 2020 -2021 year we are reaching out to encourage members in assisting to keep our district going as retirement is coming for some of our involved members. Please consider helping and please reach out to any board member for questions or concerns.

**Upcoming events: Please check out [Ohiopana.org](http://Ohiopana.org) for more info on these upcoming events**

- ASPAN's 39<sup>th</sup> National Conference in Denver, Colorado, April 26-30, 2020.
- Service/Community Project: Serving Breakfast at the Ronald McDonald House March 14<sup>th</sup>, 0730-0930 on 555 Valley Street Dayton, Ohio
- NOPANA Spring Conference May 9<sup>th</sup>, 2020 in Toledo area
- OPANA Fall meeting, Saturday Oct 3<sup>rd</sup>, 2020

The meeting adjourned at 11:30 am

Respectfully submitted,  
Tina Harvey BSN, RN, CAPA, CPAN  
DAPANA Secretary

