

PACU PARAGRAPHS

CAPANA

January 2011

Editor: Chris Stone

CINCINNATI AREA PERIANESTHESIA NURSE'S ASSOCIATION

PRESEDENTS MESSAGE:



By now I hope everyone is recouping from the holiday season. I know we are starting to settle back in at home. I am excited about the coming months in CAPANA. We have exciting programs scheduled.

In January, we have the TAP block presentation by Dr. Doug Stewart at Evendale. I am excited that in February two of my colleagues will be presenting their research project on Music therapy. We did not schedule a program in March due to the early timing of the ASPAN National Conference, which is April 3-7th in Seattle, Washington. I hope some of you are planning to attend.

The theme this year is “*Reinvest In Your Potential*”.

It should prove to be a fantastic conference.

There will be several positions needed to be filled for the 2011-2012 CAPANA year. **President-elect and treasurer** are two of the big ones, so think about your special talents and how you can support your organization next year. I look forward to seeing you at the January program.

Shirley

REMINDERS:

CAPANA Meetings

Third Wed. of the month

6:30 – 7 PM

Social time

7:00 – 8:00 PM

Educational program

Free to members

Non-members WELCOME - \$5.00 for Educational program

IMPORTANT DATES:

**April 3-7, 2011 National ASPAN convention:
Seattle, Washington**

**May 7. OPANA/CAPANA Spring Meeting and
Workshop, to be held on at Bethesda North**

Nominations needed for the following positions

2011-2012 year

- President – Elect.**
- Treasurer.....**
- Flyer/Newsletter.**

2010-2011 CAPANA BOARD MEMBERS

<u>OFFICE</u>		<u>HOME</u>	<u>WORK</u>	<u>FAX</u>
President	Shirley Raymond Christ Hospital PACU	513-662-3205	513-585-2341 Shirley.Raymond@thechristhospital.com	513-585-3842
President-elect	Joyce Burke Christ Hospital PACU		513-585-0528 joyce.burke@thechristhospital.com	513-585-3842
Secretary	Joan Vater Christ Hospital SDS	513-231-0494	513-585-2575 joan.vater@thechristhospital.com	513-585-1273
Treasurer	Sue Tiemeier Jewish Hospital	513-941-3175	513-686-3245 smtiemeier@aol.com	
Flyer/Newsletter	Chris Stone Bethesda North PACU	513-932-7374	513-865-1193 chris_stone@trihealth.com	
Scholarship	Marianne Zinnecker Bethesda NASC	513-831-1065	513-865-4602 mz@cinci.rr.com	513-865-4601
Membership	Terri Schulte Shriners Burn Inst. PACU	859-341-1702	513-872-6270 teresa.schulte@insightbb.com	513-872-6145
Nominations	Janet Fricker Christ Hospital SDS	513-708-7357	513-585-4293 janet.fricker@thechristhospital.com	513-585-1273
Workshop Chair	Debby Niehaus "patient look like this?" Bethesda NASC	513-474-0960	513-8654602 debbyniehaus@zoomtown.com	Why does my 513-865-4601
Awards/Recognition	Sharon Hay Christ Hospital SDS		513-585-2575 Sharon.hay@thechristhospital.com	513-585-1273

2010-2011 CAPANA PROGRAMS

- January 19, 2011 **“Tap to a New Beat – Transverses Abdominis Plane Block”**
Dr. Doug Stewart MD – Evendale surgery center
- February 16, 2011 **“Music as a therapy- a research presentation”**
Brenda Johnson RN,CPAN, Judith Goss, RN, BSN –
Mercy Hospital Anderson
- March 2011 No meeting
- April 3-7, 2011 **ASPAN 30TH National Conference – Seattle, Washington**
“Reinvest in your Potential”
- April 20, 2011 **“Holep, A TURP for 21st Century”**
Dr. Dusing MD – St. Elizabeth Medical Center
- May 7, 2011 **CAPANA/OPANA SPRING WORKSHOP**
Bethesda North Hospital, Golder Rooms A & B
- May 18, 2011 Dinner and Business meeting *6:30P.M.*
Election & installation of 2011-2012 Officers – Double Tree Inn



REPORTS

Spring Workshop: Debby Niehaus

Workshop: CAPANA is hosting the Spring State Meeting. "Save the date" for the OPANA State Workshop and Meeting to be held on **May 7, 2011** at Bethesda North Hospital - Golder Room. The topics/speakers are being finalized this week at our workshop committee meeting and we will be working on all other aspects of the workshop. I'm sure you will not want to miss this workshop. We have an excellent program lined up. We will send brochures as soon as it is ready.

- **HELP NEEDED:**

*I am looking for volunteers from different hospitals to help me in my involvement with the **Ovarian Cancer Alliance of Greater Cincinnati**. Our mission is to educate the community and support women living with the diagnosis. Currently I am working on kits for the newly diagnosed patient, planning the budget for literature for the community, doctor's offices and events we participate in. I will also be ordering literature, gift items etc. Our organization meets the 2nd Saturday of each month however it is not necessary for any volunteer to attend. Please let me know if you are interested.*

Ellen Alexander w-865 4383, h-492 9540



***I WISH YOU HEALTH
SO YOU MAY ENJOY EACH DAY IN COMFORT***

***I WISH YOU THE LOVE OF FRIENDS AND FAMILY
AND PEACE WITHIN YOUR HEART***

***I WISH YOU THE BEAUTY OF NATURE
THAT YOU MAY ENJOY THE WORK OF GOD***

***I WISH YOU WISDOM TO CHOOSE PRIORITIES
FOR THOSE THINGS THAT REALLY MATTER IN LIFE***

***I WISH YOU GENEROSITY SO YOU MAY SHARE
ALL GOOD THINGS THAT COME TO YOU***

***I WISH YOU HAPPINESS AND JOY
AND BLESSINGS IN THE NEW YEAR***

***I WISH YOU THE BEST OF EVERYTHING
THAT YOU SO WELL DESERVE***

PeriAnesthesia Nurse Awareness Week

February 7-13, 2011

What are you doing for PANAW week?

Celebrate your specialty in some way. Remember, we are experts in what we do and how we serve our patients. Congratulations to all you wonderful nurses.

CAPANA BOARD

CAPANA

TAP TO A DIFFERENT BEAT

TRANSVERSUS ABDOMINUS PLANE BLOCK

PRESENTED BY: Dr. Doug Stewart

WEDNESDAY JANUARY 19TH 2011

EVENDAL SURGERY CENTER

SOCIAL TIME: 6:30-7:00PM

PRESENTATION: 7:00PM-8:00PM

PLEASE PLAN TO ATTEND