



CAPANA

FALL 2019

Letter from the Board

Greetings from you CAPANA Board,

Welcome to another exciting year of Cincinnati Area PeriAnesthesia Nurses Association. Your Board listens to your suggestions and have a great line up of speakers.

Being a member of your professional organization is a commitment in growing and sharing in your practice of perianesthesia nursing. At our September 18th meeting we will recognize members who have become newly CPAN and CAPA certified in the past year. Becoming certified may be a goal for you this year. Attending our meetings and the workshops in our state will assist you in preparing for the certification challenge. We want to thank our members for assisting in putting together CAPANA programs and for hosting at your facility this year.

Our meetings have a social time of 6:00-6:30PM to network and programs begin at 6:30PM. We will not have meeting in December and January, but have added a program in May. Please consider volunteering to be on a CAPANA committee. We especially need many members to assist with the workshop that will take place on March 21, 2020 at Bethesda North. It is never too early to sign up for the Workshop Committee or think of speakers and topics. This committee is a good way to get involved with CAPANA and have fun too.

Our first meeting will have the requested return of one of our workshop speakers, Dr. Avner Dagan MD on September 18 at 6:30PM on 2nd floor Golder Meeting Room at Bethesda North. Dr. Dagan will be speaking on *Perioperative Challenges in Managing the Chronic Pain Patient*. Plan to attend and bring a friend or co-worker with you. See you in September!

Top Ten Reasons to Join CAPANA

1. Free money! Scholarships available for approved activities based upon participation
2. Discounts on educational offerings
3. Access to OPANA and CAPANA newsletter
4. Free JOPANA subscription
5. Opportunity for professional growth through committee involvement
6. \$100 off exams
7. Free access to BREATHLINE
8. Free access to Joanna Briggs Medical Database
9. Discounts on travel, prescriptions, etc.
10. We have fun!

Scholarships

A portion of the dues paid to ASPAN are divided between our state and local associations. This money and proceeds from our workshops provide the ability to grant scholarship money to members. At each CAPANA meeting there will be scholarship books for CAPANA and OPANA available for marketing activities. Each member has a page in each book with activities listed and the accompanied point allotments. It is the members's responsibility to mark the correct number of points in each book at each meeting. You may have credit for each certification you hold. Scholarship points will accumulate for a 2 year period. At the end of the 3rd year, the points accumulated from year one will drop off. The calendar year will be Jan 1- Dec 1. It is the responsibility of the member to keep their point record current. Please assign a number of points in the correct box. Record annual points once a year in the January column only (board members, certifications, etc.) Points will be totaled prior to the beginning of the new accumulation year (Jan 1.) All individual points must be entered on your individual record by Dec 1 to be eligible for scholarship use. Each point has a monetary value of \$1. Max amount awarded will be \$75/year. Request for funds is limited to twice yearly. Scholarship funds may be used only for CAPANA, OPANA, or ASPAN sponsored seminars or for certification literature. Requests for funds should be submitted prior to the need or no later than 6 weeks after. All requests for funds must be accompanied by a scholarship application form (located in the back of the scholarship books.) Applications will be approved by the scholarship chair, president, and treasurer prior to issuance of the check.

OPANA news

The OPANA state meeting is October 5th, 2019 from 8:00-4:30PM at the Siegel Center at Mt. Caramel East Hospital, Columbus Ohio. See ohiopana.org for registration. OPANA's service project this year supports victims of human trafficking. More info at freedomalacart.org. Leggings, shirts of different sizes, gift-cards to Walmart/Target, or monetary donations are appreciated.

ASPAN news

ASPAN's 39th National Conference "Celebrate Strength, Elevate Practice" will be held in Denver, Colorado on April 26th-30th 2020. More information coming soon.

Certification news

CPAN/CAPA certification review course will take place at the Cleveland Clinic on September 13th, 2019 from 7:00-3:30PM. Cost is \$40 to attend. Light breakfast and lunch provided. Contact Cindy Plato for more info at cplato@ccf.org. To register visit clevelandclinic.org/cpancapareview

CAPANA

2019-2020 CAPANA/ OPANA PROGRAMS

Meetings are the third Wednesday of each month unless otherwise specified by *.
Networking and refreshments are at 6PM and Educational Program at 6:30PM.

September 18th, 2019	Perioperative Challenges in Managing the Chronic Pain Patient - Dr. Avner Dagan MD	Bethesda North Hospital Golder Room 1
October 5th, 2019	OPANA Fall Seminar	Mt. Carmel East Hospital Columbus Ohio
October 16th, 2019	Transcatheter Aortic Valve Replacement- Getting to the Heart of the Matter - Dr. Kathryn O'Keefe MD	Bethesda North Hospital Golder Room 1
November 20th, 2019	Pediatric ENT Surgical Procedures - Dr. Mark Deustch, MD	Bethesda North Hospital Golder Room 1
Dec 2019 & Jan 2020	No meetings - Happy Holidays	
February 19th, 2020	TBA	The Christ Hospital
March 21st, 2020 7AM -12PM	CAPANA Spring Workshop	Bethesda North Hospital Golder Room 1 and 2
April 15th, 2020	TBA	Mercy West Hospital
April 26th-30th, 2020	ASPAN's 39th National Conference	Denver, Colorado
May 2020	OPANA Spring Conference	TBA
May 20th, 2020	Dinner Meeting, Installation of Officers, Awards Presentation	TBA